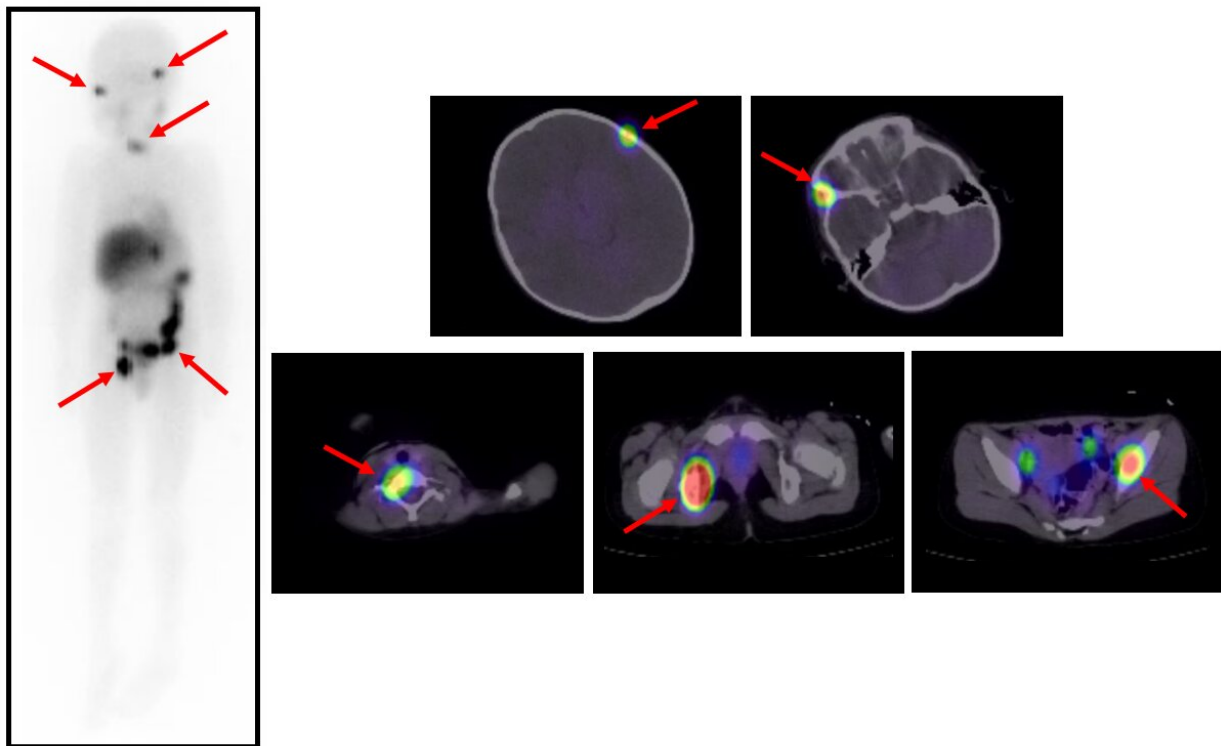


A novel radioisotope therapy for children with neuroblastoma

June 19 2020



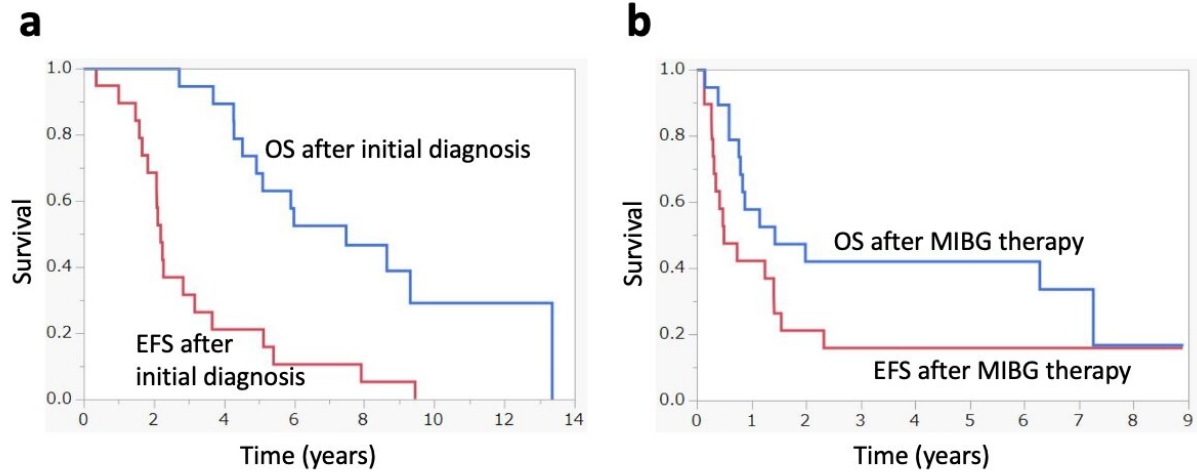
Scintigrams at ^{131}I -MIBG therapy. Multiple ^{131}I -MIBG accumulations are seen in bone metastases (red arrows). β rays emitted from ^{131}I -MIBG attack tumor cells in the bone metastases. Credit: Kanazawa University

Researchers from Kanazawa University retrospectively analyzed children with refractory or relapsed high-risk neuroblastoma who were treated with high-dose ^{131}I -metaiodobenzylguanidine at Kanazawa University Hospital. They showed that within a five-year