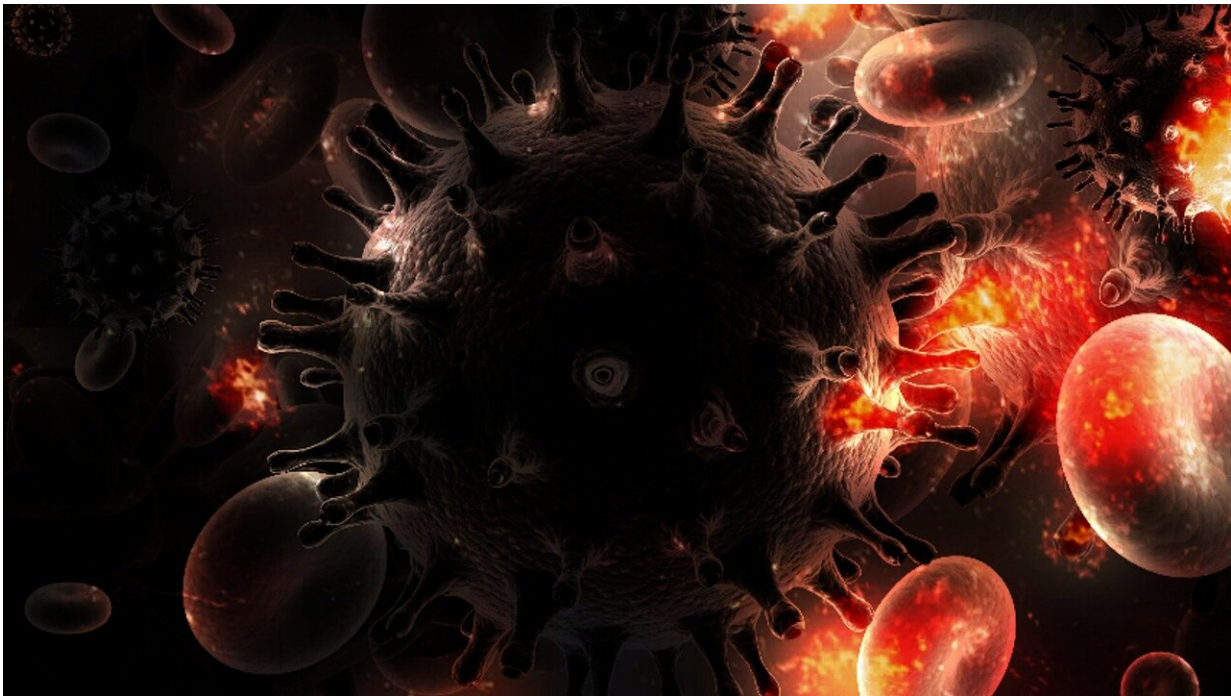


# State laws key to HIV prevention efforts

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HIV prevention remains a public health priority in the United States. Pre-exposure prophylaxis (PrEP) is a drug regimen recommended for individuals who have engaged in behaviors that place them at elevated risk for HIV. When used consistently, daily oral PrEP has been shown to reduce HIV transmission by 99 percent. However, despite increases in PrEP awareness and uptake over the past several years, data show that four of five people who could benefit from PrEP did not access the

medication in 2018.

In an article for the September issue of *Health Affairs*, researchers from the University of Pennsylvania School of Nursing (Penn Nursing) explored associations between state-level policies and PrEP uptake. They found that states with HIV criminalization laws (i.e., statutes that criminalize status non-disclosure) had a lower PrEP-to-need ratio, and states with comprehensive nondiscrimination laws for sexual and gender minorities had a higher PrEP-to-need ratio.

"Our study corroborates the growing consensus that HIV criminalization laws offer little to no public health benefit and inhibit HIV prevention efforts," says Stephen Bonett, Ph.D., RN, the first author of the article, and postdoctoral fellow at Penn Nursing's Program for Sexuality, Technology and Action Research (PSTAR).

"Given the evolving state of HIV prevention and the growing body of evidence showing that HIV criminalization may hinder public health efforts, state governments should move toward repealing HIV criminalization laws," the authors write. "In addition, legislative efforts should be directed toward improving access to HIV treatment and prevention and reducing stigma and discrimination against people living with HIV."

The article, "State-Level Discrimination Policies and HIV Pre-exposure Prophylaxis Adoption Efforts in the U.S." is set for publication this fall.

**More information:** Stephen Bonett et al, State-Level Discrimination Policies And HIV Pre-Exposure Prophylaxis Adoption Efforts In The US, *Health Affairs* (2020). [DOI: 10.1377/hlthaff.2020.00242](https://doi.org/10.1377/hlthaff.2020.00242)

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