

Timing of gender-affirming care linked to mental health

September 21 2020



(HealthDay)—For gender-incongruent (GI) youth presenting for gender-

affirming medical care (GAMC), late pubertal stage and older age are associated with worse mental health, according to a study published online Sept. 21 in *Pediatrics*.

Julia C. Sorbara, M.D., from the Hospital for Sick Children and University of Toronto, and colleagues conducted a cross-sectional chart review of patients presenting to GAMC to examine the potential association between age of presentation and [mental health](#). Three hundred [youth](#) were classified as younger presenting youth (YPY;

Citation: Timing of gender-affirming care linked to mental health (2020, September 21) retrieved 28 April 2024 from <https://medicalxpress.com/news/2020-09-gender-affirming-linked-mental-health.html>

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