

Muffins recalled for possible listeria contamination

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(HealthDay)—Possible listeria contamination has triggered the

nationwide recall of more than two dozen muffin products made by Give and Go Prepared Foods, the U.S. Food and Drug Administration said Wednesday.

The [recalled products](#) were sold across the country and include a variety of Uncle Wally's twin muffins, The Worthy Crumb large muffins, Stop n Shop mini muffins, 7-Eleven Selects muffins, Freshness Guaranteed mini muffins, Great Value snack muffins, Marketside muffins, and The Worthy Crumb Oreo mini muffins.

The company said it hasn't received any reports of illness associated with the recalled products.

For more information about the recall, including a full list of the recalled products, consumers can contact Give and Go Prepared Foods at 1-844-366-1171 or visit the [FDA](#).

Listeria infection may cause short-term symptoms such as [high fever](#), severe headache, stiffness, nausea, abdominal pain and diarrhea in healthy people. However, it can be more serious or even fatal in young children, frail or elderly people, and those with weakened immune systems. It can also cause miscarriages and stillbirths among [pregnant women](#), the FDA said in a statement.

The agency said the company is "taking this action out of an abundance of caution."

Consumers who have these products should throw them away, the FDA said. They should also make a note of the lot code of the products, which is found on the label, and provide it if they contact the agency.

More information: Visit the U.S. Food and Drug Administration for more on [listeria](#).

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