

## Type 2 diabetes may negatively impact bone density in youth

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Type 2 diabetes may negatively impact bone density around the age of peak bone mass, according to a study published online Aug. 10 in *Diabetes Care*.

Joseph M. Kindler, from the Children's Hospital of Philadelphia, and colleagues compared [bone health](#) in youth with type 2 diabetes to control patients with obesity or healthy weight. The [analysis](#) included youth (56 percent African American; 67 percent female) ages 10 to 23 years with type 2 diabetes (180 patients), obesity (body mass index [BMI] >95th; 226 patients), or healthy weight (BMI

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