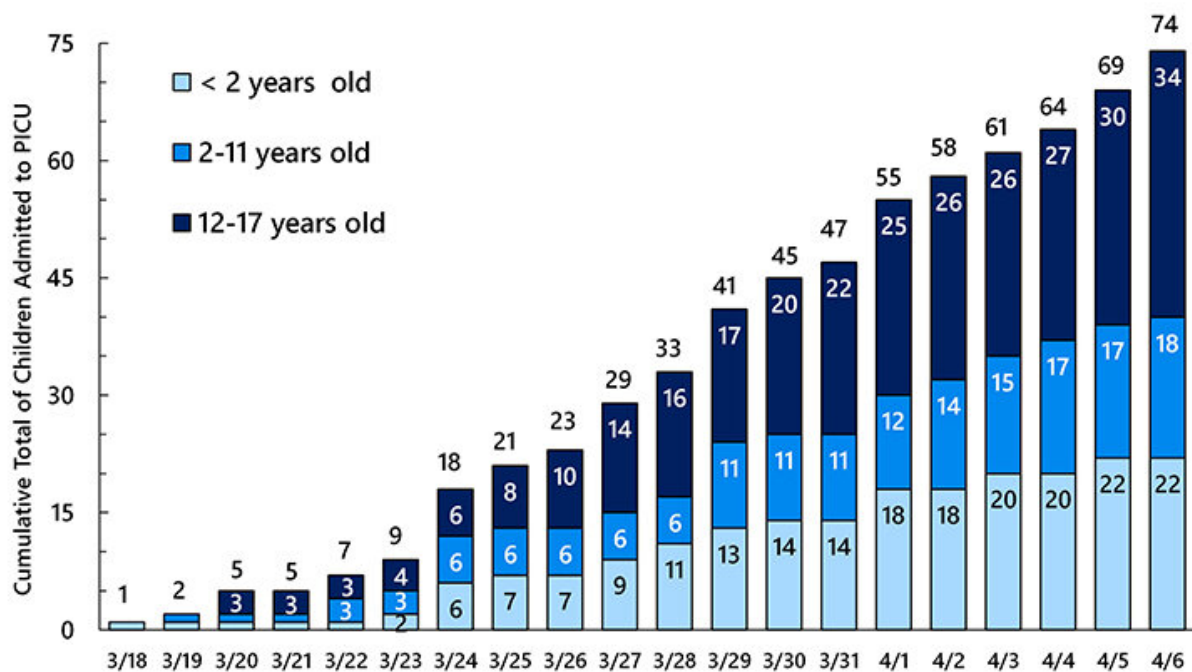


COVID-19 possibly striking more children than expected

April 17 2020

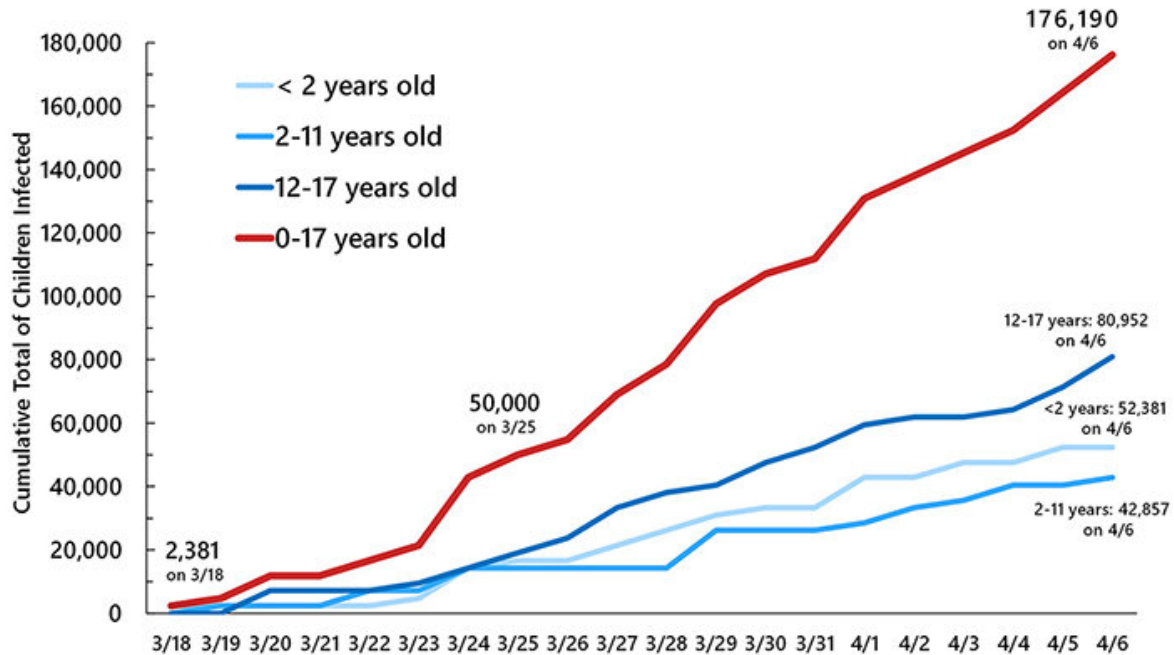


Cumulative number of confirmed COVID-19 pediatric intensive care patients in the United States from March 18 to April 6, 2020. Credit: University of South Florida

The number of children infected with the coronavirus is far more extensive than what is currently reported—a hidden detail that could vastly underestimate the demand on health care systems and pediatric intensive care units (PICUs).

