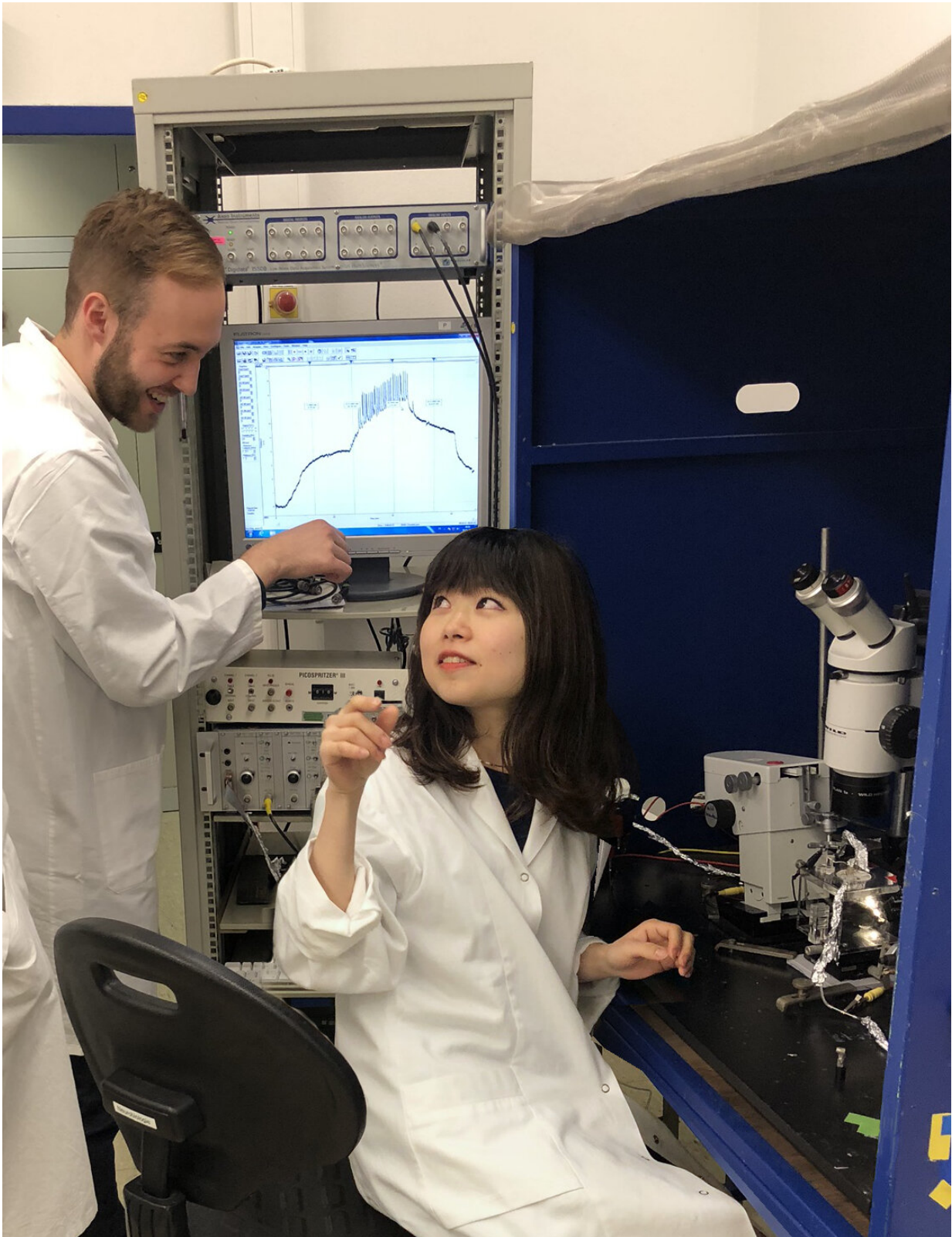


# Epilepsy research focused on astrocytes

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Mariko Onodera and Jan Meyer perform an experiment with potassium-sensitive

