

Coordinated approach to pandemic research needed

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Australia should follow the examples of the UK and parts of the US and establish a national, coordinated approach for randomized controlled trials (RCTs) for COVID-19, any future pandemics, and inter-pandemic periods, according to the authors of a Perspective published today by the *Medical Journal of Australia*.

Associate Professor Asha Bowen, a pediatric [infectious diseases](#) specialist at Perth Children's Hospital, and Program Head of Vaccines and Infectious Diseases at the Telethon Kids Institute, and colleagues, wrote that the best of some 3000 randomized control [trials](#) (RCT) for COVID-19 had been "well coordinated, pragmatic, publicly supported by government, and funded by national research agencies".

"In addition, the prior development of national clinical research networks and infrastructure for improved [patient care](#) has strengthened [pandemic](#) responsiveness," Bowen and colleagues wrote.

"There has been little central coordination in Australia for the prioritization and funding of trials. Nor was there a nationally resourced and coordinated trials infrastructure in existence before the COVID- 19 pandemic.

"Two critical factors have made it extremely challenging to run therapeutic COVID-19 trials in Australia.

"First, the unpredictability of the pandemic, and the small number of patients in Australia compared with other countries, has made patient recruitment difficult.

"Second, the swift accrual of patients and communication of results in overseas studies has resulted in the need to rapidly change protocols and drop interventions for which equipoise no longer existed."

Bowen and colleagues concluded that "robust reflection" on what has been learned during the COVID-19 pandemic was needed, and made four recommendations:

- A small number of national platforms in Australia, as the principal vehicle for publicly funded trials. Each of these

platforms should focus on different disease phases (eg, outpatients, hospitalized/non-critical, intensive care) and include specific patient subgroups (eg, pregnant women, children, immunocompromised hosts). These platforms should be pandemic prepared, and between pandemics focus on relevant research incorporating researchers at all career phases to strengthen and grow the network.

- Coordination of these platforms through defined coalitions of research groups to facilitate sharing of expertise and infrastructure, thus reducing the duplication of efforts and model collaboration across clinical trials.
- Rapid mobilization of government funds, either through funding networked coalitions of research groups or competitive calls for consolidated large scale funding to self-identified coalitions (with rapid awarding of funding).
- Encouragement from federal and state chief health officers and health ministers for local site involvement in these platforms and creation of structures for mutually accepted governance approvals.

"Furthermore, we recommend that a national pandemic clinical trials prioritization panel be formed to advise the National Health and Medical Research Council, the Medical Research Future Fund, chief health officers and National Cabinet," Bowen and colleagues wrote.

"Its key role would be to establish a streamlined approach to funding prioritized trial platforms, consider how to integrate applications for new trials with established trial platforms, and to establish pathways for rapid ethical and governance approval of protocols in the context of a pandemic and advise on any gaps in research."

More information: Asha C Bowen et al, Australia needs a prioritised national research strategy for clinical trials in a pandemic: lessons

learned from COVID-19, *Medical Journal of Australia* (2021). [DOI: 10.5694/mja2.51143](https://doi.org/10.5694/mja2.51143)

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