

It's too soon to lift COVID restrictions, says Dr. Fauci

March 5 2021, by Ernie Mundell and Robin Foster



Coronavirus restrictions should not be lifted until the daily toll of new

U.S. cases falls below 10,000, "and maybe even considerably less than that," Dr. Anthony Fauci said Thursday.

The last time the United States saw that low a number was almost a year ago. The daily case count hasn't fallen below 50,000 since mid-October, and the seven-day average on Wednesday was more than 64,000, *CNN* reported.

Even so, some states have begun to ease restrictions, including doing away with mask mandates, allowing businesses to fully open and increasing the number of people allowed at mass gatherings.

On Thursday, Alabama became the latest state to move to lift a mask mandate, saying its face-covering rule will expire on April 9, *CNN* reported. Earlier this week, the governors of Texas and Mississippi said they were lifting mask mandates and allowing businesses to operate at full capacity immediately or within days.

Those announcements came as health experts warned that the spread of more infectious variants could send U.S. infection rates soaring again.

Of particular concern is the B.1.1.7 variant which was first discovered in the U.K. The so-called British variant has now been found in 48 U.S. states, as well as in Puerto Rico and Washington, DC. As of Friday, there were 2,672 cases of the variant in this country, according to the U.S. Centers for Disease Control and Prevention.

A person with the variant can infect 43% to 90% more people than the older versions of the virus, new research from scientists at the Centre for Mathematical Modelling of Infectious Diseases at the London School of Hygiene and Tropical Medicine shows, *CNN* reported.

In a statement, the Infectious Diseases Society of America said the

United States must continue to use masks, social distance, wash hands and avoid large gatherings.

"We can't forget the lessons this pandemic has taught us or its terrible toll, and we must not relinquish the ground we've gained," said Dr. Barbara Alexander, the president of ISDA.

Dr. Rochelle Walensky, the director of the US Centers for Disease Control and Prevention, said Thursday that [state officials](#) must continue to emphasize the importance of wearing masks for the foreseeable future, and "encourage everyone to roll up their sleeve for the vaccine when it's available to them."

COVID death rates 10 times higher in nations where most are obese

In a finding that suggests [overweight people](#) should be prioritized for COVID-19 vaccines, a new report released Thursday shows the risk of death from coronavirus infection is about 10 times higher in countries where most of the population is overweight.

The World Obesity Federation report found that 88 percent of deaths due to COVID-19 in the first year of the pandemic were in countries where more than half of the population is classified as overweight, the *Washington Post* reported. Having a body mass index (BMI) above 25 is considered overweight.

The results prompted the London-based federation to urge governments to prioritize overweight and obese people for both coronavirus testing and vaccinations, the *Post* reported.

Among the nations with overweight populations above the 50 percent

threshold were also those with some of the largest proportions of coronavirus deaths—including countries such as Britain, Italy and the United States, the *Post* reported. In the United States, nearly three-quarters of the population is considered overweight or obese, according to the U.S. Centers for Disease Control and Prevention. So far, more than 518,000 Americans have died from COVID-19.

Conversely, in countries where less than half of the adult population is classified as overweight, the risk of death from COVID-19 was about one-tenth of the levels in countries with higher shares of overweight adults. A higher BMI was also associated with increased risk of hospitalization, admission to intensive or critical care and the need for mechanically assisted ventilation, the *Post* said.

These findings were fairly uniform across the globe, the report said. In fact, increased body weight was the second greatest predictor—after old age—of hospitalization and higher risk of death of COVID-19.

To reach that conclusion, the researchers examined mortality data on 160 countries from Johns Hopkins University and the World Health Organization. Of the 2.5 million COVID-19 deaths reported by the end of February, 2.2 million were in countries where more than half the population is overweight, *CNN* reported.

Every country where less than 40% of the population was overweight had a COVID-19 death rate of no more than 10 people per 100,000.

But in countries where more than 50% of the population was overweight, the COVID-19 death rate was much higher—more than 100 per 100,000.

"An overweight population is an unhealthy population, and a pandemic waiting to happen," the group wrote in its report.

All American adults can get vaccines by end of May: Biden

The United States is now poised to have enough COVID-19 vaccines for every American adult by the end of May, President Joe Biden said this week.

The announcement, which came during a brief speech at the White House on Tuesday, accelerates the country's vaccination goals by two months.

"As a consequence of the stepped-up process that I've ordered and just outlined, this country will have enough vaccine supply—I'll say it again—for every adult in America by the end of May," Biden said. "By the end of May. That's progress—important progress."

How was it possible to speed up the U.S. vaccine rollout?

Biden said his administration provided support to Johnson & Johnson so the company and its partners can make vaccines around the clock, *The New York Times* reported. In addition to that, the administration brokered a deal in which the pharmaceutical giant Merck & Co. would help manufacture the newly approved Johnson & Johnson single-shot coronavirus vaccine.

Although its own attempt at making a COVID-19 vaccine failed, Merck is the world's second-largest vaccine manufacturer, according to the *Times*. White House officials described the partnership between the two competitors as historic and said it harkens back to the wartime manufacturing campaigns that former President Franklin D. Roosevelt put into place.

Biden also said Tuesday that he wanted all teachers to receive at least one shot by the end of this month, the *Times* reported.

Biden's announcement came days after the U.S. Food and Drug Administration authorized the emergency use of the Johnson & Johnson vaccine. As of Friday, nearly 82.6 million Americans had been vaccinated, with nearly 28 million getting their second shot.

Even as vaccinations ramp up, public health officials worry about another surge of coronavirus cases, as new, more infectious variants emerge and states like Texas and Mississippi lift their mask mandates and roll back many of their coronavirus restrictions. Although cases have dropped significantly since January, they are now leveling off, the *Times* reported.

"We cannot let our guard down now or assure that victory is inevitable," Biden said Tuesday. "We can't assume that."

A global scourge

By Friday, the U.S. coronavirus case count passed 28.8 million while the death toll passed 520,000, according to a *Times* tally. On Friday, the top five states for coronavirus infections were: California with nearly 3.6 million cases; Texas with nearly 2.7 million cases; Florida with over 1.9 million cases; New York with nearly 1.7 million cases; and Illinois with nearly 1.2 million cases.

Curbing the spread of the coronavirus in the rest of the world remains challenging.

In India, the [coronavirus](#) case count was nearly 11.2 million by Friday, a Johns Hopkins University tally showed. Brazil had nearly 10.8 million cases and nearly 261,000 deaths as of Friday, the Hopkins tally showed.

Worldwide, the number of reported infections passed 115.6 million on Friday, with over 2.5 million deaths recorded, according to the Hopkins tally.

More information: The U.S. Centers for Disease Control and Prevention has more on the [new coronavirus](#).

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