

# 'Relieved': US health workers start getting COVID-19 vaccine

December 14 2020, by Lauran Neergaard

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Boxes containing the Pfizer-BioNTech COVID-19 vaccine are prepared to be shipped at the Pfizer Global Supply Kalamazoo manufacturing plant in Portage, Mich., Sunday, Dec. 13, 2020. (AP Photo/Morry Gash, Pool)

The biggest vaccination campaign in U.S. history kicked off Monday as

health workers rolled up their sleeves for shots to protect them from COVID-19 and start beating back the pandemic—a day of optimism even as the nation's death toll closed in on 300,000.

"I feel hopeful today. Relieved," critical care nurse Sandra Lindsay said after getting a shot in the arm at Long Island Jewish Medical Center in New York. "I feel like healing is coming."

With a countdown of "3-2-1," workers at Ohio State University's Wexner Medical Center gave the first injections to applause.

And in suburban New Orleans, Steven Lee, an intensive care unit pharmacist at Ochsner Medical Center, summed up the moment as he got his own vaccination: "We can finally prevent the disease as opposed to treating it."

Other hospitals around the country, from Rhode Island to Texas, unloaded precious frozen vials of vaccine made by Pfizer Inc. and its German partner BioNTech, with staggered deliveries set throughout the day and Tuesday. A few other countries have authorized the vaccine, including Britain, which started vaccinating people last week, and Canada, which began doing so on Monday.

For health care workers, who along with nursing home residents will be first in line for vaccination, hope is tempered by grief and the sheer exhaustion of months spent battling a coronavirus that still is surging in the U.S. and around the world.



A box containing the Pfizer-BioNTech COVID-19 vaccine is wheeled to a freezer as it arrives at Rhode Island Hospital in Providence, R.I., Monday, Dec. 14, 2020. (AP Photo/David Goldman)

"This is mile 24 of a marathon. People are fatigued. But we also recognize that this end is in sight," said Dr. Chris Dale of Swedish Health Services in Seattle.

Packed in dry ice to stay at ultra-frozen temperatures, the first of nearly 3 million doses being shipped are a down payment on the amount needed. More of the Pfizer-BioNTech vaccine will arrive each week. And later this week, the FDA will decide whether to green-light the world's second rigorously studied COVID-19 vaccine, made by Moderna Inc.



While the U.S. hopes for enough of both vaccines together to vaccinate 20 million people by the end of the month, there won't be enough for the average person to get a shot until spring.

"This is the light at the end of the tunnel. But it's a long tunnel," New York Gov. Andrew Cuomo said.

Now the hurdle is to rapidly get vaccine into the arms of millions, not just doctors and nurses but other at-risk health workers such as janitors and food handlers—and then deliver a second dose three weeks later.



Dry ice is poured into a box containing the Pfizer-BioNTech COVID-19 vaccine as it is prepared to be shipped at the Pfizer Global Supply Kalamazoo manufacturing plant in Portage, Mich., Sunday, Dec. 13, 2020. (AP Photo/Morry Gash, Pool)

"We're also in the middle of a surge, and it's the holidays, and our health care workers have been working at an extraordinary pace," said Sue Mashni, chief pharmacy officer at Mount Sinai Health System in New York City.

Plus, the shots can cause temporary fever, fatigue and aches as they rev up people's immune systems, forcing hospitals to stagger employee vaccinations.

A wary public will be watching closely to see whether health workers embrace vaccinations. Just half of Americans say they want to get vaccinated, while about a quarter don't and the rest are unsure, according to a recent poll by The Associated Press-NORC Center for Public Health Research.

The FDA, considered the world's strictest medical regulator, said the Pfizer-BioNTech vaccine, which was developed at breakneck speed less than a year after the virus was identified, appears safe and strongly protective, and the agency laid out the data in a daylong public meeting last week for scientists and consumers alike to see.



Pharmacy manager Karen Nolan, wheels a box containing the Pfizer-BioNTech COVID-19 vaccine next to a storage freezer as it arrives at Rhode Island Hospital in Providence, R.I., Monday, Dec. 14, 2020. (AP Photo/David Goldman)



Pharmacists Richard Emery, left, and Karen Nolan, wheel a box containing the Pfizer-BioNTech COVID-19 vaccine next to a storage freezer as it arrives at Rhode Island Hospital in Providence, R.I, Monday, Dec. 14, 2020. (AP Photo/David Goldman)





A FedEx driver delivers a box containing the Pfizer-BioNTech COVID-19 vaccine to Rhode Island Hospital in Providence, R.I., Monday, Dec. 14, 2020. (AP Photo/David Goldman)





Pharmacy manager Karen Nolan wheels a box containing the Pfizer-BioNTech COVID-19 vaccine into an elevator as it arrives at Rhode Island Hospital in Providence, R.I., Monday, Dec. 14, 2020. (AP Photo/David Goldman)



Pharmacists wheel a box containing the Pfizer-BioNTech COVID-19 vaccine to a freezer as it arrives at Rhode Island Hospital in Providence, R.I, Monday, Dec. 14, 2020. (AP Photo/David Goldman)



A FedEx driver gives a thumbs up after delivering a box containing the Pfizer-BioNTech COVID-19 vaccine to pharmacists Richard Emery, right, and Karen Nolan as it arrives at Rhode Island Hospital in Providence, R.I, Monday, Dec. 14, 2020. (AP Photo/David Goldman)

"Please, people, when you look back in a year and you say to yourself, 'Did I do the right thing?' I hope you'll be able to say, 'Yes, because I looked at the evidence,'" Dr. Francis Collins, director of the National Institutes of Health, said Sunday on NBC's "Meet the Press." "People are dying right now. How could you possibly say, 'Let's wait and see'?"

Still, the vaccine was cleared for emergency use before a final study in nearly 44,000 people was complete. That research is continuing to try to answer additional questions.

For example, while the vaccine is effective at preventing COVID-19 illness, it is not clear if it will stop the symptomless spread that accounts for half of all cases.

The shots still must be studied in children and during pregnancy. But the American College of Obstetricians and Gynecologists said Sunday that vaccination should not be withheld from pregnant women who otherwise would qualify.

Also, regulators in Britain are investigating a few severe allergic reactions. The FDA instructed providers not to give the vaccine to those with a known history of severe allergic reactions to any of its ingredients.

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