

ATRT molecular groups: Looking at the biology from the clinic

March 18 2021



Santhosh Upadhyaya, M.D., St. Jude Department of Oncology Credit: St. Jude Children's Research Hospital

Atypical teratoid rhabdoid tumor (ATRT) is a rare brain tumor that predominantly occurs in young children. Scientists at St. Jude Children's

Research Hospital used data from two clinical trials to study the molecular groups of ATRT and correlate them with clinical outcomes. A paper detailing the findings was published today in *Clinical Cancer Research*.

"If you look at the biology of ATRT, we have learned in the last few years that this is not a single disease but instead there are at least three biologically different groups of the same disease," said first and corresponding author Santhosh Upadhyaya, M.D., St. Jude Department of Oncology. "But what are the outcomes for these different groups? That is where the current St. Jude study offers insight into how these different groups of ATRT can present, and what their outcomes may be with different treatment regimens."

There are three previously established molecular groups of ATRT: ATRT-MYC, ATRT-SHH, and ATRT-TYR. Researchers used data from the SJYC07 and SJMB03 [clinical trials](#) to look at treatment outcomes from 74 children with ATRT. This is one of the largest cohorts of children with this disease, because ATRT is a rare pediatric cancer.

Findings showed that ATRT-TYR typically occurs in children younger than 3 years old and is less likely to metastasize. They also found that ATRT-SHH tends to occur in very young children and has a higher chance of metastasis at presentation. Additionally, although children with ATRT-TYR had the best overall response, those with ATRT-SHH and ATRT-MYC had comparable treatment responses in the absence of metastases.

The researchers also looked at the SMARCB1 gene in the blood—a hallmark genetic mutation found in ATRT. The scientists showed that approximately a third of tested children have an abnormality in the SMARCB1 gene. These children tend to develop ATRT at a younger age

and are more likely to have the ATRT-SHH group. The researchers found that having this abnormality did not predict treatment outcome.

"While we have clearly made giant strides in understanding the molecular basis of ATRT, [substantial progress](#) is still required before treatment decisions can be made on the basis of different molecular groups," Upadhyaya said.

Age and metastasis still guide the way

The mortality rate for ATRT is around 70%, and children are typically diagnosed under the age of 3. Age of the child at diagnosis and the extent of metastatic spread remain the two most [important factors](#) to consider for prognosis and treatment of this disease.

Children who are older when they are diagnosed and who do not have metastatic spread typically experience the best outcomes. Children under the age of 3 cannot be treated with the radiation therapy offered to [older children](#), which affects outcomes. The researchers stress that [children](#) in each group have a chance for a positive outcome, keeping in mind their age and metastatic status.

"Although a better understanding of the molecular groups of ATRT is important for developing the next generation of treatments for this disease, age at diagnosis and metastatic spread are still the most important clinical factors to consider," said senior author Amar Gajjar, M.D., St. Jude Department of Pediatric Medicine chair.

More information: Santhosh A Upadhyaya et al. Relevance of Molecular Groups in Children with Newly Diagnosed Atypical Teratoid Rhabdoid Tumor: Results from Prospective St. Jude Multi-Institutional Trials. *Clinical Cancer Research* [DOI: 10.1158/1078-0432.CCR-20-4731](https://doi.org/10.1158/1078-0432.CCR-20-4731)

Provided by St. Jude Children's Research Hospital

Citation: ATRT molecular groups: Looking at the biology from the clinic (2021, March 18)
retrieved 10 May 2024 from <https://medicalxpress.com/news/2021-03-atrt-molecular-groups-biology-clinic.html>

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