

Predicting whether patients will respond to cancer treatment is a step closer

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Microscopy image of an organoid (green) co-cultured with fibroblasts (red) and macrophage immune cells (white). Credit: Dr. Xiao Qin in Tape Lab at UCL

A new technology that can study which therapies will work on patients with solid cancerous tumors has been developed by scientists at UCL.



Researchers say the tool, which can rapidly test tumorous tissue against different treatments, such as chemotherapy, immunotherapy or radiotherapy, could be used by clinicians to pinpoint the best therapy for a particular patient.

Currently it is difficult for doctors to know which treatment a patient will respond to, so several different therapies may be tried before one works.

The technological breakthrough, published in *Nature Protocols*, builds on the team's previous work. In 2020 they developed a method that can simultaneously measure the behaviors and interactions of millions of different cells, living inside lab-grown tumors.

The research provided new insight into how mutated cancer cells "mimic the growth signals" normally expressed by healthy cells—which allows cancer cells to grow unchecked.

In this new study they have taken patients' cells to develop mini-tumors, known as <u>organoids</u>, which are grown by embedding cancer <u>stem cells</u> in <u>collagen</u> in the lab. Each mini-tumor acts as an individual patient "avatar" that can be studied in the lab. The UCL team have advanced their original technology to now study hundreds and thousands of patient mini-tumors at a time. This allows researchers to trial lots of different anti-cancer drugs to explore how an individual's tumor might respond.

Lead author Dr. Chris Tape (UCL Cancer Institute) said, "The screening platform enables us to observe cancer cells, alongside the healthy immune, fibroblast and stromal cells, and see how they respond to each other—so we can model how an individual patient's cancer behaves.

"By treating the mini-tumors with different kinds of cancer treatments, the screening tool also allows us to observe how both the cancer and



healthy cells respond—both equally as important—and determine which treatment could work best for a patient."

While further validation will be required via clinical trial, researchers are hopeful the new tool could transform therapy selection for people diagnosed with solid cancers including colorectal, liver, breast and brain cancers.

Dr. Tape added, "Our long-term vision is for the tool to be used as 'standard' in clinical decision-making for solid cancer treatments.

"A patient would have a tumor removed during surgery, the tumor cells would be sent to a laboratory and grown into an organoid avatar, which would then be tested against different therapeutic options and analyzed with single-cell resolution using this new technology.

"The lab would then relay the findings back to the clinician treating the patient, saying this patient responds best to this drug."

The UCL-developed screening tool

Globally researchers are now using organoids to study cancer. The 3D mini-tumors contain lots of different cells and more accurately represent a patient's cancer, compared to more traditional research, which looks at a collection of identical cells grown in 2D. This development means cancer can be studied in more detail than ever before.

However, to this point, most methods used to study mini-tumors have involved grinding up all the cells and analyzing it as a mixture. This limits scientists' ability to assess how individual cells behave or how tumors collaborate with other healthy and immune cells known to influence cancer outcomes.



To overcome this, researchers at UCL Cancer Institute have developed a new mass spectrometry platform to measure communication signals in millions of single cells from bowel cancer mini-tumors.

Specifically, researchers at UCL have developed a new technique to prepare cells for analysis on a mass spectrometer. At the subcellular level, heavy metal-tagged antibodies are attached to individual proteins (known as PTMs). These PTMs are found within all the different cell types (stem, immune, etc).

The different weight of each heavy metal allows the mass spectrometer to differentiate the different proteins and analyze their behaviors and signaling activity within and between the different cell types. More than 40 types of PTM were tagged in this process, enabling researchers to build detailed "circuits" that describe how the cancer cells are working.

This pioneering tool means that for the first time, scientists can now study how cancer cells interact with any cell type using mini-tumor models.

Applying to tool to test cancer treatments

Dr. Tape said, "Up to now, testing cancer treatments on individual organoids has been a bit simplistic; you would apply drugs to the organoids and see if the cells were alive or dead—so provided limited biological information.

"Our platform allows us to observe how and why the treatments are working, or not working; at the single cell level we can view what biological pathways are switched on or switched off, this enables us to see if cells are dying or just stop growing—a significant difference."

Researchers improved the screening tool enabling them to test 126



organoids (i.e. patient samples) in a single screening process, an order of magnitude more than before.

"It is one of the great frustrations that with common chemotherapies, some patients will respond well and others not at all," added Dr. Tape.

"The idea is that we can predict that in the lab, provide an early check and balance, and hopefully find an alternative treatment to use at the outset of a patient's treatment course."

More information: Jahangir Sufi et al, Multiplexed single-cell analysis of organoid signaling networks, *Nature Protocols* (2021). <u>DOI:</u> <u>10.1038/s41596-021-00603-4</u>

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