

Guidelines for supporting breastfeeding during maternal or child hospitalization

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The Academy of Breastfeeding Medicine (ABM) has released its new recommendations on supporting breastfeeding during maternal or child hospitalization. Whenever possible, the lactating mother and breastfeeding infant or child should be kept together, according to the new guidelines, published in the peer-reviewed journal *Breastfeeding*

Medicine.

The ABM recommends using evidence-based guidelines for milk expression and storage. However, whenever possible, direct breastfeeding is preferred to pump use or hand expression of milk.

Other recommendations include to consider that fluid needs may differ for the lactating mother and to consider infection control and prevention.

Each facility should create a [policy](#) to support the lactating mother and breastfeeding child.

More information: Melissa Bartick et al, ABM Clinical Protocol #35: Supporting Breastfeeding During Maternal or Child Hospitalization, *Breastfeeding Medicine* (2021). [DOI: 10.1089/bfm.2021.29190.mba](https://doi.org/10.1089/bfm.2021.29190.mba)

Provided by Mary Ann Liebert, Inc

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