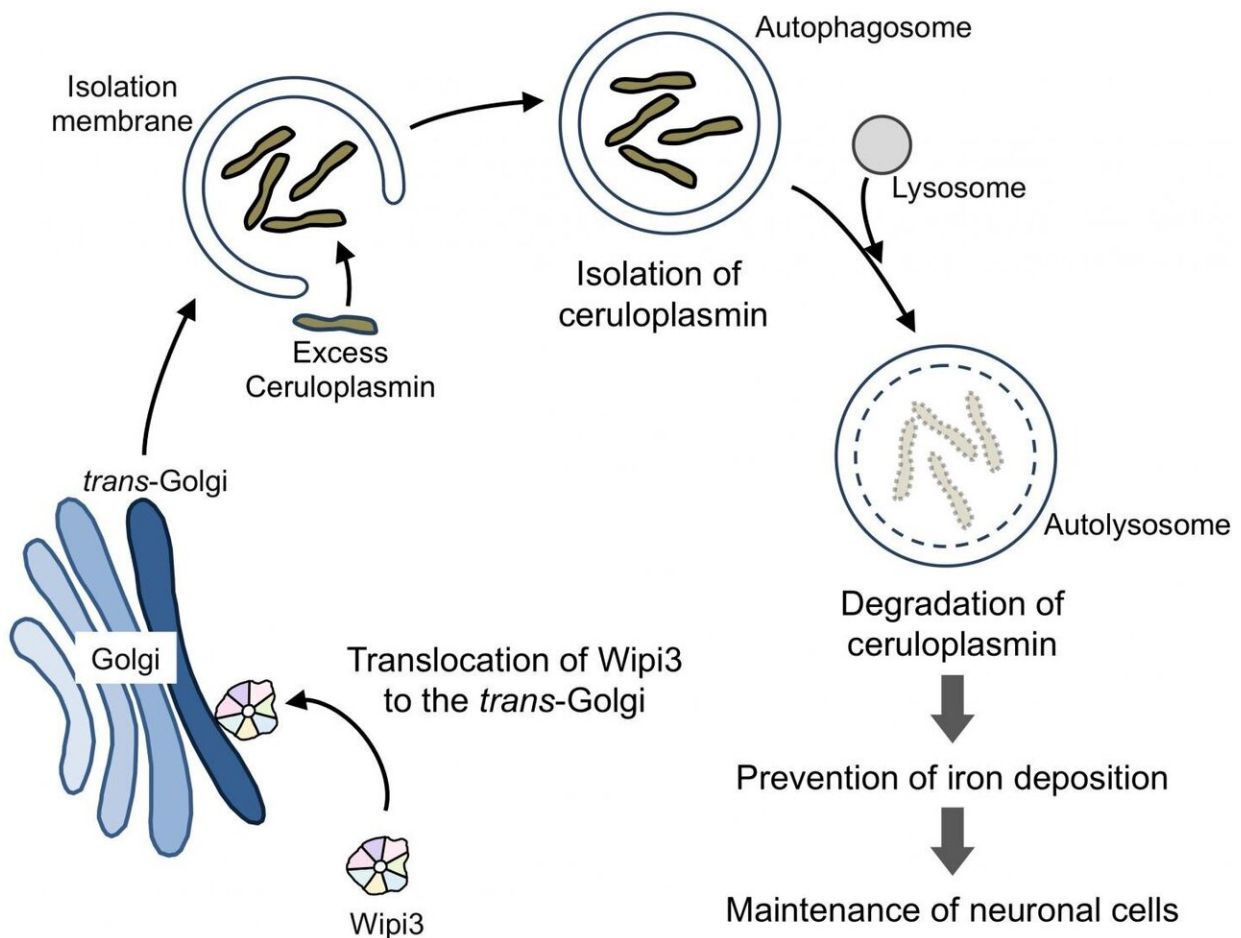


# Taking out the trash is essential for brain health

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Wipi3 is translocated from the cytosol to the trans-Golgi, and manipulates the trans-Golgi membrane to generate autophagic vacuoles. In vivo, Wipi3-dependent alternative autophagy degrades excess ceruloplasmin, and prevents abnormal iron deposition in brain cells. Credit: Department of Pathological Cell Biology, TMDU