period, this therapy could provide a favorable prognosis without severe non-hematological side effects. These findings could provide new insights into a novel treatment option for patients with high-risk neuroblastoma.

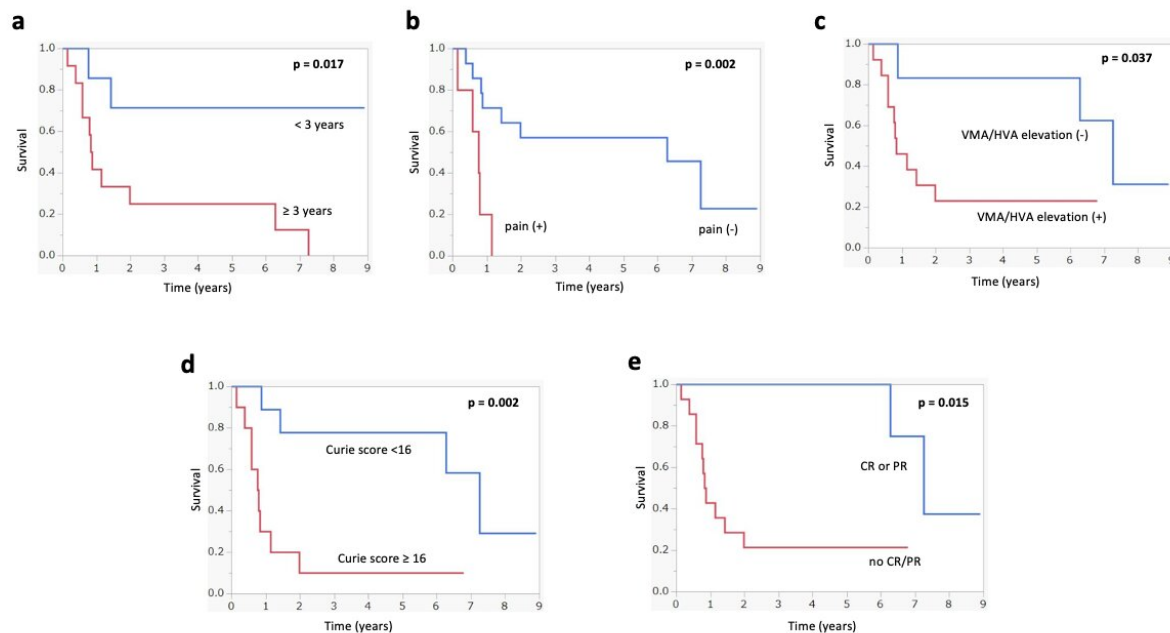
Neuroblastoma is one of the most common cancers in [children](#) and has limited treatment options. In a new study, researchers from Kanazawa University retrospectively analyzed children with refractory or relapsed [high-risk neuroblastoma](#) who were treated with ^{131}I -metaiodobenzylguanidine (^{131}I -MIBG) and discovered a favorable prognosis in these patients.

