

Real world data on hospital readmissions of patients with heart failure

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In an analysis of information on 448 patients with heart failure who were discharged from a hospital in Sweden, 20.3% of patients were readmitted to the hospital within 30 days, and 60.9% were readmitted

within 1 year. The *ESC Heart Failure* analysis found that most of the patients who needed to be rehospitalized were readmitted for heart failure.

Patients who were readmitted were more likely to have kidney dysfunction, [lung disease](#), and psychiatric illness than patients who were not readmitted.

"By targeting high-risk [heart failure](#) populations for hospital readmission and directing appropriate interventions towards these patients, many hospital readmissions should be preventable," the authors wrote.

February is [American Heart Month](#).

More information: Maria Wideqvist et al, Hospital readmissions of patients with heart failure from real world: timing and associated risk factors, *ESC Heart Failure* (2021). [DOI: 10.1002/ehf2.13221](#)

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