

Coronavirus vaccines: How will we know when life can go back to normal?

December 17 2020, by Jasmina Panovska-Griffiths



Credit: Pixabay/CC0 Public Domain

The first people have begun to receive vaccines in the UK and US as part of [mass vaccination campaigns](#) to immunize people against COVID-19. Excitement is building—finally, the end of the coronavirus crisis is in

sight.

Since early December, elderly patients and health workers in 50 hospitals across the UK have been [given the vaccine](#) developed by [Pfizer and BioNTech](#). This [vaccine](#) has also been granted emergency use authorisation by the [Food and Drug Administration](#) in the US and is currently being administered to the first priority groups.

The popular assumption is that the Pfizer/BioNTech vaccine and the others in development will reduce severity of the disease, reduce transmission of the SARS-CoV-2 virus, provide population immunity and get us back to the normality of the pre-COVID era.

While scientists, including myself, are very excited at the prospect of an effective vaccine and the prospect of returning to normality, it is important to temper this enthusiasm with caution. Several questions still remain about how much protection an effective vaccine offers, to whom and for how long.

A bumper crop of vaccines

Starting a mass vaccination program is an important first step towards ending this pandemic. And it has come relatively quickly. Producing an effective vaccine against an infectious disease is a long process that in the past has usually taken many years.

The development of the COVID-19 vaccine this year, on the other hand, has been extraordinarily fast. It has shown how quickly scientific development can be achieved via collaborative hard work, and how much the will can produce the means. During 2020, [61 vaccines have been developed](#), with a number of these in [clinical trials](#), and some reporting a more than 90% efficacy rate against COVID-19. There is no doubt that it has been a year of remarkable progress.

But even when widely used, the efficacy of vaccines has not historically been guaranteed. Only one disease, smallpox, has ever been truly eradicated—and achieving that took more than 200 years. Meanwhile, we continue to live with diseases such as polio, tetanus, measles and tuberculosis, with the wide use of vaccines helping protect vulnerable cohorts. So we don't yet know if immunization will get rid of COVID-19 for good.

Learning from the roll-out

There are other questions for which we also need answers.

The efficacy of the vaccine during a clinical trial is measured by how many cases occurred in the vaccinated group. To ascertain the efficacy across the population, further details are needed on whether these cases are mostly mild or whether they include significant numbers of moderate and severe cases.

We also need clarity on transmission—will the vaccine prevent asymptomatic people or those with very mild symptoms of COVID-19 from spreading the virus? The [recent resurgence of the virus](#) suggests that transmission of COVID-19 is not slowing down, and that we need a transmission-blocking vaccine to truly bring about the end of the pandemic. A severity-reducing vaccine will prevent deaths and the overwhelming of hospitals, but not stop the spread.

Whether the Pfizer/BioNTech vaccine or the other vaccines in late-stage trials can achieve this is difficult to assess, because this would require routinely testing all trial participants as well as their contacts—this is difficult to do in such large numbers. Instead, as the vaccines roll out in the UK and the US, the after-effects will be closely watched and we will get a better feel of the overall impact.

Another aspect that we need to understand is how well the vaccine may work across different age, population and risk cohorts. Finally, there is the question of how long immunity will last. People need to be watched and tracked three, six and 12 months after receiving the vaccine to assess the different levels of protective antibodies in their blood.

Modeling

We can't wait a year to find out the answer to all these questions. This is where mathematical modeling of possible epidemic trajectories with different vaccination scenarios can be helpful.

Mathematical modeling has been at the forefront of policy decision-making worldwide throughout the pandemic, as it allows us a way to assess the potential effects of both [non-pharmaceutical interventions](#) – such as [lockdown](#) or different [test, trace](#) and [isolate](#) strategies—and pharmaceutical interventions [such as a vaccine or antiviral treatment](#).

Modeling can help us explore what the effect of different levels of vaccine efficacy and coverage (percentage of people vaccinated) will be on the reproduction number R (which indicates the rate of transmission in the population) or on the number of COVID-19 cases and deaths. We can also explore the potential differences between a vaccine that reduces severity, one that blocks transmission and one that does both. We can model how these outcomes change if we combine different levels of [coronavirus](#) restrictions with different vaccines.

Together with colleagues, I am working on answering such questions and exploring whether vaccination against COVID-19 will stave off third and subsequent waves.

For now, we are still very early in the vaccination campaigns and we do not yet even have published results from our models. So unfortunately

it's still too difficult to say whether life will go back to normal next year.

The good news is that by combining the results from the recently started mass vaccination campaigns in the UK and the US with mathematical modeling, we will soon have some of the answers we need.

We should all be excited at the prospect of an effective vaccine, but we should also be wary of the fact that we are not there yet. And until we get there, we need to follow [the COVID-19 safety measures](#) to protect ourselves and others.

This article is republished from [The Conversation](#) under a Creative Commons license. Read the [original article](#).

Provided by The Conversation

Citation: Coronavirus vaccines: How will we know when life can go back to normal? (2020, December 17) retrieved 7 May 2024 from <https://medicalxpress.com/news/2020-12-coronavirus-vaccines-life.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.