Neuroblastoma forms in organs that embryologically originate from nerve tissue, such as the [adrenal glands](#) or the [nervous system](#), and is the most common solid tumor that occurs in children in areas outside the head. Neuroblastoma patients can be divided into three distinct risk groups based on the child's age, cancer stage, and the morphology of the cancer. While children in the low- and intermediate-risk groups can often be cured by surgery or chemotherapy and thus have favorable outcomes, children in the high-risk group have to undergo more aggressive chemotherapy, stem cell transplantation or radiation with limited success and overall poor prognosis.

"Up to 50% of the children in the high-risk group do not respond to available treatment options. Even if they do, many of the affected children have a relapse following treatment," says corresponding author of the study Seigo Kinuya. "Given that fewer than 50% of children survive five years following diagnosis, our goal was to investigate new treatment avenues for children with high-risk [neuroblastoma](#)."



Event-free survival and overall survival: a following initial diagnosis, b following ^{131}I -MIBG therapy. *OS* overall survival, *EFS* event-free survival, *MIBG* metaiodobenzylguanidine. Credit: Kanazawa University



Kaplan-Meier analyses of overall survival following ^{131}I -MIBG therapy: a period between initial diagnosis and ^{131}I -MIBG therapy, b with or without pain at ^{131}I -MIBG therapy, c with or without VMA and/or HVA elevation at ^{131}I -MIBG therapy, d initial overall response following ^{131}I -MIBG therapy. *MIBG* metaiodobenzylguanidine, *VMA* vanillylmandelic acid, *HVA* homovanillic acid. Credit: Kanazawa University

To achieve their goal, the researchers turned to ^{131}I -MIBG, which is a radiation-emitting form of MIBG. MIBG is structurally similar to norepinephrine, a hormone produced by nerve tissues, and thus enriches in those tissues. Although it has been available since 1986, it was not until recently that a high-dose of ^{131}I -MIBG has found regular use in

clinical settings. The researchers therefore retrospectively investigated 20 patients with refractory or relapsed high-risk neuroblastoma who were treated with high-dose ^{131}I -MIBG at Kanazawa University Hospital to analyze the efficacy of the drug as well as the outcome of the patients within a 5-year period.

The researchers found that in the 19 patients with complete follow-up data, the so-called event-free survival rate, which describes the time after treatment that the patient remained free of complications, was 42% at one year and 16% at five years. The overall survival, which describes the time that patients diagnosed with the disease are still alive, was 58% at one year and 42% at five years. Intriguingly, the researchers found that patients had a significantly higher likelihood of survival if they underwent ^{131}I -MIBG therapy in less than three years following diagnosis, had no pain, had a tumor that did not increase hormone synthesis upon ^{131}I -MIBG treatment, or had a Curie score ^{131}I -MIBG therapy, which is a diagnostic scoring system used to measure the extent of neuroblastoma. Although all patients showed signs of hematological side effects, such as decreases in blood cell counts requiring transfusions or [stem cell transplantation](#), non-hematological side effects were present in only one patient, who complained of anorexia and nausea.

"These are striking results that show that [high-dose](#) ^{131}I -MIBG therapy could provide favorable prognosis in certain high-risk neuroblastoma patients," says Kinuya. "Our findings could provide the foundation for a new treatment option for neuroblastoma."

More information: Daiki Kayano et al, High-dose ^{131}I -metaiodobenzylguanidine therapy in patients with high-risk neuroblastoma in Japan, *Annals of Nuclear Medicine* (2020). [DOI: 10.1007/s12149-020-01460-z](https://doi.org/10.1007/s12149-020-01460-z)

Provided by Kanazawa University

Citation: A novel radioisotope therapy for children with neuroblastoma (2020, June 19) retrieved 1 May 2024 from

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