

# South Africa faces mass hunger if efforts to offset impact of COVID-19 are eased

July 27 2020, by Gabrielle Wills, Leila Patel, Servaas Van Der Berg

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When South Africa entered a hard lockdown on 27 March, the government was globally recognized for taking tough steps to "flatten the curve" and keep COVID-19 infections low. Four months on, our

[research](#), using data from a [broader national survey](#), shows large groups of households are experiencing tremendous hardship as a direct result of the lockdown.

Two out of every five adults interviewed between May and June reported that their household had lost its main source of income since the lockdown started. This has had devastating consequences for household food security and hunger.

Of the adults we interviewed, 47% reported that their home ran out of money to buy food in April. Between May and June, 21% reported that someone in their household went hungry in the last seven days. And 15% reported that a child went hungry in the same period.

The government has used three channels of social protection to safeguard livelihoods: social insurance entailing the COVID-19 Temporary Employer-Employee Relief Scheme, grants, and localized social relief efforts. Community based organizations, faith-based organizations and NGOs also displayed incredible agility in reaching out to their constituencies.

In total, nearly 1 million food parcels were provided by the organizations considered in this study, including government. These may have reached about 5 million people.

But the response was neither wide nor deep enough to overcome the devastating implications of job or income losses on household food insecurity. Furthermore, gaps in government responses emerged. Administrative challenges in expanding social assistance and social insurance delayed the provision of relief to some households.

The suspension of the [national school nutrition program](#), which usually reached [9.6 million children](#), stifled the provision of a consistent daily

supply of meals.

Our research shows that the country cannot let up on any of the three channels of social protection if it's going to stave off mass, chronic hunger. Failure to do so could deepen an emerging humanitarian crisis and hamper economic recovery.

## The study

Our research was undertaken as part of the National Income Dynamics Study—Coronavirus Rapid Mobile Survey ([NIDS-CRAM](#)). This is a broadly nationally representative panel survey of 7,000 South Africans done every month. The aim was to provide rapid data on key outcomes such as unemployment, household income, child hunger and access to government grants.

To complement our analysis of this quantitative data, we conducted telephonic interviews with key informants who were able to provide information about the provision of food relief during lockdown.

Others were able to comment on the connection between social relief (including school nutrition) and social protection. The interviewees were drawn from the government, NGOs, community-based organizations, faith-based organizations, humanitarian organizations and philanthropic initiatives.

Some of our findings were that:

- the increases in social grants for [six months](#) by the government have played a vital role in providing relief to households and are generally well targeted. But they are insufficient to address food poverty associated with a loss of income during the lockdown. Food poverty in households that receive a child support [grant](#),

which benefits 12.5 million children, is exacerbated through income loss. The situation would have been much worse without the top-up grants, however.

- there have been significant delays in Unemployment Insurance Fund ([UIF](#)) [payouts](#). This needs to be addressed urgently to support households where formal sector jobs have been lost. These payouts are much larger than grant top-ups, and cover gaps in lost household income from earnings more effectively.
- both the survey data and interviews with key informants indicate that well targeted, localized social relief efforts need to be continued and bolstered as a stop-gap measure to reach those not covered by social insurance or social assistance.
- where community efforts at supporting vulnerable households are well targeted, this reinforces the need for effective local information flows to inform social relief efforts, and
- while the country's social assistance system is expansive in reach, it has not been able to address the needs of large sectors of the population who are unemployed or in informal employment, and who do not qualify for social insurance.

## Next steps

As South Africans have experienced significant shocks to their livelihoods, the threat of hunger presents a major concern for health, political and social stability. The nation cannot rebuild and recover economically when large groups of people are hungry.

The country must continue to use all three channels of social protection as effectively and efficiently as possible. For this reason, we support current social policy efforts, and make further suggestions to strengthen the three arms.

First, urgent attention needs to be given to rectifying [technical glitches](#)

that exist in the UIF system.

Second, it is critically important that the government continues expanding the reach of the grant system through the COVID-19 [social relief of distress grant](#).

Despite the technical challenges of rolling out this grant, enrolling more South Africans in a formal social protection system would enable the government to respond quickly in getting emergency relief to more households—now and in the future.

We also believe that continuing grant top-ups for three more months until January 2021 is critical. This is particularly true in view of the projected contraction of the economy [by 7.2%](#). It will thus take much longer for the economy to recover enough for people to find jobs.

Additionally, the need to resume the school feeding scheme is a non-negotiable to alleviate child hunger, regardless of school closures. And the [government](#) could make better use of NGOs, and other civil society organs, to scale up the provision of food assistance to people who are hard to reach through [social insurance](#), [social assistance](#) or the state's social relief efforts.

The financial sustainability of the social sector and its social relief efforts will require the mobilization of corporate social investment and philanthropic giving for food security.

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