

# Researchers develop all-in-one test for the avoidance of de novo genetic disease in embryos

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*De novo* variants (DNVs), genetic mutations that were not previously identifiable in the family history of one of two prospective parents, may cause disease in any children they have. Where a disease-causing DNV is present in one parent, the risk of passing it to a child can be as high as 50% and being able to identify healthy embryos for transfer to avoid an

affected pregnancy is clearly a high priority. To achieve this goal, identification of the group of genes inherited from one parent (the haplotype) that is linked with the mutation is necessary to transfer only healthy embryos. Until now this has been a difficult process and can often involve multiple embryo biopsies, which in themselves carry a risk. But a group of Belgian researchers have developed a new, one-stop method using DNA from the parents of the affected prospective parent (the embryo's/child's grandparents). They will present their findings to the annual conference of the European Society of Human Genetics today.

Dr. Eftychia Dimitriadou, Head of the Reproductive Genetics Unit at the Centre for Human Genetics, Leuven University Hospital, Leuven, Belgium, and colleagues recruited 22 couples where one of the partners carried a DNV mutation causing a Mendelian disorder. A Mendelian disorder is normally, but not always, caused by alterations in a [single gene](#). Current practice for pre-implantation [genetic testing](#) (PGT) embryo selection for such couples is complicated, says Dr. Dimitriadou. "It involves targeting a specific gene, and therefore important genome-wide information is missing."

The researchers decided to try to streamline the process by using long read sequencing (LRS), a technique that can read the sequence of very long fragments of DNA. A major advantage of LRS is that it is much more accurate in detecting copy number variants (CNVs), that is deletions or duplications of DNA fragments, and single nucleotide variants (SNVs), i.e., alterations in the sequence of a single DNA molecule, especially in regions where the same sections of DNA are repeated. Determining the existence of such variants has important implications for the diagnosis or prediction of genetic disease.

Specifically, LRS enables the separate sequencing of the two copies of a DNA region or fragment (in the prospective parent carrying the *de novo* mutation), one inherited from each parent (the 'grandparents' of the

embryo).

"This allows us to determine whether the disease-causing mutation is located on the maternal or paternal copy of the affected chromosome in patients with DNVs," says Dr. Dimitriadou. "Subsequently, we can perform a comprehensive analysis of embryos in a single [test](#) and transfer those that are unaffected—and all this in a single workflow. However, this is the best-case scenario. On the rare occasions when the two grandparents have the same SNP profiles, interpretation is even more challenging."

In addition to detecting dominantly inherited disease, where a single copy of the disease-associated mutation is sufficient to cause disease, the test is also able to detect embryos with a genome-wide abnormal number of chromosomes (aneuploidies). However, a comprehensive test does not mean that it is possible to detect every single genetic abnormality.

The [new test](#) only came into clinical application recently, but of the 23 IVF/PGT cycles that have already taken place, 15 [embryos](#) were mutation-free, free of detectable genome-wide genetic abnormalities, and of adequate quality for transfer. Six pregnancies resulted, and three babies have been born.

"Because children born with a genetic disorder often have severe physical manifestation, it is understandable that their [parents](#) are frequently concerned by the risk of a child being affected with inherited disease, for example, neurofibromatosis or Alport syndrome. For the parents, the discovery that one of them has the disease has already imposed a huge emotional burden, and so we are proud to have been able to bring new hope to affected families. Our work is a good example of what can be achieved by a patient-oriented, multidisciplinary academic team," says Dr. Dimitriadou.

"However, there is a cloud on the horizon. New, innovative, tests such as ours, 'home-grown' in our hospital, may be outlawed by the EU's In Vitro Device Regulation (IVDR) due to come into force in May 2022. The IVDR threatens the development and use of in-house, laboratory-developed tests by banning their use if there is a commercially produced 'equivalent' on the market. But often the test deemed to be equivalent is not sufficiently precise. Prohibiting the usage of tests for rare diseases, or those that are performed infrequently and hence of little importance to the commercial sector, threatens the facility of laboratories to develop the new, specialised diagnostic tests that are required if we are to continue to best serve the interests of patients," she will conclude.

Chair of the ESHG conference, Professor Alexandre Reymond, Director of the Center for Integrative Genomics, University of Lausanne, Lausanne, Switzerland, said: ""Reproductive medicine started out with the goal of allowing infertile couples to have children. Progress has been rapid in the 43 years since the birth of the first IVF baby, leading to many advances, including in prenatal diagnosis. Now, through long-read sequencing, it can take yet another step forward and help "genetically at risk" families in their desire to have unaffected offspring."

**More information:** Abstract no: C26.2 Comprehensive PGT for patients with de novo pathogenic variants following single-molecule long read amplicon sequencing based haplotyping

Provided by European Society of Human Genetics

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