

Preparation, quick action aid Germany, SKorea virus fight

April 22 2020, by David Rising



In this April 15, 2020, file photo, helper of the German Red Cross DRK in protective suit, left, takes a smear from a patient in his car during the official opening of a drive-thru COVID-19 testing center at the fair ground in Dresden, eastern Germany. As the restrictions to avoid the spreading of the coronavirus are eased, Chancellor Angela Merkel has pointed to South Korea as an example of how Germany will have to improve measures to "get ahead" of the pandemic with more testing and tracking of cases so that the rate of infections can be



slowed. (AP Photo/Jens Meyer, File)

Derided by many economists for years for insisting on a balanced budget and criticized for a health care system seen as bloated and overly expensive, Germany has found itself well equipped now to weather the coronavirus pandemic.

Already applauded for early actions such as social-distancing regulations and aggressive testing seen as helping keep the death toll comparatively low, Europe's largest economy has had the financial flexibility to launch a massive rescue plan to help businesses and keep workers paid.

As the country moves to relax some restrictions this week, Chancellor Angela Merkel is pointing to the example of South Korea, which relied on its experience fighting a different coronavirus five years ago to combat COVID-19, as the way forward.

Meantime in the U.S., some protesters have taken to the streets—supported by President Donald Trump's tweets—to demand an end to virus-related shutdowns to help the faltering economy, which has caused tens of millions to lose their jobs, even if it could lead to an increase in deaths as the health care system struggles.

"This is a crisis which, on the one hand, has probably hit the U.S. where it is most vulnerable, namely health care," said Carsten Brzeski, ING bank's chief Eurozone economist. "While at the same time it has hit the German economy where it's the strongest."





In this April 20, 2020, file photo, German Chancellor Angela Merkel brief the media about measures to avoid further spread of the coronavirus and the COVID -19 disease after a government meeting at the chancellery in Berlin, Germany. As the restrictions are eased, Merkel has pointed to South Korea as an example of how Germany will have to improve measures to "get ahead" of the pandemic with more testing and tracking of cases so that the rate of infections can be slowed. (AP Photo/Markus Schreiber, Pool, File)

Brzeski was among those who argued for Germany to spend more to stimulate the economy as growth ground toward stagnation, but concedes now the country is in a fortunate position.

For years, balanced budget proponents argued it was prudent during good economic times to bring Germany's house in order to be prepared



for a crisis. So in announcing a 1 trillion euro (\$1.1 trillion) rescue plan for the country's 83 million people last month, Finance Minister Olaf Scholz was able to assure there was more money available, if needed.

And while Italy and Spain were faced at the height of the crisis with having to decide whether to allocate precious ICU beds to elderly patients with the most urgent need or to younger patients with the greatest chance of survival, Germany has never had a shortage and has even taken in patients from other European countries.

"They had the means, but then they also had the political will, and also the very good analytical insights to use the means," Brzeski, said, noting Merkel was a scientist before entering politics.

"I can't imagine any government better than Angela Merkel's to deal with this."





In this April 20, 2020, file photo, people wearing protective masks queue up to go in a garden store in Munich, Germany. As the restrictions are eased, Chancellor Angela Merkel has pointed to South Korea as an example of how Germany will have to improve measures to "get ahead" of the pandemic with more testing and tracking of cases so that the rate of infections can be slowed. (AP Photo/Matthias Schrader)

Germany is now taking baby steps to ease restrictions, allowing smaller shops to reopen this week while sticking to strict social-distancing guidelines and requiring face masks on public transport and in stores. The effect will be analyzed after two weeks to see whether infections have again started to significantly climb.

