

Artificial intelligence could create better outcomes for bowel cancer patients

April 22 2021



Credit: CC0 Public Domain

A test which uses artificial intelligence (AI) to measure proteins present in some patients with advanced bowel cancer could hold the key to more targeted treatment, according to research published today.

A team at the University of Leeds collaborated with researchers at Roche Diagnostics to develop the technique, which will help doctors and

patients to decide on the best treatment options.

They used samples from a previous trial funded by Cancer Research UK to look at the levels of two proteins, known as AREG and EREG, which are produced by some [colorectal cancers](#).

Algorithms driven by AI enabled the researchers to show that patients with higher levels of these proteins received significant benefit from a treatment which inhibits a different [protein](#) involved in [cancer](#) cell growth, known as EGFR. Of equal importance, patients with low levels of the proteins did not benefit from the treatment.

Currently, anti-EGFR treatments are only given to patients with advanced, incurable bowel cancers. The researchers hope their methodology could be used in the future to identify patients in the earlier stages of illness who could also benefit from the drugs.

Lead author of the report, Christopher Williams, from Leeds University's Division of Pathology and Data Analytics, said: "As more treatment options become available for advanced colorectal cancer, it is becoming increasingly difficult for patients and their doctors to choose the treatment that's right for them. This test will help patients navigate this decision-making process more easily."

Today's publication of the findings in the journal *Clinical Cancer Research* is timely as it coincides with Bowel Cancer Awareness Month in the UK. The study was funded by Innovate UK and Roche Diagnostics as well as Yorkshire Cancer Research. It was part of a program of work in this field being conducted by the National Pathology Imaging Co-operative.

The report's senior author, Kandavel Shanmugam, who is a senior director of medical innovation at Roche Diagnostics, said: "As

increasing numbers of complex tests are developed to target the right cancer treatments to the right patients, developing streamlined methods for delivering test results will be essential to improve cancer care.

"By using [artificial intelligence](#) to semi-automate the [test](#) process, we anticipate it may be easier for results to be delivered to patients faster to better influence treatment decisions."

Roche is a global pioneer in diagnostics and pharmaceuticals focused on advancing science to improve people's lives.

More information: Christopher J M Williams et al. Artificial intelligence-assisted amphiregulin and epiregulin immunohistochemistry predicts panitumumab benefit in RAS wild-type metastatic colorectal cancer. *Clin Cancer Res* April 22 2021 [DOI: 10.1158/1078-0432.CCR-21-0120](#)

Provided by University of Leeds

Citation: Artificial intelligence could create better outcomes for bowel cancer patients (2021, April 22) retrieved 25 April 2024 from <https://medicalxpress.com/news/2021-04-artificial-intelligence-outcomes-bowel-cancer.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.