

# Researchers find one-two punch may help fight against Salmonella

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Brian Coombes is a professor in the Department of Biochemistry and Biomedical Sciences at McMaster University and the Canada Research Chair in Infectious Disease Pathogenesis. Credit: McMaster University

McMaster University researchers have discovered a combination punch to treat drug-resistant infections that is showing promise based on testing

in mice.

Researchers found that a natural product called dephostatin is an effective partner for the antibiotic [colistin](#) in treating infections caused by the bacteria *Salmonella*.

Colistin is considered a last-resort antibiotic for multidrug-resistant bacterial infections due its toxic effect on the body, which has limited its use in medicine. However, when paired together, dephostatin allowed for drastically lower concentrations of colistin in a treatment regimen for *Salmonella* [infection](#) in mice that maintained the antibiotic's effectiveness.

The study details are published in *Cell Chemical Biology*.

"The rise of antibiotic resistance has ushered in the post-antibiotic age, and alternatives to [antibiotics](#) are urgently required," said Caressa Tsai, first author of the study and a Ph.D. student in biochemistry and [biomedical sciences](#) in the Coombes lab at McMaster. "Solving the antibiotic resistance crisis will require us to shift away from the traditional view of antibiotic discovery."

The World Health Organization has classified antibiotic-resistant *Salmonella*, which can cause infection from eating contaminated foods, as a high-priority pathogen.



Caressa Tsai is a PhD student in biochemistry and biomedical sciences at McMaster University. Credit: McMaster University

In their study, researchers found that dephostatin does not kill *Salmonella* or stop it from growing. Instead, dephostatin prevents *Salmonella* from causing infection in two ways: It blocks its ability to resist being killed by immune cells and it enhances its sensitivity to colistin.

While the initial findings were done using a method of experimentation called [high-throughput screening](#), the researchers were excited to find that co-administering dephostatin and colistin in mice with a lethal *Salmonella* infection significantly prolonged animal survival and used a lower concentration of colistin than is normally required for treatment,

thereby reducing its toxic effect.

By the numbers, treatment with colistin alone extended survival of almost 88 per cent of mice to approximately five days post infection and 25 per cent of mice survived to the end of the experiment. However, more than 62 per cent of [mice](#) treated with both dephostatin and colistin survived the infection, indicating a significant improvement over therapy with one antibiotic.

"Traditional antibiotics all work in a similar way—they clear infections by killing bacteria," said Tsai. "Here, we were interested in a different approach—keeping bacteria alive, but chemically inactivating important pathways to prevent them from causing infection."

Researchers are continuing their research to understand how dephostatin works against *Salmonella*. Their ongoing work will explore the activity of dephostatin alone and in combination therapies during the treatment of infected animals.

"Dephostatin appears to knock out two important regulatory pathways that control *Salmonella* virulence and antibiotic resistance mechanisms," said Coombes, corresponding author and a professor in the Department of Biochemistry and Biomedical Sciences at McMaster University. He holds the Canada Research Chair in Infectious Disease Pathogenesis.

"This research highlights the opportunities in taking a different approach than traditional antibiotic discovery and is enabling new drug combinations to emerge."

Provided by McMaster University

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