

## In crisis, people trust feelings over facts

April 2 2020, by Herb Booth



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A study conducted by two associate professors of marketing at The University of Texas at Arlington shows that people are more likely to base decisions on anecdotal information instead of facts when they feel anxious and vulnerable.

Traci Freling and Ritesh Saini, both in the College of Business, published "When poignant stories outweigh cold hard facts: A meta-



analysis of the anecdotal bias" in *Organizational Behavior and Human Decision Processes*.

"We found that people are more likely to consider personal anecdotes than fact-based information, especially when it deals with <u>medical</u> <u>emergencies</u>," Freling said. "This has a high importance in the current environment, where everyone is concerned about the coronavirus."

Freling said people are more likely to listen to <u>personal stories</u> instead of facts because emotions run high during medical emergencies like the COVID-19 pandemic.

"They are especially dismissive of facts if the incident is something they personally experienced," Freling said. "Specifically, we show that when an issue is health-related, personally relevant or highly threatening, then decision-making is compromised and people tend to rely on anecdotes."

Freling pointed to the run on <u>toilet paper</u> buying during the COVID-19 pandemic as one example of not basing decisions on facts. This example illustrates how consumers who feel vulnerable to a particular problem may rely more heavily on subjective, anecdotal information instead of objective, statistical facts to make decisions.

Former UTA faculty member Zhiyong Yang, now a professor at the University of North Carolina-Greensboro, and two graduate students contributed to the analysis.

The research also revealed that when emotional engagement is low, statistical evidence weighs more heavily.

"Primarily, when there is low-threat severity or it's a non-health issue, people tend to take cold, hard facts into account rather than personal accounts and stories," Freling said.



Additionally, Saini noted that people make "more fact-based decisions when choosing for others, but become surprisingly irrational when choosing for self."

Elten Briggs, chair of the Department of Marketing, said Freling and Saini's analysis could have implications on <u>decision</u>-making processes for business and industry, especially during medical crises.

"Their research provides guidance on how to craft more influential messaging during times like these, when anxiety is heightened for so many people," Briggs said.

**More information:** Traci H. Freling et al. When poignant stories outweigh cold hard facts: A meta-analysis of the anecdotal bias, *Organizational Behavior and Human Decision Processes* (2020). DOI: 10.1016/j.obhdp.2020.01.006

## Provided by University of Texas at Arlington

Citation: In crisis, people trust feelings over facts (2020, April 2) retrieved 26 April 2024 from <a href="https://medicalxpress.com/news/2020-04-crisis-people-facts.html">https://medicalxpress.com/news/2020-04-crisis-people-facts.html</a>

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