

# Getting back to work safely after lockdown

May 26 2020

---



(HealthDay)—With businesses beginning to reopen, the National Safety Council (NSC) has tips for doing it right.

"We hope these universal actions, the detailed playbooks and the recommendations within them will help employers safely navigate reopening operations while prioritizing employees' rights to safe work environments," said Lorraine Martin, NSC president and CEO.

Here are top tips for employers:

- Phase in the return to work, taking into account risk and exposure levels.
- Disinfect before workers return and make changes to allow for physical distancing.
- Screen the health of all employees.
- Have a plan to deal with sick employees, and encourage behaviors for hygiene and infection control.
- Follow proper contact tracing steps if workers get sick to stop the spread of COVID-19.
- Support employees' mental and [emotional health](#) by sharing support resources and policies.
- Offer training in safety fundamentals, including risk assessment and hazard recognition, and on COVID-19's effect on [mental health](#) and wellbeing.
- Notify employees when they are to return, and put them into groups based on jobs—bringing groups back one at a time.
- Be open and transparent with workers on the return-to-work process.

**More information:** For more about the pandemic and the workplace, visit the [the Centers for Disease Control and Prevention](#).

Copyright © 2020 [HealthDay](#). All rights reserved.

Citation: Getting back to work safely after lockdown (2020, May 26) retrieved 3 May 2024 from

<https://medicalxpress.com/news/2020-05-safely-lockdown.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.