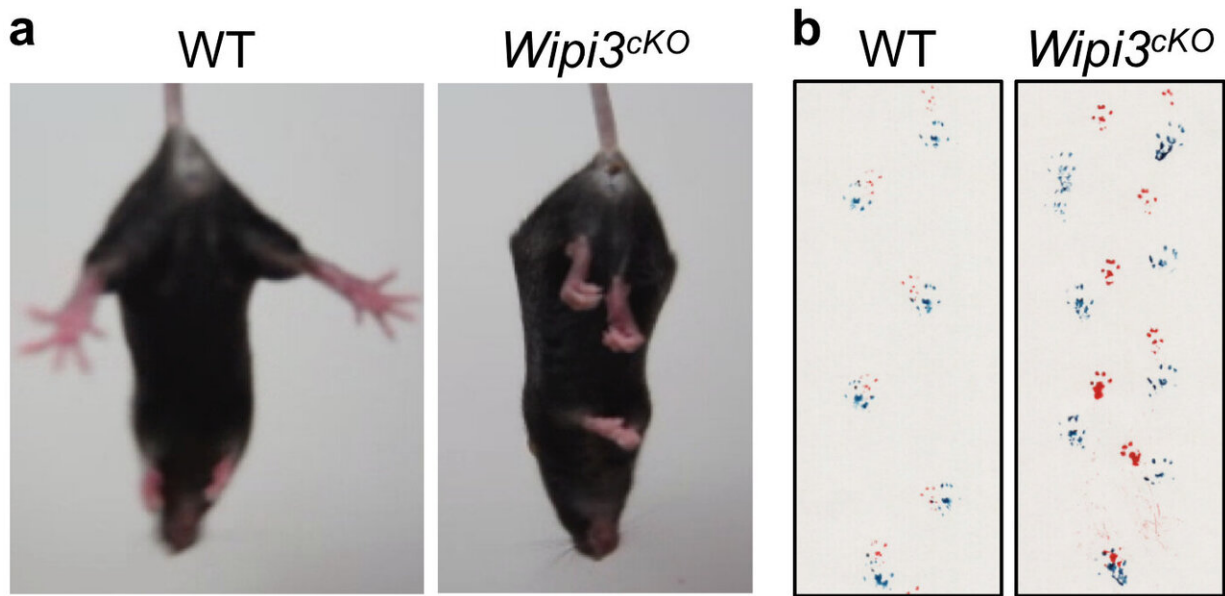
A little mess never killed anyone, right? Wrong. Researchers at Tokyo Medical and Dental University (TMDU) have recently shown that a build-up of cellular 'trash' in the brain can actually cause neurodegeneration, and even death.

Reporting their findings in *Nature Communications*, the researchers describe how defects in a cellular waste disposal mechanism, called 'alternative [autophagy](#),' can lead to a lethal build-up of iron and protein in brain cells.

"Cells are constantly clearing out dysfunctional or unnecessary components, which are then degraded and recycled," explains study lead author Hirofumi Yamaguchi. "Autophagy is the process whereby unwanted cellular components and proteins are contained within a spherical double-membraned vesicle called an autophagosome, which fuses with an enzyme-filled lysosome to form an autolysosome. The waste material is then broken down and reused by the cell."

This common form of autophagy, called canonical autophagy, is well characterized and involves a suite of autophagy-related proteins, such as Atg5 and Atg7. More recently though, several Atg5-independent alternative autophagy pathways have also been described, the biological roles of which remain unclear.

