

Playing wind instruments generates less aerosol than vocalization, COVID-19 study finds

June 29 2021



Credit: Pixabay/CC0 Public Domain

Aerosol generated by playing woodwind and brass instruments is less than that produced when vocalizing (speaking and singing) and is no

different than a person breathing, new research has found. The findings, published online in the journal *Aerosol Science and Technology*, could be crucial to developing a roadmap for lifting COVID-19 restrictions in the performing arts, which have been significantly restricted since the start of the pandemic.

The research project, known as PERFORM (Particulate Respiratory Matter to InForm Guidance for the Safe Distancing of Performers in a COVID-19 Pandemic), was supported by Public Health England, the Department for Digital, Culture, Media and Sport (DCMS), and UKRI and was carried out by a collaborative team from Imperial College London, University of Bristol, Wexham Park Hospital, Lewisham and Greenwich NHS Trust and Royal Brompton Hospital.

The study looked at the amount of aerosols and droplets generated when playing woodwind and [brass instruments](#) compared with breathing and vocalization (speaking and singing). The work was carried out in an environment with no background [aerosol](#) particles to complicate measurement interpretation, with nine musicians playing 13 woodwind and brass instruments.

The research team found aerosol (20 µm diameter) were not observed during instrument playing but were observed during singing and coughing. Together the findings indicate that playing woodwind and brass instruments generates less aerosol than vocalizing at high volume levels.

Concentrations of aerosol emissions from the musicians during breathing and vocalizing were consistent with results from a study carried out last year of a large group of professional singers. No difference was found between the aerosol concentrations generated by professional and amateur performers while breathing or vocalizing, suggesting aerosol generation is consistent across amateur and professional singers

regardless of vocal training.

Dr. Bryan Bzdek, Lecturer in the School of Chemistry at the University of Bristol and corresponding author on the paper, said: "Our study found playing woodwind and [brass](#) instruments generates less aerosol than vocalization, which could have important policy implications in a roadmap to lifting COVID-19 restrictions, as many performing arts activities have been, and continue to be, severely restricted."

Jonathan Reid, Director of Bristol Aerosol Research Centre and Professor of Physical Chemistry in the School of Chemistry at the University of Bristol, added: "This study confirms that the risks of transmission of SARS-CoV-2 are likely elevated during vocalization at loud volume in poorly ventilated spaces. By comparison, playing wind instruments, like [breathing](#), generates less particles that could carry the virus than speaking or singing."

More information: Aerosol and droplet generation from performing with woodwind and brass instruments, *Aerosol Science and Technology*

Provided by University of Bristol

Citation: Playing wind instruments generates less aerosol than vocalization, COVID-19 study finds (2021, June 29) retrieved 10 May 2024 from <https://medicalxpress.com/news/2021-06-instruments-aerosol-vocalization-covid-.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--