

COVID-defying nun toasts 117th birthday with wine and prayer

February 11 2021, by John Leicester and Jeffrey Schaeffer



This photo provided by the Sainte-Catherine Laboure care home communications manager shows Lucile Randon, Sister Andre's birth name, waiting for the birthday lunch in Toulon, southern France, Thursday, Feb. 11, 2021. Sister Andre, believed to be the world's second-oldest person, was celebrating her 117th birthday on Thursday. (Sainte-Catherine Laboure care home/ David Tavella via AP)

Question: How does one cram enough candles onto a birthday cake for one of the world's oldest survivors of COVID-19? Answer: With 117 candles, you can't.

A French nun who is believed to be the world's second-oldest person celebrated her 117th birthday in style on Thursday, with multiple treats and well-wishes, cards and flowers to fete her exceptional longevity through two world wars and a recent coronavirus infection.

Sister André also got a Mass in her honor and a feast with Champagne, red wine and port. Then came a nap followed by more festivities, including an afternoon snack of baked Alaska, her favorite dessert.

"It made me very, very, very, very happy," the birthday girl said.

"Because I met all those I love and I thank the heavens for giving them to me. I thank God for the trouble they went to."

Sister André's big day got rolling with a morning video call with her great-nephews and great-great nephews, followed by a Mass in her honor led by the local Catholic bishop, said David Tavella, the communications manager for the care home in the southern French city of Toulon where the nun lives.

Her birthday feast included a starter of foie gras, followed by capon with fragrant mushrooms. "All of it washed down with red wine, because she drinks red wine. It's one of her secrets of longevity," Tavella told The Associated Press. There was also port and Champagne "because 117 years have to be toasted," he said.



This photo provided by the Sainte-Catherine Laboure care home communications manager shows Lucile Randon, Sister Andre's birth name, speaking on the phone in Toulon, southern France, Thursday, Feb. 11, 2021. Sister Andre, believed to be the world's second-oldest person, was celebrating her 117th birthday in modern style on Thursday. (Sainte-Catherine Laboure care home/ David Tavella via AP)

She skipped dessert because she was tired, but got it served to her later after a nap—with three candles and the numerals 117 on top.

Packing on 117 candles would have been impossible.

"We stopped trying a long time ago," Tavella said. "Even if we made big cakes, I'm not sure that she would have enough breath to blow them all

out. You would need a fire extinguisher."

Sister André's birth name is Lucile Randon. The [Gerontology Research Group](#), which validates details of people thought to be 110 or older, lists her as the second-oldest known living person in the world, behind only an 118-year-old woman in Japan, Kane Tanaka.

Tavella told French media earlier this week that Sister André tested positive for the coronavirus in mid-January but she had so few symptoms that she didn't even realize she was infected. Her survival made headlines both in France and beyond.



This photo provided by the Sainte-Catherine Laboure care home communications manager shows Lucile Randon, Sister Andre's birth name, in Toulon, southern France, Wednesday, Feb. 10, 2021. A 116-year-old French nun

who is believed to be the world's second-oldest person has survived COVID-19. French media reported that Sister André tested positive for the coronavirus in mid-January in France's southern city of Toulon. (Sainte-Catherine Laboure care home/ David Tavella via AP)



In this image made from BFM TV video, Sister Andre, born Lucile Randon, is interviewed by David Tavella, Communications Manager for the Sainte Catherine Laboure Nursing Home in Toulon, France, Tuesday Feb. 9, 2021. The nun is the second-oldest known living person in the world, according to the Gerontology Research Group, which validates details of people believed to be aged 110 or older. French media report that the nun tested positive for COVID-19 virus in mid-January but just three weeks later she is fit as a fiddle—albeit it in her regular wheelchair. (BFM TV via AP)



This photo provided by the Sainte-Catherine Laboure care home communications manager shows Lucile Randon, Sister Andre's birth name, talks on a video call in Toulon, southern France, Thursday, Feb. 11, 2021. Sister Andre, believed to be the world's second-oldest person, was celebrating her 117th birthday in style on Thursday. (Sainte-Catherine Laboure care home/ David Tavella via AP)



This photo provided by the Sainte-Catherine Laboure care home communications manager shows Lucile Randon, Sister Andre's birth name, in Toulon, southern France, Wednesday, Feb. 10, 2021. A 116-year-old French nun who is believed to be the world's second-oldest person has survived COVID-19. French media reported that Sister André tested positive for the coronavirus in mid-January in France's southern city of Toulon. (Sainte-Catherine Laboure care home/ David Tavella via AP)



This photo provided by the Sainte-Catherine Laboure care home communications manager shows Lucile Randon, Sister Andre's birth name folds her hands a mass at the chapel of the care home in Toulon, southern France, Thursday, Feb. 11, 2021. Sister Andre, believed to be the world's second-oldest person, was celebrating her 117th birthday in modern style on Thursday. (Sainte-Catherine Laboure care home/ David Tavella via AP)

"When the whole world suddenly started talking about this story, I understood that Sister André was a bit like an Olympic flame on a 'round the world tour that people want to grab hold of, because we all need a bit of hope at the moment," Tavella said.

When Tavella talked to her Thursday about celebrating her next birthday in 2022, she replied: "I won't be here next year," he quoted her as saying, adding: "But she has been saying that for 10 years."

By strange coincidence, Tavella celebrated his 43rd birthday on Thursday.

"We often joke that she and I were born on the same day," he said. "I never tell myself that she is 117 because she is so easy to talk to, regardless of age. It is only when she talks about World War I as though she lived through it that I realize, 'Yes, she did live through it!'"

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