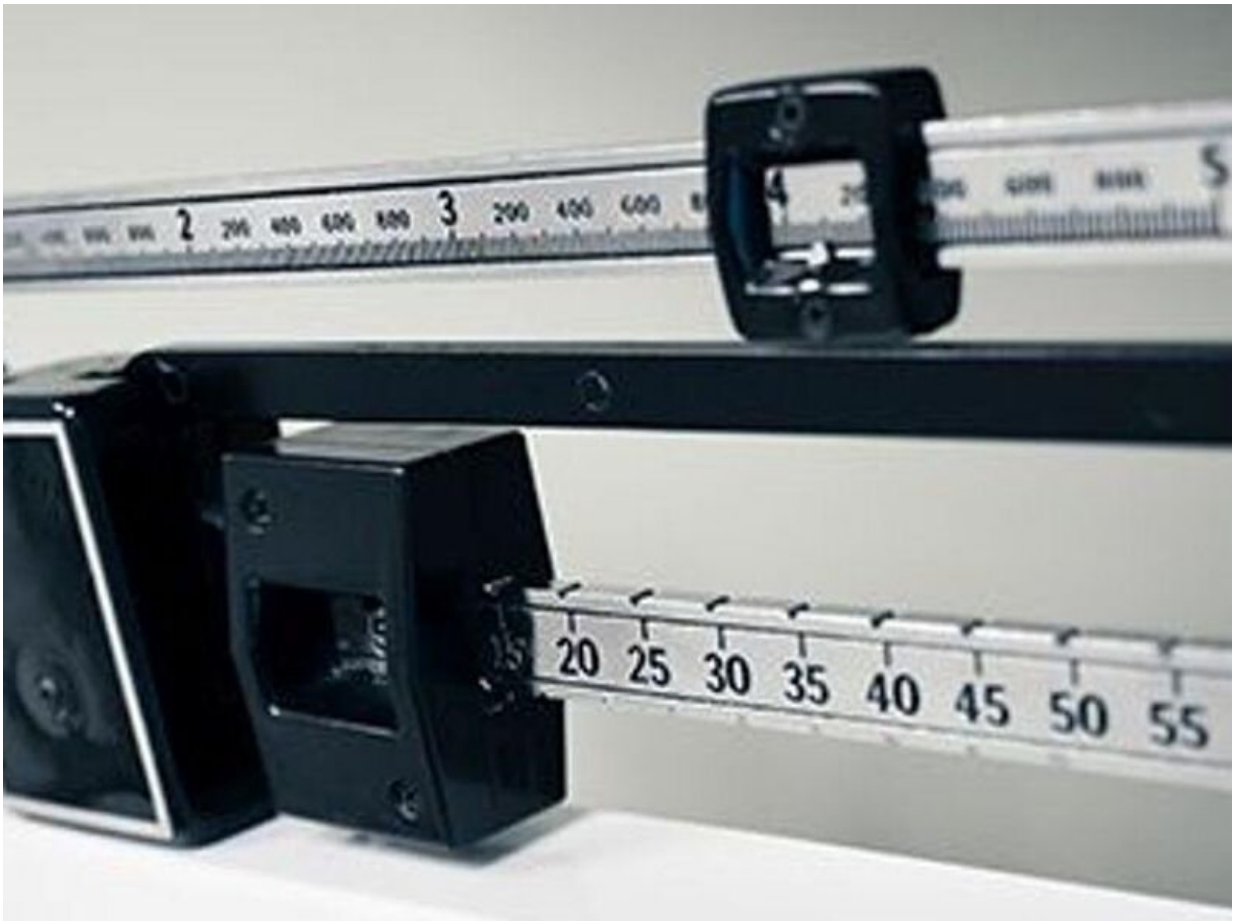


Higher BMI linked to increased risk for developing psoriasis

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(HealthDay)—Higher body mass index (BMI) seems to be associated

with an increased risk for developing psoriasis, according to a study published online June 9 in the *Journal of the American Academy of Dermatology*.

Alexandra Norden, from the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell in New Hyde Park, New York, and colleagues compared the incidence of [psoriasis](#) among patients stratified by BMI category in a retrospective cohort analysis of more than 1.5 million patients in the United States between Jan. 1, 2008, and Sept. 9, 2019.

The researchers found that among normal or underweight, overweight, obese class 1, and obese class 2/3 patients, the crude incidence of psoriasis per 10,000 person-years was 9.5, 11.9, 14.2, and 17.4, respectively. A significantly [increased risk](#) for developing psoriasis was seen for those who were overweight, obese class 1, and obese class 2/3 compared with those with BMI

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