

# Incidence of restless leg syndrome high in pregnancy

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(HealthDay)—The incidence of restless leg syndrome (RLS) is high in

pregnancy, according to a study published online Nov. 11 in *Neurology*.

Muzi Na, Ph.D., from the Pennsylvania State University in University Park, and colleagues examined the relative risks of demographic, socioeconomic, and nutritional factors in association with the risk for any incident RLS in [pregnancy](#) in a cohort of 2,704 healthy pregnant women.

The researchers found that the cumulative incidence of RLS in pregnancy was 18.1 percent for all women and 20.3, 15.4, 17.1, and 21.1 percent for White, Black, Hispanic, and Asian women, respectively. In Hispanic women, a higher risk for RLS was seen in association with older age (25 to 35 versus

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