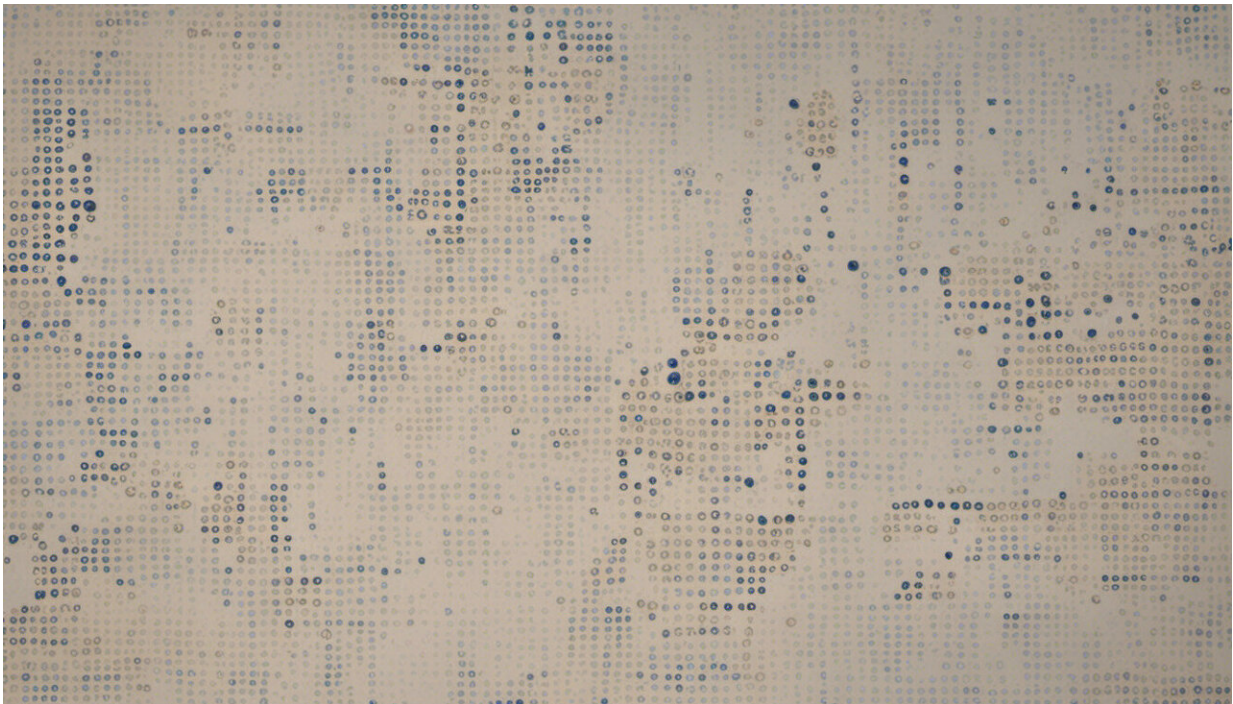


Buying and distributing a COVID-19 vaccine will involve hard ethical and practical choices

November 18 2020



Credit: AI-generated image ([disclaimer](#))

The world was ablaze with hope following the [announcement](#) last week that a vaccine developed by Pfizer and BioNTech may be more than 90% effective in preventing COVID-19.

New Zealand politicians were quick to point out 1.5 million doses had

already been pre-purchased through a legally binding agreement signed in late September to buy any [vaccine](#) to emerge from the multilateral [COVAX facility](#).

Within the week, a second potentially effective vaccine emerged from US biotech firm [Moderna](#). Health Minister Chris Hipkins [would not say](#) if New Zealand had negotiated for this option.

But assuming an approved vaccine is coming, attention then turns to logistics. Funding, procurement, storage and distribution all raise significant questions about values, decision-making and ethics.

We know there are multiple candidates for a COVID-19 vaccine, but there will be few "winners", as many countries have already pre-contracted substantial amounts based on calculated risk assessments of which will emerge first. Even then, the challenges will be immense.

For example, assuming the Pfizer vaccine does become available as a safe option, it must be held in "ultra-cold storage" at -70 degrees Celsius. As has been [observed](#) already, "Distributing an effective COVID-19 vaccine to the [global population](#) will likely be the greatest logistical challenge since World War II."

Who gets a vaccine first?

For New Zealand, as with all countries, the questions raised are complex: do we now spend a large amount of money to scale up a logistics, distribution and storage system for the Pfizer drug? Or should we wait for an alternative that is more effective, easier to transport and store, and possibly cheaper?

After all, the first available vaccine might not achieve the outcomes we want. But would it be fair (or feasible) to make the country wait?

Furthermore, because enough doses to treat everyone will [not be available](#) immediately, it will be necessary to prioritise recipients. What are the country's obligations here? Do we offer the vaccination first to the oldest, or the youngest, or the most vulnerable?

National health systems will have some idea about how to go about this, but wealthy countries have never faced an immediate requirement on this scale.

An ethical framework

Answering these questions means calling simultaneously on a number of different ethical perspectives:

- an ethic of justice to assess the fairness of a decision
- an ethic of [consequentialism](#) to look at outcomes
- the ethics of obligations to see who we may have made commitments to
- an ethic of care to look at individual cases, rather than relying on abstract logic.

Only when we combine these perspectives can we begin to make sense of priorities.

The vaccine marketplace is a kind of oligopoly, with a few extremely large firms deciding which vaccines get made, when and at what price. Pharmaceutical companies are reluctant to invest in producing new vaccines for the [developing world](#) because they have little prospect of earning an attractive return.

While global organisations such as vaccine alliance [GAVI](#) have been instrumental in getting vaccines to developing countries, given the geopolitics of procurement it could be a long time before an effective

COVID-19 option reaches the poorest populations.

The moral dimension

All this points to the deeper ethical issue of inequality. Many agencies, including the World Health Organisation (WHO), have [demonstrated](#) that health outcomes are related to socio-economic, ethnic and gender inequalities. COVID-19 has only made these inequalities worse.

Only last week, for example, a [UK study](#) showed 57.7 more people per 100,000 have died in the poorest areas of northern England than in the rest of the country.

This matches [other research](#) showing how the pandemic has disproportionately affected poorer families, including their being less likely to be able to work from home or adapt to home-schooling.

Limited or selective availability of a vaccine could exacerbate these problems. And while New Zealand may be in a relatively privileged position, this doesn't mean there won't be [negative consequences](#) for other countries.

This adds an international dimension to our national dilemma: we have a duty to protect our own citizens, but is there a way we can minimise harm to others at the same time?

This article is republished from [The Conversation](#) under a Creative Commons license. Read the [original article](#).

Provided by The Conversation

Citation: Buying and distributing a COVID-19 vaccine will involve hard ethical and practical

choices (2020, November 18) retrieved 6 May 2024 from
<https://medicalxpress.com/news/2020-11-covid-vaccine-involve-hard-ethical.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.