

Protein structural insights chart the way to improved treatments for heart disease

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Human heart. Credit: copyright American Heart Association

A team including Wei Liu, assistant professor in ASU's School of Molecular Sciences (SMS) and the Biodesign Institute's Center for Applied Structural Discovery, has published a paper today in *Molecular Cell* that offers promising details for improved therapeutic treatments for

cardiac disease.

Cardiac disease is the number one killer of people worldwide and according to the US Centers for Disease Control (CDC) it kills one person every 37 seconds in the United States.

With this in mind, the team decided to conduct structural and functional studies using [cryo electron microscopy](#) (EM) to capture never-before-seen detailed conformational changes involving the β 1-adrenergic receptor (β 1-AR) in complex with the Gs protein. The β 1-adrenergic receptor is a member of the G protein-coupled receptor (GPCR) family. GPCRs are the largest class of membrane proteins in the human genome.

β 1-ARs are predominantly expressed in the adult human heart and dominates as a major regulator of cardiac function. The activated receptor triggers Gs-protein coupling and increased cardiac 3',5'-cyclic adenosine monophosphate (or cAMP for short) levels. These molecular events manifest physiologically as increased [heart rate](#), increased conduction, reduced refractoriness within the atrioventricular node, increased contractility, and increased cardiac output.

Downregulation of β 1-ARs has been seen as the cause of most cases of heart failure, one of the leading causes of morbidity worldwide. Beta-blockers, which are inhibitors of β 1-ARs, are used to treat [high blood pressure](#) and heart failure, to manage abnormal heart rhythms, and to protect against myocardial infarction.

"In this Molecular Cell paper, we employed cryo-electron microscopy and signaling studies to investigate the [molecular mechanism](#) by which β 1-AR catalyzes the guanine-nucleotide exchange as the result of Gs activation" says Wei Liu.

"We have captured never-before-seen details of the conformational

changes during the Gs activation by isoproterenol-bound β 1-AR. Activated β 1-AR, serving as a guanine-nucleotide exchange factor (GEF) for Gs, deforms the GDP-binding pocket and induces a tilting of the C-terminal α 5-helix and the α -helical domain of Gs rotational opening away from its Ras-like domain," explains Lan Zhu, Assistant Research Scientist in SMS and Biodesign Center for Applied Structural Discovery and one of four co-first authors of this paper.

The other first authors include Minfei Su of Cornell University, Yixiao Zhang of The Rockefeller University and Navid Paknejad of Memorial Sloan Kettering Cancer Center.

"This structure of the adrenergic receptor complex with the effector G-protein reveals molecular details in the protein-protein interaction domains involved in the receptor activation," explains Liu. "This information allows for the design of new precision therapeutics to target cardiac diseases, one of the leading causes of death in the developed world."

In the past few years, single-particle cryogenic [electron microscopy](#) (cryo-EM) in particular has triggered a revolution in structural biology and has become a newly dominant discipline. Cryo-EM allows researchers to take a look at biological structures that were simply not accessible just a few years ago and is now exposing structures of unprecedented complexity in great detail.

Indeed, it is this technique utilized by the experts in the School of Molecular Sciences and the John M. Cowley Center for High Resolution Electron Microscopy in the College of Liberal Arts and Sciences at ASU that has enabled the current research.

"Wei Liu's work is typified by outstanding scholarship and a relentless commitment to making critical advances that will benefit science and

society at large," said Ian Gould, interim director of the School of Molecular Sciences.

In conclusion, these new results provide structural insights into the activation mechanism of Gs by β 1-AR and offer extremely promising details for improved therapeutic treatments for [cardiac disease](#).

Provided by Arizona State University

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