A new study published in the *Journal of Public Health Management and Practice* from the University of South Florida (USF) and the Women's Institute for Independent Social Enquiry (WiiSE), estimates that for each child who requires intensive care for COVID-19, there are 2,381 children infected with the virus. This calculation follows a report from the Chinese Center for Disease Control and Prevention regarding its [clinical study](#) of over 2,100 children in China with COVID-19.

According to the North American registry, Virtual PICU Systems, 74 children in the U.S. were admitted to PICUs between March 18 and April 6, signaling an additional 176,190 children were likely infected during this timeframe. Children younger than 2 accounted for 30 percent of the cases, 24 percent were ages 2 to 11 and 46 percent of the PICU cases were children between ages 12 and 17. Researchers say that if as many as 25 percent of the U.S. population becomes infected with the coronavirus before the end of 2020, 50,000 children with severe illness will need to be hospitalized, with 5,400 of them critically ill and requiring mechanical ventilation. Clinical reports indicate the average length of stay for pediatric COVID-19 is 14 days. According to a [national survey](#) aimed to evaluate the U.S. pediatric critical care capacity and published in *Critical Care Medicine*, there are approximately 5,100 PICU beds in the U.S.

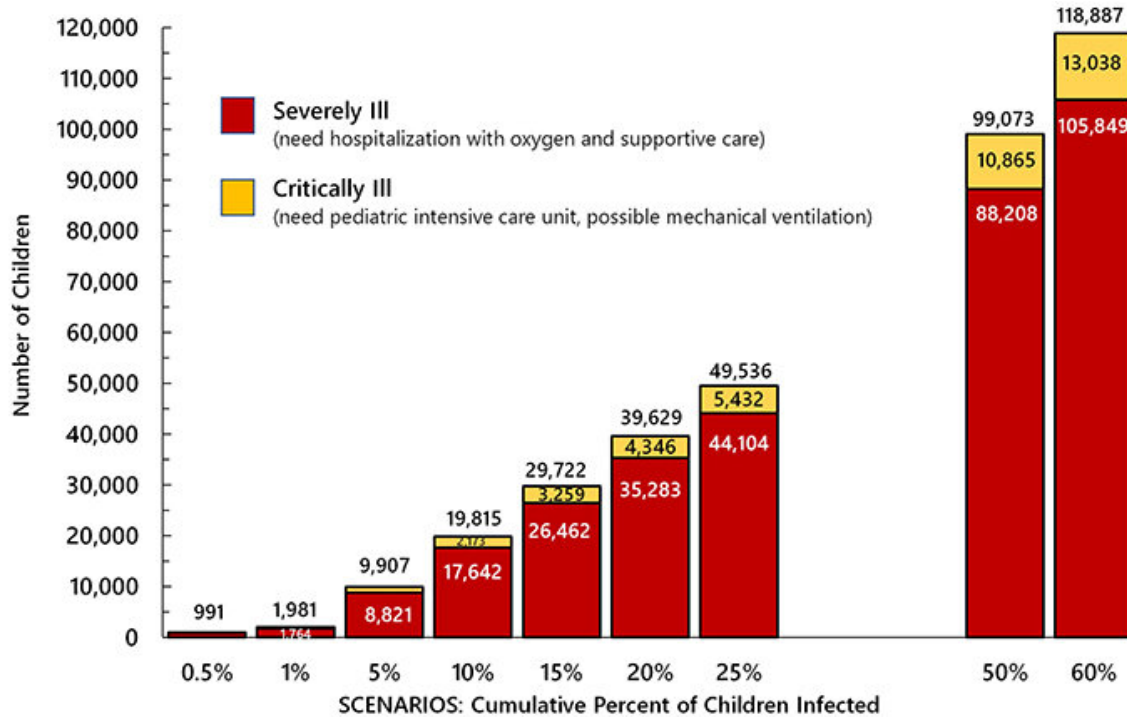


Cumulative estimated number of children infected with SARS-CoV-2 in the United States from March 18 to April 6, 2020. Credit: University of South Florida

"Although the risk of [severe illness](#) from COVID-19 is lower in pediatric cases than adults, hospitals should be prepared and have the proper equipment and staffing levels to deal with a potential influx of younger patients," said author Jason Salemi, associate professor of epidemiology in the USF College of Public Health. "Government officials and [policy makers](#) should understand the likelihood of capacity challenges, which underscores the importance of effective mitigation strategies such as frequent and thorough handwashing and persisted social distancing measures."

Pediatric coronavirus is highly complex, as many hospitals are prohibiting visitors in order to implement social distancing and

quarantine protocols. A caretaker may also be infected, which would require logistical and infection control accommodations that place an additional strain on hospital resources. Upon hospital discharge, young children may be unable to independently comply with home infection control and self-isolation recommendations.



Projected numbers of children aged 0 to 17 years in the United States who will require hospitalization for COVID-19 during 2020. Credit: University of South Florida

Researchers point out the infection rate will be much higher for children in [low-income families](#) with parents in blue-collar and service jobs, which preclude the option of working from home. There's also an increased risk to [children](#) who live in urban public housing projects due

to the close proximity of housing units and small communal recreation and commons areas.

The study's authors recommend all state health departments and the CDC begin reporting confirmed COVID-19 cases in age-specific tables, using the standard 5-year age groups for health surveillance and make the data publicly available.

More information: Elizabeth Barnett Pathak et al. COVID-19 in Children in the United States, *Journal of Public Health Management and Practice* (2020). [DOI: 10.1097/PHH.0000000000001190](https://doi.org/10.1097/PHH.0000000000001190)

Provided by University of South Florida

Citation: COVID-19 possibly striking more children than expected (2020, April 17) retrieved 26 April 2024 from <https://medicalxpress.com/news/2020-04-covid-possibly-children.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--