

Work-related accidents, illnesses kill nearly 2 mn each year: UN

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Work-related illnesses and injuries kill nearly two million people annually, largely due to long working hours, the UN said Friday, warning that the pandemic was likely to worsen the situation.



The first-ever joint assessment by the UN's health and labour agencies of the global <u>disease</u> and injury burden linked to jobs stretches from 2000 to 2016, so does not include the dramatic shifts in working conditions brought on by the Covid-19 crisis.

Some 1.9 million deaths worldwide were officially linked to workrelated causes in 2016, up slightly from 1.7 million at the turn of the century, according to the report, which cautioned these were almost certainly underestimates.

Long working hours "are the single deadliest occupational risk factor" World Health Organization (WHO) chief Tedros Adhanom Ghebreyesus told a press conference in a video statement.

Exposure to long working hours, defined as working 55 hours a week or more, was deemed responsible for some 750,000 deaths in 2016, the report said.

In all, the study examines 19 occupational risk factors, including exposure to carcinogens like asbestos, ergonomic factors like prolonged sitting and manual handling of loads.

After long working hours, workplace exposure to gases, fumes and other air pollution was seen as the top risk, responsible for some 450,000 deaths in 2016.

"It's shocking to see so many people literally being killed by their jobs," Tedros said, describing the report as "a wake-up call to countries and businesses to improve and protect the health and safety of workers."

Long working hours kill

The report found that non-communicational diseases accounted for a full



82 percent of work-related deaths in 2016, with the greatest cause of death being <u>chronic obstructive pulmonary disease</u>, which killed 415,000 people that year.

That was followed by strokes, at 400,000, and ischaemic heart disease at 350,000.

Occupational injuries were responsible for 18 percent of all work-related deaths, and were estimated to have killed 360,000 people in 2016.

"All of these deaths are preventable," International Labour Organization chief Guy Ryder said in a video message.

"We can and we must ensure safe and healthy workplaces for all workers."

On a positive note, the global death rate from work-related causes shrank by 14 percent over the 16-year-period covered in the report, although a growing global population meant the number of deaths remained about the same.

The decrease from 39.9 to 34.3 deaths per 100,000 working age people was possibly a reflection of improvements in workplace safety measures, the report said.

But while there was a sharp drop in the number of deaths caused by occupational injuries, deaths linked to long working hours surged over the same period.

The death rate from heart disease associated with exposure to long working hours ballooned by 41 percent, while stroke deaths brought on by excessive work rose 19 percent, the report showed.



While the report did not look at the pandemic impact, the UN agencies have previously warned the crisis appeared to be feeding the trend towards increased working hours, with teleworking blurring the lines between work and home life.

Friday's report did not provide estimates of deaths from contagious diseases contracted at work, but the WHO said that aspect might be included in future studies to capture the Covid impact.

"We need more epidemiological studies that clearly identify the increased risk for <u>death</u> from Covid as a result of working," Frank Pega, the WHO's technical lead on the report, told reporters.

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