

Keeping your phone clean and germ-free has never been more important

May 21 2020, by Jim Rossman, The Dallas Morning News



Credit: CC0 Public Domain

I received an email from a subscriber: "Have you done any research on effective and appropriate ways to clean a mobile phone so as to prevent the phone from being a way to transmit COVID-19?



"I have an iPhone XS covered with an Otter Box and screen."

Well, first, thanks for being a subscriber. Newspapers need all the support we can get. I appreciate all of our readers, but I love subscribers just a little more.

OtterBox cases are known for providing all-over protection, but cases can get just as dirty as phones. You can clean your <u>phone</u> and OtterBox case with any <u>disinfectant</u> wipes you may have around the house.

It's not a bad idea to wipe your phone and case each day. You'll also want to clean them after a trip to the <u>grocery store</u> or any other outing. The same advice goes for other cases.

You should be just fine using a moist cloth or disinfectant wipe.

As for the phone itself, Apple says it's OK to use disinfectant wipes on iPhones, while Samsung says it's OK to use an alcohol-based solution (containing more than 70% ethanol or isopropyl alcohol) on Galaxy devices. You should not pour liquid on your phone. Instead, moisten a soft cloth and use it to wipe down the phone.

If you do use a wipe from a company like Clorox or Lysol, wipe the entire case and phone and let them air-dry. Once they're dry, check the screen. Sometimes wipes can leave spots that can be cleaned using a soft cloth moistened with <u>clean water</u> or isopropyl alcohol.

If you don't have <u>disinfectant wipes</u>, you can use warm, soapy <u>water</u>, but even though most phones today have some level of water resistance, I'd recommend taking the phone out of the case first. Just moisten a soft cloth with soapy water and then wipe the phone and case.

Avoid getting water inside the charging ports or any other openings



(speaker, microphone, SIM card).

Again, let the phone air-dry if you have time. Otherwise, drying it with a soft cloth is OK.

Last, I tend to set my phone down on my desk, so I make it a habit to wipe down my desk each morning when I get to work. I use a disinfectant wipe to clean my keyboard, mouse and the entire desk surface. I also wipe down my office phone and handset.

©2020 The Dallas Morning News Distributed by Tribune Content Agency, LLC.

Citation: Keeping your phone clean and germ-free has never been more important (2020, May 21) retrieved 26 April 2024 from https://medicalxpress.com/news/2020-05-germ-free-important.html

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.