

Turning cold tumors hot: Drug delivery system makes immunotherapy more effective

April 14 2020, by Emily Ayshford



Killer T cells surround a cancer cell. Credit: NIH

Immunotherapy, which unleashes the power of the body's own immune system to find and destroy cancer cells, has shown promise in treating several types of cancer.

But the disease is notorious for cloaking itself from the [immune system](#), and tumors that are not inflamed and do not elicit a response from the immune system—so-called cold tumors—do not respond to immunotherapies.

Researchers at the Pritzker School of Molecular Engineering (PME) at the University of Chicago have taken a step toward solving this problem with a unique immunotherapy delivery system. The system finds tumors by seeking out and binding to the tumors' collagen, then uses a protein called interleukin 12 (IL-12) to inflame the tumor and activate the immune system, thereby activating immunotherapy.

Results from tests in a [mouse model](#) are promising: several types of melanoma and [breast cancer tumors](#) either regressed or disappeared altogether in response to the treatment.

The results were published April 13 in the journal *Nature Biomedical Engineering*.

"This combination really opens a new approach in cancer immunotherapy," said Jeffrey Hubbell, the Eugene Bell Professor in Tissue Engineering who co-authored the research with Melody Swartz, the William B. Ogden Professor, and postdoctoral scientist Jun Ishihara.

Going from cold to hot

Cancer patients often undergo an array of toxic chemotherapy and radiation treatments. Recently, checkpoint inhibitors (CPIs) have offered a new way to treat the disease. These immunotherapy drugs block proteins called checkpoints, which allows the body's own T cells to find and kill [cancer cells](#).

But tumors must be "hot"—inflamed and therefore able to be found by

the immune system—for CPIs to work, making them ineffective in cancers that create cold tumors, including breast, ovarian, prostate, and pancreatic cancers.

Scientists and engineers have known that IL-12, a cytokine that regulates T cell responses, can turn cold tumors into "hot" tumors. But the protein is so powerful that when administered to humans, it can cause system-wide toxicity and death. Scientists have long looked for ways to administer IL-12 directly to tumors without causing side effects in the rest of the body.

Directing IL-12 and immunotherapy at collagen

Last year, Hubbell and his collaborators developed a drug delivery system that attaches therapies to a blood protein that circulates and binds to collagen in areas of vascular injury. Because tumors are filled with leaky blood vessels, the protein sees those vessels as vascular injury and binds to them, delivering the [therapy](#) directly to the tumor's collagen.

Now, the researchers attached IL-12 to the protein and used it with CPI therapies. Once injected intravenously, the [protein](#) found the tumor's collagen, bound to it, and released the therapies, turning the cold tumors hot.

In mouse models, most of those with a certain type of aggressive breast cancer—called triple-negative, immune-excluded EMT6—saw the cancer disappear after treatment. The researchers also tested the therapy on several types of melanoma, and found that many of the tumors regressed, resulting in prolonged survival.

"These positive results are in tumors where checkpoint inhibitors normally don't do anything at all," Hubbell said. "We expected this therapy to work well, but just how well it worked was surprising and

encouraging."

Creating a less toxic treatment

Because IL-12 was delivered directly to tumors, it reduced the toxicity levels, making the therapy two-thirds less toxic than before.

Next the researchers plan to continue to study the therapy's toxicology, and continue to work on masking IL-12 from the rest of the body. They ultimately hope to move the therapy to clinical trials.

"Once we have a way to make a cold [tumor](#) hot, the possibilities for [cancer](#) treatment are endless," Hubbell said.

More information: Aslan Mansurov et al, Collagen-binding IL-12 enhances tumour inflammation and drives the complete remission of established immunologically cold mouse tumours, *Nature Biomedical Engineering* (2020). [DOI: 10.1038/s41551-020-0549-2](https://doi.org/10.1038/s41551-020-0549-2)

Provided by University of Chicago

Citation: Turning cold tumors hot: Drug delivery system makes immunotherapy more effective (2020, April 14) retrieved 17 April 2024 from <https://medicalxpress.com/news/2020-04-cold-tumors-hot-drug-delivery.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.