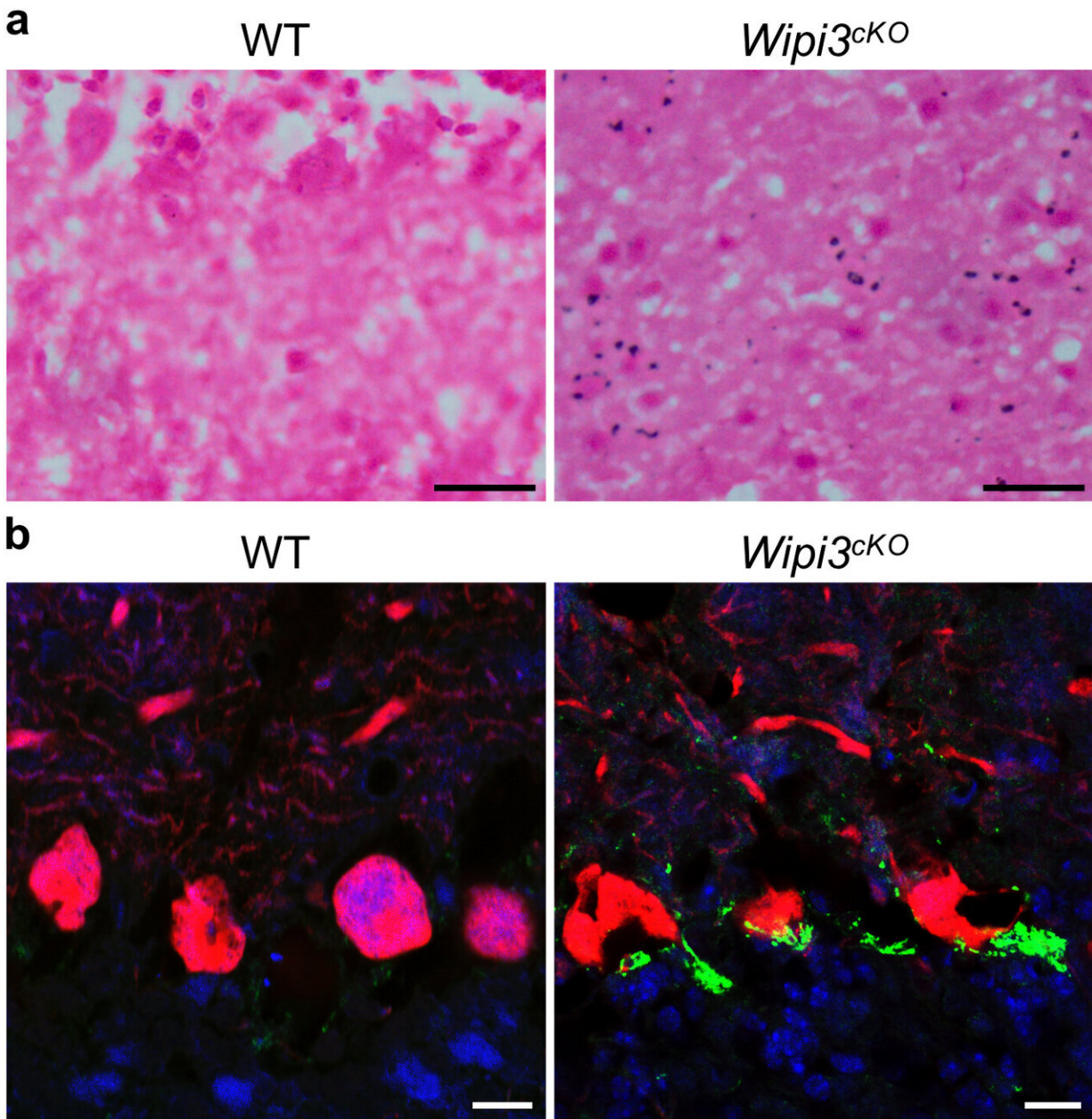
After identifying alternative autophagy-related proteins in yeast, the team at TMDU focused on a mammalian ortholog called "Wipi3", which had previously been implicated in canonical autophagy. "When we deleted Wipi3 in a mouse cell line and induced alternative autophagy, we no longer observed the formation of double-membraned autophagosomes or single-membraned autolysosomes, confirming that Wipi3 is essential for alternative autophagy," says Yamaguchi.



Abnormal motor performance in *Wipi3<sup>cKO</sup>* mice at 10 weeks of age. In (a), the limb-clasping reflex is observed in *Wipi3<sup>cKO</sup>* mice. In (b), the footprint assay indicated a motor deficit in *Wipi3<sup>cKO</sup>* mice. Credit: Department of Pathological Cell Biology, TMDU

Mice containing a brain-specific deletion of *Wipi3* demonstrated growth and motor defects most commonly seen in patients with neurodegeneration, with the researchers also noting an accumulation of iron and the iron-metabolizing protein ceruloplasmin in the [brain cells](#) of affected mice.

"Iron deposition has been flagged as a possible trigger in various neurodegenerative disorders, and is usually associated with the abnormal accumulation of iron-binding proteins," explains study senior author Shigeomi Shimizu. "Our findings are strong evidence that alternative autophagy, and *Wipi3* specifically, may be essential for preventing this toxic build-up of iron."



Cryosections of the cerebellum from *Wipi3<sup>cKO</sup>* mice and WT mice were stained with Prussian blue (a) and were immunostained with anti-ceruloplasmin (green) and anti-calbindin (red) antibodies (b). Blue puncta indicate iron deposition in (a). Credit: Department of Pathological Cell Biology, TMDU



Interestingly, although Wipi3-deficient and Atg7 (canonical autophagy)-deficient mice showed similar motor defects, they exhibited very different sub-cellular changes, suggesting that alternative autophagy and canonical autophagy act independently to protect neurons. Supporting this, deletion of both Wipi3 and Atg7 in mice was almost always fatal.

The researchers are hopeful that this research could lead to the development of neuroprotective drugs. Preliminary tests indicate that over-expression of Dram1, another alternative autophagy-associated [protein](#), can reverse the effects of Wipi3 deletion, and may form the basis of future therapies for various neurodegenerative diseases. The article, "Wipi3 is essential for alternative autophagy and its loss causes neurodegeneration," was published in *Nature Communications*.

**More information:** Hirofumi Yamaguchi et al, Wipi3 is essential for alternative autophagy and its loss causes neurodegeneration, *Nature Communications* (2020). [DOI: 10.1038/s41467-020-18892-w](https://doi.org/10.1038/s41467-020-18892-w)

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