

Stimulating immune cleanup crew offers a possibility for treating rare disorder

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By mimicking the cellular cleanup process known as efferocytosis, researchers



from the School of Dental Medicine have identified a new strategy for addressing a rare genetic disease that causes inflammation around the body. Credit: George Hajishengallis

Owing to a rare genetic mutation, individuals with leukocyte adhesion deficiency type 1 (LAD1) experience a suite of symptoms that trace back to an immune system dysfunction. Many have recurrent bacterial infections and gum disease so serious that they often lose their teeth at an early age.

In a new study in the *Journal of Leukocyte Biology*, School of Dental Medicine researchers and colleagues identified a novel strategy for addressing an underlying cause of LAD1 patients' symptoms. In healthy people, the clearance of dying <u>neutrophils</u>, a "sweeping up" process known as efferocytosis, triggers resolution and regeneration in formerly inflamed tissues. LAD1 patients lack neutrophils in their tissues and therefore cannot resolve inflammation through the efferocytosis process. To tamp down this inflammation, the scientists used a molecule to mimic the effects of efferocytosis that are absent in LAD1. As a result, in an animal model of LAD1 disease, the treatment not only prevented inflammation in the gums as well as dental-bone loss, it actively promoted bone regeneration and a healthy <u>tissue</u> environment.

"This treatment may not only be relevant for LAD1," says George Hajishengallis, senior author on the work and a professor at Penn Dental Medicine. "There are other conditions where we see poor or no accumulation of neutrophils in the gingiva, such as in Papillon-Lefèvre or Chediak-Higashi syndrome. There are also several conditions that cause neutropenia, where neutrophil numbers are low, such as congenital or autoimmune-related neutropenia, or cancer- and HIV-associated neutropenia, where offering a treatment to mimic efferocytosis may also



have beneficial effects."

The underlying cause of LAD1 is a defect in the recruitment of neutrophils, a type of white blood cells that is a crucial part of the immune system. LAD1 patients have neutrophils that cannot exit the bloodstream to travel to tissues. Because of this they have leukocytosis, a high white blood cell count, as neutrophils get "stuck" in the blood.

Historically, scientists believed that LAD1 patients had severe <u>gum</u> <u>disease</u> because their lack of neutrophils in the gingival tissue caused bacterial infections leading to inflammation.

"But when we analyzed tissues, especially from human patients, we didn't see any tissue-invasive infections that would justify the destruction we saw there," says Hajishengallis.

Together with his collaborators, Hajishengallis began to wonder whether the problem with the lack of neutrophils in the tissues may not be a defect in bacterial surveillance but with efferocytosis, which occurs when another type of immune cell, macrophages, enter tissues to "eat up" dying neutrophils. Earlier research he had done on efferocytosis in periodontitis, a severe gum disease, impressed upon him that the process is an active one. Rather than just a cleaning up of the tissues, macrophages switch from promoting inflammation to curbing it, secreting factors that encourage tissues to return to a normal, healthy state.

To see whether a lack of efferocytosis might be a concern in LAD1 patients, the researchers first blocked the process using an antibody that inhibits a receptor that otherwise promotes efferocytosis. Blocking one of these, the c-Mer receptor tyrosine kinase in <u>normal mice</u>, resulted in inflammation similar to that seen in the LAD1 mouse model.



The researchers' confidence that a lack of efferocytosis might be a culprit in LAD1 increased when transferring normal neutrophils to LAD1 mice resolved inflammation in the animals.

"This still doesn't prove that efferocytosis was the key," Hajishengallis says. "The neutrophils could have just eaten bacteria that were causing inflammation."

Stronger evidence for the role of efferocytosis came when the researchers repeated the experiment, but also transferred an antibody against the c-Mer receptor tyrosine kinase to block efferocytosis. These LAD1 mice didn't experience the protective effect of the neutrophil transfer.

Taking their finding one step further, they sought to mimic efferocytosis with a small molecule, to compensate for the fact that LAD1 patients lack neutrophils in their tissues. Knowing that dying neutrophils release compounds that activate the receptors LXR and PPAR, which are associated with the resolution of inflammation, the researchers delivered small-molecule compounds that likewise activate these receptors to the gums of LAD1 mice.

The compounds alleviated signs of inflammation and blocked further bone loss in the mouth, and, though the treatment lasted only three days, the research team saw signs that bone was actually regenerating in the treated animals.

In earlier work, Hajishengallis of Penn's School of Dental Medicine had been part of a collaboration that identified an underlying cause of the abundant <u>inflammation</u> seen in LAD1 patients: high levels of the proinflammatory signaling molecule IL-23 and its downstream target IL-17. Blocking IL-23 with an antibody helped resolve the disease.



But antibodies are expensive, and if side effects arise can take time to leave the body. He and his colleagues believe the small molecule compounds that mimic efferocytosis could achieve the same effect in a way that may be both safer and more affordable.

"These molecules, because they're not inhibiting any important functions but are rather inducing pro-resolving pathways, are less likely to cause negative effects than other strategies," says Tetsuhiro Kajikawa, the lead author of the study. "The challenge now is practical: How will these be administered?"

Local administration to the gums only could be a challenge, but since LAD1 patients have a number of other issues besides gum disease, "systemic administration could be very appropriate and even beneficial," Hajishengallis says.

More information: Tetsuhiro Kajikawa et al, Frontline Science: Activation of metabolic nuclear receptors restores periodontal tissue homeostasis in mice with leukocyte adhesion deficiency-1, *Journal of Leukocyte Biology* (2020). DOI: 10.1002/JLB.5HI0420-648R

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