

Cases of coronavirus in Idaho spike after businesses reopen

July 8 2020, by Rebecca Boone



In this Tuesday, June 30, 2020, file photo, employees screen visitors for COVID-19 before they enter the building at Gritman Medical Center in Moscow, Idaho. A new spike in cases, however, has turned the mostly rural state into a COVID-19 hotspot. (Geoff Crimmins/The Moscow-Pullman Daily News via AP, File)

For a time in Idaho, it seemed like the worst of the coronavirus pandemic could be over. After an initial onslaught of confirmed cases in the spring, by June numbers had dropped to a point that state leaders felt comfortable allowing businesses to reopen and life to get back to nearly normal.

A new spike of COVID-19 occurrences has prompted some concern, however. The number of daily confirmed new cases has quadrupled over the past two weeks to roughly 345—nearly double what the numbers were during the state's first outbreak.

"It's alarming," Idaho Gov. Brad Little said Monday.

Idaho is still far from being a national hot spot: The state ranks about 14th in the nation for new confirmed cases per capita, and [death rates](#) linked to COVID-19 are minimal here compared to other states—with about 5.4 deaths per 100,000 residents, compared to about 171 deaths per 100,000 New Jersey residents, for example. Death reports can lag behind coronavirus diagnoses by weeks, however, so it's too soon to tell if Idaho's death rate will remain low.

Despite his concern, Little doesn't anticipate shutting the state back down. He says hospitals have sufficient capacity and stocks of personal protective equipment.

But the heads of two major hospital systems in southwestern Idaho told regional public [health officials](#) Tuesday that testing systems are overwhelmed and stocks of protective equipment soon could see shortages as well.



Emily Wahl, center, and more than 100 other people gather at City Hall to protest Mayor Lauren McLean's order mandating people to wear face coverings in Boise, Idaho, Friday, July 3, 2020. For a while in Idaho, it seemed like the worst of the coronavirus pandemic could be over, with most businesses back to nearly normal operations in June and face masks few and far between in many areas. A new spike in confirmed cases, however, has turned the mostly rural state into a COVID-19 hot spot. (Katherine Jones/Idaho Statesman via AP)

Previous shutdown efforts have been controversial and sparked protests. For the heavily Republican, agriculturally focused state, the coronavirus has highlighted an ongoing clash between ultraconservatives who abhor government mandates and traditional conservatives who believe science and individual responsibility will lead the way through the pandemic.

Idaho reached Phase 4 of Little's four-step reopening plan in mid-June, allowing bars to reopen and large gatherings as long as people wore masks and took other precautions such as social distancing. By the middle of the next week, however, health officials announced an outbreak linked to infected patrons who visited half a dozen Boise bars. Another outbreak was linked to a grocery store in central Idaho. And in eastern Idaho, officials reported that an infected patron spent more than eight hours at a bar in eastern Idaho.

Health professionals say the Boise area is experiencing exponential growth, and that doesn't seem likely to change anytime soon.

"Our modeling shows week after week increases," said Chris Roth, the CEO of St. Luke's Medical System. "There's nothing that we've been able to determine is going to change the trajectory at this point, given the collective behaviors of the community."

Bruce DeLaney, who co-owns Rediscovered Books with his wife, Laura DeLaney, says responding to the pandemic has been a constant conversation at his home over the past several weeks. He doesn't want to see Boise become another New York City, at one point the nation's biggest hot spot, where his mom and brother saw the toll of the virus firsthand.

"It's tough hearing the stories out of there. You can't talk to people who've been there and not have that color what's going on here," he said. "I have a staff, I have a family, our customers have families and I don't want anybody getting sick because I made them come to work in unsafe conditions."



In this June 30, 2020, file photo, a pedestrian wearing a face mask walks past a tent used for taking coronavirus tests in a parking lot outside Gritman Medical Center in Moscow, Idaho. For a while in Idaho, it seemed like the worst of the coronavirus pandemic could be over, with most businesses back to nearly normal operations in June. A new spike in confirmed cases, however, has turned the mostly rural state into a COVID-19 hot spot. (Geoff Crimmins/The Moscow-Pullman Daily News via AP, File)

The state's introduction to COVID-19 started with a boom in March. Within days, Blaine County, home to the tony Sun Valley Resort, was under an emergency stay-at-home order amid a spike in cases sparked largely by out-of-state traffic to the region.

Yet many in the state were unconcerned. They still saw the coronavirus as a big-city problem, not something that could touch isolated ranching

and farming towns where generations-old homesteads have withstood drought, blight and economic depressions. Social media posts with sentiments such as, "If you ever licked a salt block as a kid, you can't get [coronavirus](#)," started to become popular.

On March 25, Little expanded the stay-at-home order statewide. Within a few hours, the governor was garnering both praise for taking decisive action and complaints from those who said he overstepped. Some far-right lawmakers said mask recommendations and forced business closures violated residents' personal freedoms.

Lt. Gov. Janice McGeachin was repeatedly critical of Little.

"I lose sleep at night because the heavy hand of our government is hurting so many Idahoans," she wrote in a May editorial, adding that many residents were still waiting for unemployment benefits.

Idaho's conservative lawmakers have long been reluctant to legislate medical matters, with frequent attempts to limit abortion, transgender care and other reproductive care issues being the big exceptions. The state is one of a few that still has "faith healing" exceptions to child abuse laws, allowing some parents to avoid prosecution if a child dies from lack of medical care. Idaho's vaccination requirements are also flexible, allowing unvaccinated kids to attend school if their parent objects to vaccines.



In this Thursday, July 2, 2020, file photo, a sign outside the Moscow Food Co-op thanks Mayor Bill Lambert for issuing a public health emergency order requiring people to wear face masks in public to help prevent the spread of the coronavirus. A new spike in cases, however, has turned the mostly rural state into a COVID-19 hotspot. (Geoff Crimmins/The Moscow-Pullman Daily News via AP, File)

As a result, the state has pockets with very low vaccination rates, and Idaho has become a popular destination for so-called "anti-vax refugees" from California and other areas with stricter vaccination rules. That ethos has spread to the pandemic public policy debate, and anti-vaccine groups such as Health Freedom Idaho have joined forces with libertarian lobbying and think tank organization Idaho Freedom Foundation to protest the stay-at-home orders.

Hospital capacity seems to be adequate so far: As of Sunday evening, state health department officials said there had been 369 people hospitalized, 124 of whom were admitted to the ICU. The state still had just over 100 available ICU beds and 468 ventilators available as of Sunday, however, according to the Idaho Department of Health and Welfare.

DeLaney, like many other Idaho business owners, initially offered delivery services, then added curbside pickup and appointment-only shopping. Now numbers inside the store are limited and everyone must wear a mask and use hand sanitizer.

For the most part, he said customers have been understanding, though some have pushed back against the rules.

"They are pleased that we seem to value their well-being over being the best capitalists that we can be," he said.

Some local government leaders are taking action in the absence of a statewide face-mask mandate. Starting last Saturday, Boise's mayor, Lauren McLean, made face coverings mandatory for people in public spaces where social distancing can't be observed.

The order was met with relief by many, and protests by some. Health Freedom Idaho organized a protest that brought a few hundred people to Boise's City Hall last Friday. Some protesters burned masks and chanted, "We will not comply!"

© 2020 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed without permission.

Citation: Cases of coronavirus in Idaho spike after businesses reopen (2020, July 8) retrieved 23 April 2024 from

<https://medicalxpress.com/news/2020-07-cases-coronavirus-idaho-spike-businesses.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--