

Researchers work to reduce child-directed food marketing on educational websites

December 10 2020



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A new article, published in the *American Journal of Preventive Medicine* by a team of researchers and advocates including Dartmouth faculty, asserts that current gaps in the regulation of commercial educational

websites are exposing children to unhealthy food marketing.

"Our main issue is that if the USDA (United States Department of Agriculture) not deem products to be nutritious enough to sell in schools, companies shouldn't be allowed to advertise them on school-issued devices that children now need to use because of the COVID-19 pandemic," explains Jennifer Emond, Ph.D., MS, an assistant professor of biomedical data science and of pediatrics at Dartmouth's Geisel School of Medicine and lead author on the paper.

After doing extensive research on the topic, the study team visited several of the most popular commercial educational websites between March-July 2020. They scanned for the presence of unhealthy [food marketing](#) and found a number of ads for sugary cereals, [fast food](#), and packaged kids' meals on websites such as ABCya!, which offers more than 400 educational games and apps for children in pre-kindergarten to grade 5.

As part of their research project, the core group, which now includes a coalition of more than 20 academic, [public health](#), education, and advocacy organizations, wrote letters to the major companies involved and their governing agency, the Children's Food and Beverage Advertising Initiative (CFBAI), requesting that they stop [food](#) marketing on educational platforms for children.

They also reached out to the USDA, asking that the agency issue guidance on the topic and to help strengthen schools' local wellness policies, which traditionally have been focused on prohibiting unhealthy foods and beverages in classrooms and on school grounds.

As a result, a number of major food companies—including McDonald's, General Mills, Kraft Heinz, and Kellogg, which advertise products like Happy Meals, Lunchables, and Frosted Flakes—pledged to stop food

marketing on educational websites for the remainder of the year.

While these were notable steps for the companies and CFBAI, which is responsible for the self-regulation of child-directed food marketing in the U.S., the pledges aren't permanent and they allow for many exceptions, says Emond, who adds that the group plans to make a new request to the USDA to limit this type of marketing under the incoming Biden administration.

"We want to see the USDA make sure that the food marketing policies within schools also cover school-issued devices," she says. "And we want the companies to follow suit—to not [market](#) their products on any computer, app, platform, or [website](#) that promotes itself as educational curriculum."

Fran Fleming-Milici, Ph.D., a co-author on the study and director of marketing initiatives at the University of Connecticut Rudd Center for Food Policy and Obesity, adds: "When parents and teachers direct children to educational platforms to support online learning, exposure to the marketing of junk food should not be part of that experience. Children's education and health should be put ahead of companies' profits."

More information: Jennifer A. Emond et al, Unhealthy Food Marketing on Commercial Educational Websites: Remote Learning and Gaps in Regulation, *American Journal of Preventive Medicine* (2020). [DOI: 10.1016/j.amepre.2020.10.008](https://doi.org/10.1016/j.amepre.2020.10.008)

Provided by The Geisel School of Medicine at Dartmouth

Citation: Researchers work to reduce child-directed food marketing on educational websites

(2020, December 10) retrieved 26 April 2024 from
<https://medicalxpress.com/news/2020-12-child-directed-food-websites.html>

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