

# Study: Abortion care hurdles, considerations by Ohioans

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Orlaith Heymann, UC doctoral student in the Department of Sociology. Credit: Photo provided by Heymann

University of Cincinnati doctoral candidate Orlaith Heymann is a researcher passionate about examining how people navigate institutional

policies and cultures, particularly in contentious social fields such as sex education and abortion.

"My scholarship centers on themes of stigma and work in medical contexts and especially how people navigate social institutions like medicine, school and work. For example, my research examines health and well-being in schools and workplaces, sex education as a stigmatized profession and cultural myths of [abortion care](#)," says Heymann, an award-winning doctoral student researcher in UC's Department of Sociology and lead author of a recent study on abortion.

The study, titled "Selecting an Abortion Clinic: The Role of Social Myths and Risk Perception in Seeking Abortion Care," examines what strategies Ohioans used for selecting an [abortion clinic](#) and is published in the *Journal of Health and Social Behavior*.

"We theorized that people's paths to abortion care would be constrained by time, cost and travel because we know these factors can make obtaining abortion care difficult and sometimes impossible, but there are all kinds of other reasons people select a particular abortion clinic," says Heymann.

What the study found is that people don't always choose the least expensive or closest option for abortion care but also considered other factors: Previous positive or negative personal experiences with providers, online reviews and name recognition and clinic type. Proximity was also an important factor, but could be a deterrent for some, out of fear of being recognized.

These factors helped people evaluate perceived clinic "safeness" and navigate the risks they associate with abortion care, such as uncertainty about comfort, safety, privacy and legality, says study co-author Danielle Bessett, an associate professor of sociology and faculty affiliate of both

UC's Women's, Gender, and Sexuality Studies and the Medical Scientist Training Program.

Most abortion research and advocacy, Bessett says, "has focused on the distance to an abortion clinic because we know that the time and cost of long-distance travel will make it harder for people to get timely care or to get care at all."

The study also identifies social myths associated with abortion care. Social myths about abortion may include the belief that abortion is inherently dangerous, dirty or scary. These myths shape how people evaluate clinics when selecting a facility.

The findings, researchers say, are applicable in other health care contexts: That perceptions of neighborhood desirability and safety may shape choices about health care facilities across different types of care.

With abortion laws changing in some states and many clinics closing, Bessett says that people seeking care will not only have to travel farther, at higher cost, but also may not be able to rely on familiar strategies like personal networks and past experiences to establish where they will feel comfortable getting care.

"Regulations that limit abortion accessibility and contribute to clinic closure can make seeking [abortion](#) care feel like an uncertain process. Even when people had few options to choose from, carefully evaluating those options helped them to feel some control," says Heymann.

Heymann's research is well recognized, including grant support from the National Science Foundation, a national scholar award from PEO International, grants from UC's Kunz Center for Social Research, the Taft Research Center and the Graduate Student Government Association, as well as fellowships from the Taft Research Center and

Graduate School at UC.

Additional co-authors include Tamika Odum, Ph.D., associate professor of sociology, University of Cincinnati, Blue Ash College, and Alison Norris, MD, associate professor, Ohio State University College of Public Health and College of Medicine.

**More information:** Orlaith Heymann et al, Selecting an Abortion Clinic: The Role of Social Myths and Risk Perception in Seeking Abortion Care, *Journal of Health and Social Behavior* (2021). [DOI: 10.1177/00221465211044413](https://doi.org/10.1177/00221465211044413)

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