

Work-related PTSD in nurses

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A recent analysis of published studies examined the prevalence of post-traumatic stress disorder (PTSD) among nurses and identified factors associated with work-related PTSD among nurses. The findings are published in the *Journal of Clinical Nursing*.

For the analysis, investigators identified 24 relevant studies. The researchers found that PTSD is a world-wide issue affecting nurses and that the reported prevalence of PTSD in nurses varied greatly, likely due to different methods of measuring PTSD or its symptoms.

Factors associated with PTSD related to the workplace (such as exposure and organization support), relationships at work and home, the witnessing of suffering, and [coping behaviors](#), among others.

"Through this article, we want to bring attention to the phenomenon of PTSD within the nursing profession. We hope this article brings greater awareness and insight into what nurses might be experiencing," said corresponding author Michelle Schuster, MSN, RN, CPHON, of Boston Children's Hospital. "A better understanding of the factors influencing PTSD can provide insight into ways to potentially mitigate the harmful impact of PTSD in order to promote nurse wellbeing."

More information: Michelle Schuster et al, Post-traumatic stress disorder in nurses: An integrative review, *Journal of Clinical Nursing* (2020). [DOI: 10.1111/jocn.15288](https://doi.org/10.1111/jocn.15288)

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