

Poverty-stricken adults more likely to be calcium-, vitamin D-deficient

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(HealthDay)—Adequate calcium and vitamin D intake in older



Americans is greatly influenced by ethnicity, sex, household income, and food security, according to a study recently published in *PLOS ONE*.

Keri Marshall, from Pharmavite in West Hills, California, and colleagues studied the <u>relationship</u> between calcium and vitamin D intake and poverty (an annual <u>household income</u> of

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