"We must not overwhelm our health care system," Merkel said, warning



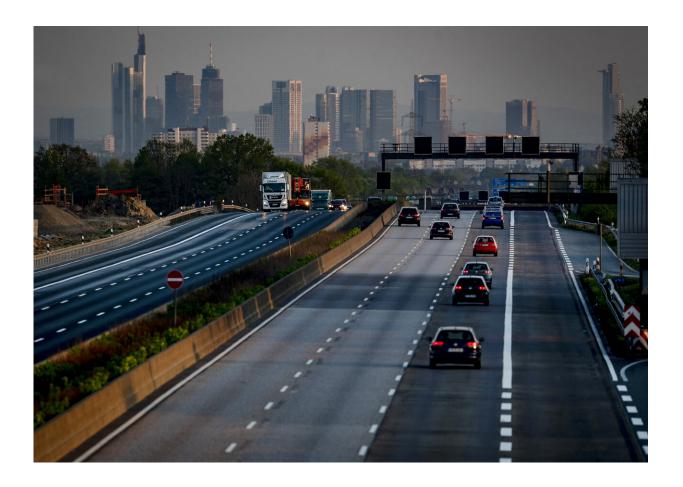
restrictions could be snapped back. "The best path is one that is careful, and not taken light-heartedly."

The far-right Alternative for Germany party has criticized Merkel's goslow approach as "ruining our country," but the chancellor's popularity has been steadily rising and Germans overwhelmingly see her government's crisis management positively.

Opening her Berlin toy store Wednesday for the first time in over a month, Galina Hooge said she had already received government aid and the process was "surprisingly quick and uncomplicated."

She said it only covered the store's rent and bills, but she felt relatively secure thanks to Germany's universal health insurance and strong social safety net.





In this April 16, 2020, a few cars and trucks drive on the usually very crowded main highway around Frankfurt, Germany, that is seen in the background. As the restrictions to avoid the spreading of the coronavirus are eased, Chancellor Angela Merkel has pointed to South Korea as an example of how Germany will have to improve measures to "get ahead" of the pandemic with more testing and tracking of cases so that the rate of infections can be slowed. (AP Photo/Michael Probst)

"The main thing is that everyone stays healthy and the situation doesn't become like America," she said, referring to the large number of cases and deaths in the United States.

Besides help for small businesses, Germany's aid package is designed to



keep the unemployment rate down and allow workers to return quickly when possible. While Washington is sending out one-time stimulus checks to Americans, the German government plan pays at least 60% of the salary of employees who are on reduced or no hours.

As restrictions are eased, Merkel has pointed to South Korea as an example of how Germany will have to improve measures to "get ahead" of the pandemic with more testing and tracking of cases to slow the infection rate.

Experts say one reason South Korea has managed to avoid lockdowns or business bans was because of its aggressive testing and contact-tracing program that draws from its experience of fighting a different coronavirus—MERS or Middle East Respiratory Syndrome—in 2015.

Following that outbreak, which killed 36 people and sickened around 200, South Korea rewrote its infectious disease law to allow health authorities quick access to a broad range of personal information to fight infectious diseases.





In this April 20, 2020 file photo, people walk to a shopping center as many smaller stores are allowed to open in Essen, Germany. Europe's biggest economy, starts reopening some of its stores and factories after weeks of lockdown due to the new coronavirus outbreak. (AP Photo/Martin Meissner, File)

Amid criticism from privacy advocates, authorities have fully exercised such powers during the COVID-19 pandemic, aggressively tracing virus carriers' contacts with tools such as smartphone GPS tracking, credit card records and surveillance video. People's movements before they were diagnosed are published on websites and relayed via smartphone alerts to inform others whether they have crossed paths with a carrier.

The government is also using smartphone tracking apps to monitor the tens of thousands of people placed under self-quarantine at home and



plans to use electronic wristbands on people who defy quarantine orders.

South Korea on Wednesday reported 11 new cases of the coronavirus, the 21st day in a row that the daily jump in infections came below 100.

The approach has meant South Korea has managed to slow the spread of the virus without imposing massive lockdowns or banning nonessential businesses, so there has never been any debate over "reopening" its economy.

In the U.S., there has been growing impatience over virus-related shutdowns that have led tens of millions to lose their jobs, and the U.S. Senate on Tuesday approved nearly \$500 billion in new aid for businesses, hospitals and testing, on top of a \$2.2 trillion package passed last month in the country of some 328 million.





