

# Moderna and Pfizer-BioNTech vaccines prime T cells to fight SARS-CoV-2 variants

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T cells from people who have recovered from COVID-19 or received the Moderna or Pfizer-BioNTech vaccines are still able to recognize several concerning SARS-CoV-2 variants. Credit: La Jolla Institute for Immunology

Researchers at La Jolla Institute for Immunology (LJI) have found that T cells from people who have recovered from COVID-19 or received the Moderna or Pfizer-BioNTech vaccines are still able to recognize several concerning SARS-CoV-2 variants.

Their new study, published online on July 1, 2021 in *Cell Reports Medicine*, shows that both CD4+ "helper" T [cells](#) and CD8+ "killer" T cells can still recognize mutated forms of the virus. This reactivity is key

to the body's complex immune response to the virus, which allows the body to kill infected cells and stop severe infections.

"This study suggests that the impact of mutations found in the variants of concern is limited," says LJI Professor Alessandro Sette, Dr.Bio.Sci., study senior author and member of the LJI Center for Infectious Disease and Vaccine Research. "We can presume that T cells would still be available as a line of defense against viral infection."

The researchers emphasize that the study only addresses how the body's T cells respond to Variants of Concern (VOCs). The researchers emphasize that several of these variants are linked to lower levels of virus-fighting antibodies.

The current study includes data on four of the most prevalent VOCs. Ongoing studies have been expanded to a larger panel of variants, including the Delta (B.1.617.2) variant, which became prevalent after this study had been initiated. The team has also established relationships with more than 20 different laboratories around the world to help monitor T cell reactivity to VOCs.

"These variants are still a concern, but our study shows that even if there is a decrease in antibodies, as other studies have shown, the T cells remain largely unaffected," says LJI Instructor Alba Grifoni, Ph.D. "The vaccines still work."

The Johnson & Johnson/Janssen COVID-19 vaccine was not part of this study because it was not available at the time the study was launched.

## **LJI findings guide COVID-19 vaccine efforts**

This study was previously published online as a pre-print in March 2021. The findings were then highlighted by National Institutes of Allergy and

Infectious Diseases Director Anthony Fauci, M.D., in a March 31 White House press briefing.

"We're learning more and more that these CD4+ and CD8+ T cells are very important in that they cross-react against certain viral variants," Fauci said.

In the time since the paper was first published, the researchers have nearly tripled their patient cohort and performed an additional method of stringent statistical analysis. "We've also added an unexposed donor cohort," says study first author Alison Tarke, a Ph.D. student of the University of Genoa, guested in the Sette Lab at LJL.

For the new study, the researchers analyzed T cells from three different groups: People who had recovered from COVID-19, people who had received either the Moderna or Pfizer-BioNTech vaccines, and people never exposed to SARS-CoV-2 (from samples taken before the pandemic).

Both the recovered subjects and the vaccinated subjects were likely to have T cells that recognized the "ancestral lineage" of SARS-CoV-2. This was the original strain that emerged at the beginning of the pandemic; however, the virus has mutated since December 2019, and several variants have been identified as VOCs.

The question was whether people with T cells trained to recognize the ancestral strain would also recognize the new variants. The researchers tested T cell responses from the donor groups against four prominent VOCs: Alpha (B.1.1.7), Beta (B.1.351), Gamma (P.1) and Epsilon (B.1.427/B.1.429).

The researchers found that both vaccinated individuals and the recovered patients had cross-reactive T cells that could target these variants. That is

good news for anyone who has received one of the two mRNA vaccines and for anyone who has recovered from any variant of the virus.

"With this study, the underlying message is optimistic," adds Tarke. "At least, as far as the T cell response goes, your immune system is still able to recognize these new variants and your T cells will be able to respond."

Similar results reporting largely unaffected T cell reactivity has now been presented through independent studies published in *Nature* and *Science Immunology*.

Study co-author and LJI Professor Shane Crotty, Ph.D., says this research highlights the importance of enlisting T cells in fighting SARS-CoV-2.

"COVID vaccines do a fantastic job of making antibodies that stop SARS-CoV-2 infections, but some of the vaccines do less well at stopping infections from variants," Crotty says. "You can think of T cells as a backup system: If the virus gets past the antibodies—if you have vaccine T cells the T cells can probably still stop the variant coronavirus infection before you get pneumonia."

Researchers are now looking for ways to take advantage of how flexible the T cells response appears to be. With T cells already working hard to recognize SARS-CoV-2 variants, Grifoni says future "booster" shots could increase immunity by prompting the body to produce more antibodies against the variants and/or by adding additional parts of the virus recognized by T cells.

"T cell epitopes are well conserved among SARS-CoV-2 variants, so incorporating T cell targets into future COVID vaccines could be a clever way to make sure future variants can't escape the vaccines," adds Crotty.

There is also the possibility that current SARS-CoV-2 research may one day lead to a universal, "pan-coronavirus" vaccine. This kind of vaccine would train the body to recognize the structural details, such as elements of the spike protein, that all coronaviruses have in common.

"This research shows that a pan-coronavirus [vaccine](#) is feasible," says Grifoni.

The group is now studying a much larger group of 12 different Variants of Concern (VOCs) and Variants of Interest (VOIs), including the Delta variant (B.1.617.2), Eta (B.1.525), Iota (B.1.526), Kappa (B.1.617.1), Lambda (C37) and the variants B.1.526.1, B.1.617.3, R1 and B.1.1.519.

Sette says he'd also like to study T cells from people who have been infected with the variants and see how those T cells react to the ancestral strain of the virus.

**More information:** *Cell Reports Medicine* (2021). [DOI: 10.1016/j.xcrm.2021.100355](#) , [www.cell.com/cell-reports-medicine/2666-3791\(21\)00204-4](#)

Provided by La Jolla Institute for Immunology

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