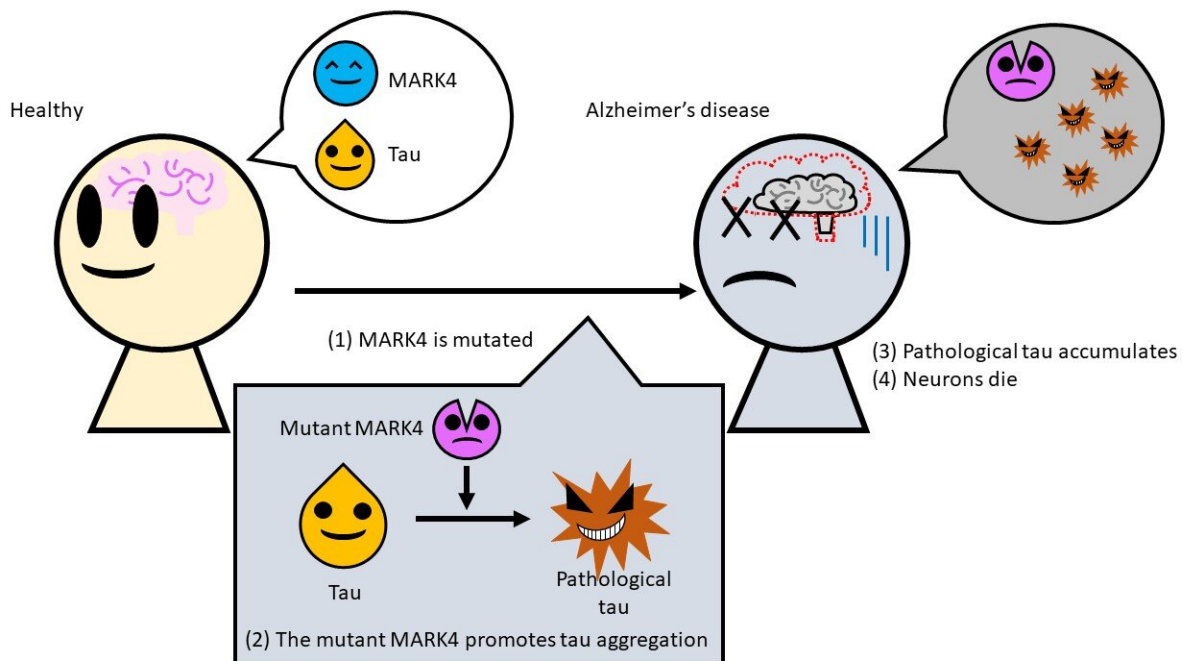


# Cause of Alzheimer's disease traced to mutation in common enzyme

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The mutant MARK4 creates a form of tau which accumulates easily in brain cells, causing neurons to die. Credit: Tokyo Metropolitan University

Researchers from Tokyo Metropolitan University have discovered a new mechanism by which clumps of tau protein are created in the brain, killing brain cells and causing Alzheimer's disease. A specific mutation to an enzyme called MARK4 changed the properties of tau, usually an important part of the skeletal structure of cells, making it more likely to

aggregate and more insoluble. Getting to grips with mechanisms like this may lead to breakthrough treatments.

Alzheimer's disease is a life-changing, debilitating condition, affecting tens of millions of people worldwide. According to the World Health Organization, it is the most common cause of senile dementia, with numbers worldwide expected to double every 20 years if left unchecked.

Alzheimer's is said to be caused by the build-up of tangled clumps of a [protein](#) called "tau" in brain [cells](#). These sticky aggregates cause neurons to die, leading to impairment in memory and motor functions. It is not yet clear how and why tau builds up in the [brain cells](#) of Alzheimer's patients. Understanding the cause and mechanism behind this unwanted clumping would open up the way to new treatments and ways to prevent the disease.

A team led by Associate Professor Kanae Ando of Tokyo Metropolitan University has been exploring the role played by the MARK4 (Microtubule Affinity Regulating Kinase 4) enzyme in Alzheimer's disease. When everything is working normally, the [tau protein](#) is an important part of the structure of cells, or the cytoskeleton. To keep the arms of the cytoskeleton, or microtubules, constantly building and disassembling, MARK4 actually helps tau detach from the arms of this structure.

Problems start when a mutation occurs in the gene that provides the blueprint for making MARK4. Previous work had already associated this with an increased risk of Alzheimer's, but it was not known why this was the case. The team artificially introduced mutations into transgenic *drosophila* fruit flies that also produce human tau, and studied how the proteins changed in vivo. They discovered that this mutant form of MARK4 makes changes to the tau protein, creating a pathological form of tau. Not only did this "bad" tau have an excess of certain chemical

groups that caused it to misfold, they found that it aggregated much more easily and were no longer soluble in detergents. This made it easier for tau to form the tangled clumps that causes neurons to degenerate.

MARK4 has also been found to cause a wide range of other diseases that involve the aggregation and buildup of other proteins. So the team's insights into tau protein buildup may lead to new treatments and [preventative measures](#) for an even wider variety of neurodegenerative conditions.

**More information:** Toshiya Oba et al, Microtubule Affinity Regulating Kinase 4 with an Alzheimer's disease-related mutation promotes tau accumulation and exacerbates neurodegeneration, *Journal of Biological Chemistry* (2020). [DOI: 10.1074/jbc.RA120.014420](https://doi.org/10.1074/jbc.RA120.014420)

Provided by Tokyo Metropolitan University

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