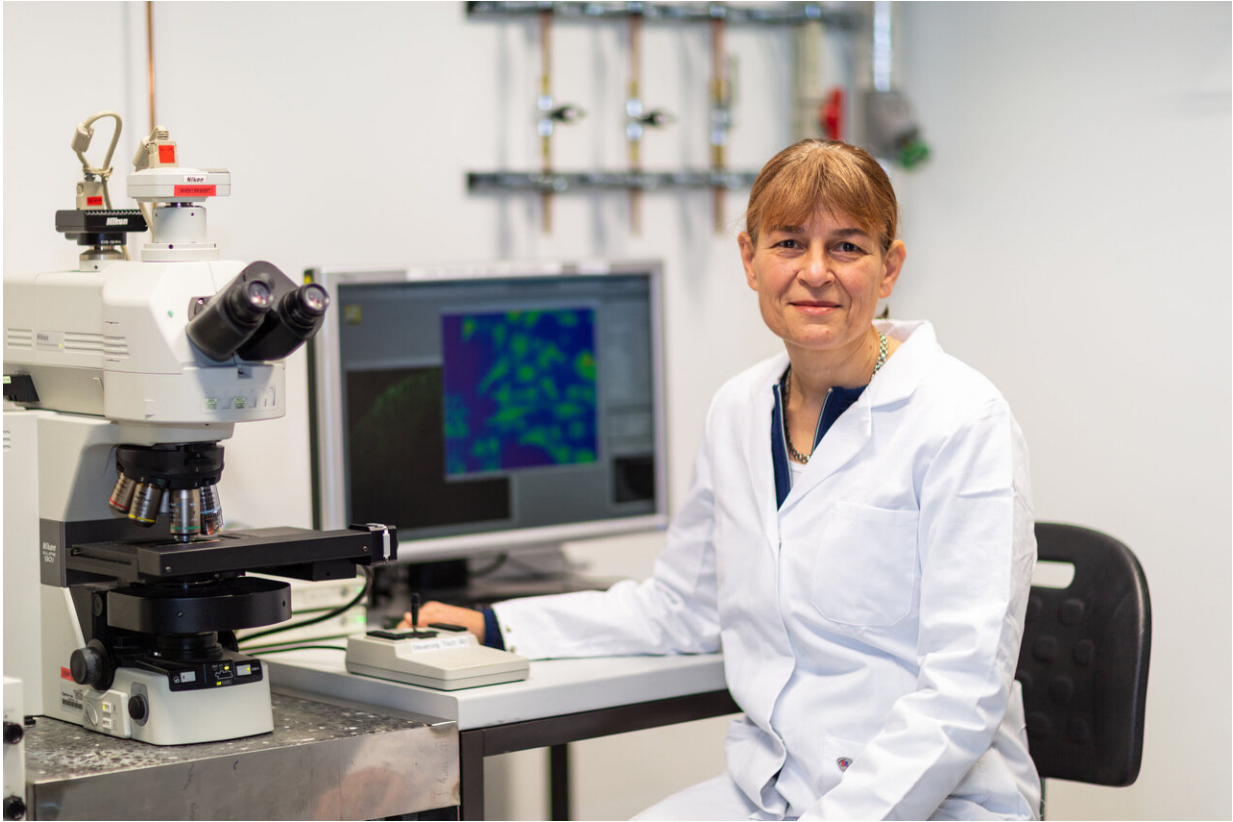
microelectrodes in the Institute of Neurobiology at HHU. Credit: HHU / Institute of Neurobiology

During epileptic seizures, a large number of nerve cells in the brain fire excessively and in synchrony. This hyperactivity may lead to uncontrolled shaking of the body and involve periods of loss of consciousness. While about two thirds of patients respond to anti-epileptic medication, the remainder is refractory to medical treatment and shows drug-resistance. These patients are in urgent need for new therapeutic strategies.

Together with colleagues in Japan, Prof. Dr. Christine Rose and her doctoral student Jan Meyer from the Institute of Neurobiology at HHU have performed a study to address the cellular mechanisms that promote the development of epilepsy. While up to now, most studies and anti-epileptic drugs targeted [nerve cells](#) (neurons), this research team focused on a class of glial [cells](#) known as astrocytes.

Glial cells account for approximately half of all cells in the brain. There are different types of glial cells, which perform different functions. Astrocytes control the [local environment](#) and are responsible for the ion balance in the brain, but also play an important role in signal transmission between neurons.

In their recent paper, the researchers show that epileptic discharges lead to a rise in the pH of astrocytes, that is in their intracellular 'alkalisation'. The change in pH disrupts the communication within the intercellular [astrocyte](#) networks. This reduced communication between astrocytes appears to exacerbate epileptic activity of neurons.



Prof. Dr. Christine Rose, Head of the Institute of Neurobiology. Credit: HHU / Christoph Kawan

This finding points towards a potential new target for suppressing epileptogenesis at a very early stage, namely by using drugs to suppress changes in astrocytic pH accompanying neuronal activity.

The researchers were able to confirm this option by showing that animals which were given such drugs suffered less severely from epileptic hyperexcitability than untreated animals.

Prof. Rose said: "This observation is very intriguing. But it still needs to be established whether or not it can be transferred to humans. And it will take a very long time before any potential drug can be developed and be

really used in the clinics."

**More information:** Mariko Onodera et al. Exacerbation of epilepsy by astrocyte alkalization and gap junction uncoupling. *Journal of Neuroscience* 21 January 2021, JN-RM-2365-20; DOI: [doi.org/10.1523/JNEUROSCI.2365-20.2020](https://doi.org/10.1523/JNEUROSCI.2365-20.2020)

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