

How the US health-care system works—and how its failures are worsening the pandemic

November 19 2020, by Stephen Duckett



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The United States does not have a health system—it has multiple systems, with no coherence.

If you are an armed services veteran, you have access to a comprehensive, centrally coordinated, government-run [health](#) service.

If you are over 65, you are covered by Medicare, a federally funded, quite generous insurance-based system.

If you are poor, the partly federally funded but state-run Medicaid system is your option. The extent of your eligibility will vary depending on the state you live in, but the system is generally pretty mean in terms of income thresholds for eligibility.

If you are employed, your employment package may include [health insurance coverage](#) and you generally get to choose—from a panel selected by your employer—which insurer will cover you in the forthcoming year.

The types of insurers on offer normally include those operating a fee-for-service model like Australian private health insurance, and those offering a whole-of-care experience where the insurer is also the provider, or is closely linked to the provider, and covers all care for a fixed sum each year.

The "Obamacare" [reforms](#) added an option, for those without other coverage, of insuring through federal and state "[marketplaces](#)". These marketplaces enabled people to avoid the very high premiums that was the norm for individually-negotiated private insurance, by sharing risks across the insured in a bulk-buy arrangement.

More expensive but less effective

Despite these reforms, almost [15% of adults aged 18-64 have no insurance coverage at all](#). That number is projected to rise in the short term because outgoing President Donald Trump [wound back some of the Obamacare provisions](#).

Unlike Australia, the U.S. has no network of public hospitals to be

coordinated and mobilized during the COVID pandemic. [More than half of U.S. hospitals are not-for-profit](#), and they negotiate contracts with multiple insurers for their income.

Health insurers control their costs by charging customers out-of-pocket fees, and by limiting the number of service providers covered by the plan. If you go to an uncovered provider, you pay the whole bill yourself.

You learn a lot about a healthcare system when a global crisis hits & different nations have different results. Canada's single-payer system is saving lives. The U.S. profit-driven corporate model is failing.

I'll regret slandering Canada's system for the rest of my life. (6/6)

— Wendell Potter (@wendellpotter) [June 25, 2020](#)

Some hospitals and health services in the U.S. provide the best care in the world, albeit at very high cost.

Overall, the U.S. [health system](#) is very expensive and costs roughly [twice as much as the Australian health system per person](#).

Despite this, Americans have [lower life expectancy](#) than Australians.

Individualism, less regulation, more gaps

It is impossible to understand the U.S. health system without considering America's ideological and political context.

Politics is highly partisan. Obamacare is [still being fought in the courts](#), a decade after it was signed into law, [to limit its coverage and impact](#). Public opinion polling shows that Obamacare's popularity continues to

increase, but an overwhelming majority (76%) of Republicans polled [supported the Supreme Court overturning it](#).

The dominant political ideology in the U.S. is much more individualistic and against social service provision than in Australia. This translates into less regulation and more gaps in the social safety net.

Politics matters too. Trump [denied the reality of COVID](#), ignored scientific advice about its importance, and failed to develop meaningful strategies to contain the threat. [He gutted](#) the internationally well-regarded specialist infection control organization—the Centers for Disease Control—in favor of [untested treatments](#).

The perfect storm

A health system that's uneven at best, and a national individualistic orientation, overseen by an idiosyncratic COVID-denying president, created the [disastrous conditions fuelling the COVID surge in the U.S.](#)

There is therefore no national strategy. The president [does not attend meetings of the Coronavirus Task Force he established](#). States and cities [do their own thing](#).

Unlike the situation in Australia, where all the states stepped up to lead the public health response, state responses in the U.S. have often been weak, following the COVID-denying example of Trump—taking no or very limited actions while the [virus spreads in their states](#).

The individualistic orientation translates into less concern about social norms and social solidarity—so less mask wearing, and less support for restrictions on liberties such as lockdowns.

The weak insurance arrangements meant that uninsured people faced

[huge out-of-pocket costs for coronavirus testing](#), so they didn't get tested and potentially spread the infection.

Antipathy to masks and restrictions allowed infections to spread too. The record number of infections—[11 million Americans infected and 250,000 deaths](#)—has overwhelmed the health system, leaving people unable to get access to care in an emergency, whether COVID-related or not.

COVID is not the flu. It can have long-term effects on people's health and well-being. So the disastrous Trump legacy of COVID mismanagement will have an impact on the dysfunctional United States health system for months and years to come, with poor, rural areas—ironically also mostly Trump-voting—and people of color among the hardest hit.

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