In this March 24, 2020, file photo, a man jogs on the square in front of the Brandenburg Gate in Berlin, Germany. As the restrictions are eased, Chancellor Angela Merkel has pointed to South Korea as an example of how Germany will have to improve measures to "get ahead" of the pandemic with more testing and tracking of cases so that the rate of infections can be slowed. (AP Photo/Michael Sohn)

Trump's administration has issued guidelines advising relaxation of restrictions only after prerequisites, like a two-week downward trajectory of cases, are met. Trump himself, however, has grumbled "our country wasn't meant to be shut down" and has tweeted support for anti-shutdown protests, and some states are moving ahead with plans to begin reopening as early as this week.

The U.S. has registered more than 825,000 infections and 45,000 deaths so far, including some 15,000 fatalities in New York City alone. Often at odds with Trump, New York Gov. Andrew Cuomo has warned against relaxing restrictions too early and risking a new spike in infections, no matter how badly the economy is faring.

"We're not going to accept a premise that human life is disposable," Cuomo said. "And we're not going to put a dollar figure on human life."

Germany has registered some 150,000 infections, not far behind the worst-hit European countries of Italy, with more than 180,000 cases, and Spain with about 205,000. But where around 5,000 people have died in Germany, Spain's toll is nearly 22,000 and Italy's has passed 25,000.

At the height of the crisis in Spain and Italy the sheer numbers overwhelmed their health care systems, and painful decisions had to be made on who to treat.





In this April 17, 2020, file photo, antibody test cartridges of the ichroma COVID-19 Ab testing kit used in diagnosing the coronavirus move along on a production line of the Boditech Med Inc. in Chuncheon, South Korea. Experts say one of the reasons South Korea has managed to avoid lockdowns or business bans was because of its aggressive testing and contact tracing program that draws from its experience of fighting a different coronavirus. (AP Photo/Lee Jin-man, File)

Domenico Arcuri, Italy's extraordinary commissioner for the COVID-19 crisis, told reporters Tuesday that for the first time during the pandemic the nation now has more respirators than patients in ICU beds, and lamented the "anguish" officials faced deciding who to treat in the early



weeks.

"Each night, we had to decide where to send these instruments, which, in the end, save lives," he said. "I'll keep that with me for all my life, and I wouldn't wish anyone else to experience" the dilemma of choosing which hospital received them.

With the numbers of new infections now stabilizing, Italian Premier Giuseppe Conte confirmed Tuesday that Italy can start reopening on May 4, but he doused any hopes of a total loosening of some of the strictest lockdown measures in a Western democracy.

Spain, which has turned hotels into makeshift hospitals and converted a Madrid skating rink into a morgue, has not yet announced plans on relaxing restrictions, with Health Minister Salvador Illa saying it will hinge on advances made in treatment and vaccines to "ensure there's no second wave."

Spain is "still in a difficult place, with some hard weeks ahead," he said Tuesday.





In this April 10, 2020, file photo, nurse Cristina Settembrese fixes two masks to her face during her work shift in the COVID-19 ward at the San Paolo hospital in Milan, Italy. At the height of the coronavirus crisis, Italian doctors were faced with the crushing decision of whether to devote ICU beds with ventilators to critically ill elderly patients with the most urgent need, or younger patients with the best likelihood of survival. (AP Photo/Luca Bruno, File)





Galina Hooge owner of a small stationery and toy store poses for a photo behind plexiglass, to protect against the coronavirus, in her shop in Berlin, Germany, Wednesday, April 22, 2020. Galina Hooge opened her store for the first time in over a month, welcomed the loosening of restrictions, but remained wary. (AP Photo/Markus Schreiber)

In announcing a tentative easing of restrictions in the Netherlands, allowing elementary schools to reopen with reduced class sizes starting May 11, Prime Minister Mark Rutte said he had faced "devil's dilemmas" in trying to decide how to move forward.

The Netherlands was projected to have a budget surplus of 3.4 billion euros in 2020, however, and Rutte said the government could afford to take a cautious approach as he ordered bars and restaurants to remain



closed until at least May 19.

"Thanks to the government's good financial position, it can offer first aid to companies, independent business owners and affected sectors," his government said.

© 2020 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed without permission.

Citation: Preparation, quick action aid Germany, SKorea virus fight (2020, April 22) retrieved 26 April 2024 from

https://medicalxpress.com/news/2020-04-quick-action-aid-germany-skorea.html

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.