

## In omicron hot spot, somber mood as S Africa faces variant

November 29 2021, by Mogomotsi Magome and Andrew Meldrum



Students from the Tshwane University of Technology make their way back to their residence in Pretoria, South Africa, Saturday, Nov. 27, 2021. The world is racing to contain a new COVID-19 variant, which appears to be driving a surge in South Africa and is casting a pall there. Credit: AP Photo/Denis Farrell, File



The overcast, drizzly skies match the somber mood at the Tshwane University of Technology, a hot spot in South Africa's latest surge of COVID-19 cases, apparently driven by the new omicron variant that is leading countries around the world to impose new restrictions.

After several students tested positive, the university postponed some exams, and officials in the larger metropolitan area of Tshwane, which includes the capital of Pretoria, are pushing vaccinations, especially among younger adults who have been slow to get the shots.

At TUT, as the university is known, few students wanted to speak about the new variant that has cast a pall. Many were not vaccinated—only 22% of 18- to 34-year-olds in South Africa are—and some seemed to be rethinking that, though notably the university's vaccination center was closed for the weekend.

Manqoba Zitha, a student who has gotten the shot, said he will be pushing fellow classmates to do the same.

"I'm trying to encourage them so that they can vaccinate, so they can stay away from coronavirus because it's there, it's killing people, and now numbers are rising," said Zitha. "Now when we are watching TV we can see that people are getting coronavirus. So they must vaccinate!"

Nearly two years into the pandemic, the world <u>is racing to contain the</u> <u>latest variant</u>, first identified in southern Africa but popping up around the globe. Countries are imposing restrictions or bans on travelers from several countries—measures that South African President Cyril Ramaphosa called deeply disappointing Sunday—and re-imposing measures like mask mandates that some hoped were a thing of the past.





A student from the Tshwane University of Technology wears a face mask outside his residence in Pretoria, South Africa, Saturday, Nov. 27, 2021. The world is racing to contain a new COVID-19 variant, which appears to be driving a surge in South Africa and is casting a pall there. Credit: AP Photo/Denis Farrell, File

The World Health Organization <u>named the new version of the virus</u> <u>"omicron"</u> and classified it as a highly transmissible variant of concern, though <u>its actual risks are not yet understood</u>. Early evidence suggests it poses an increased risk that people who have already had COVID-19 could catch it again, the WHO said. It could take weeks to know if current vaccines are less effective against it.



Still, some experts are hopeful that vaccines will be at least somewhat effective at preventing serious illness and death—and continue to encourage people to get inoculated.

Gauteng province—home to Pretoria and South Africa's largest city of Johannesburg—is the center of the new surge. So far, cases there appear to be mild, according to doctors, and hospital admissions have not spiked.

But experts warn the early round of infections has been among the young and the situation may become more serious if the new surge affects older, unvaccinated South Africans. In all, 41% of those aged 18 and over are vaccinated—but young people have been particularly slow to step forward.

At least three South African universities—the University of Cape Town, Johannesburg's University of the Witwatersrand and the University of Free State in Bloemfontein—have announced that vaccinations will be mandatory for students starting next year. Some experts think further measures will be needed.





Students from the Tshwane University of Technology play soccer on campus in Pretoria, South Africa, Saturday, Nov. 27, 2021. The world is racing to contain a new COVID-19 variant, which appears to be driving a surge in South Africa and is casting a pall there. Credit: AP Photo/Denis Farrell, File

"I do think that the decision that South Africa is going to have to make is probably around mandatory vaccination," said Mosa Moshabela, professor of public health at the University of KwaZulu-Natal in Durban.

Demand for the vaccine has been so sluggish that the government recently requested slower deliveries to allow it time to use up its current stock of 19 million doses of the Pfizer-BioNTech and Johnson & Johnson shots.



In an address to the nation on Sunday, a solemn President Ramaphosa urged people to get vaccinated quickly.

"Tonight, I would like to call on every person who has not been vaccinated to go to their nearest vaccination station without delay," he said. "If there is someone in your family or among your friends who is not vaccinated, I call on you to encourage them to get vaccinated."

A new surge was long anticipated and even a new variant, but the speed with which omicron hit came as a "shock" to South Africa's health experts.



A woman wearing a face mask to curb the spread of coronavirus buys chicken on a crowded sidewalk in Pretoria, South Africa, Saturday, Nov. 27, 2021. The



world is racing to contain a new COVID-19 variant, which appears to be driving a surge in South Africa and is casting a pall there. Credit: AP Photo/Denis Farrell

While numbers of confirmed cases are still relatively low, they have been increasing at a high rate. The new spike started after some student parties in Pretoria. Numbers quickly jumped from a few hundred cases a day to thousands. South Africa announced 3,220 new cases Saturday, of which 82% are in Gauteng, according to the National Institute for Communicable Diseases. That's still well below the peak of the last wave, when more than 25,000 were confirmed in a day.

As many as 90% of the new cases in Gauteng province are caused by omicron, Tulio de Oliveira, director of the KwaZulu-Natal Research Innovation and Sequencing Platform, said <u>in a tweet</u>, citing the results of diagnostic tests.





Shoppers wear face masks on a crowded sidewalk in Pretoria, South Africa, Saturday, Nov. 27, 2021. The world is racing to contain a new COVID-19 variant, which appears to be driving a surge in South Africa and is casting a pall there. Credit: AP Photo/Denis Farrell, File

"We did expect that we may see a new or a different variant gaining momentum in the fourth wave ... but we did not really expect to see a variant with the kind of multiplicity of mutations. And that is capable of becoming highly transmissible and escape or evade immunity at the same time," said Moshabela, the expert from the University of KwaZulu-Natal. "This was really the shock that we had."

Although the current cases are concentrated in Pretoria and Johannesburg, tests show that omicron is already in all of South Africa's



nine provinces.

Back at TUT, Nhlanhla Africa Maphosa, a 25-year-old management student, is still trying to digest the news and what it will mean for his studies.

"It was just last week when they checked stats then they realize that so many students were affected by COVID-19 at the main campus," Maphosa said. "We're not that sure of the stats. ... But what we can say is that a high level or a high percentage of students has got COVID-19."

© 2021 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed without permission.

Citation: In omicron hot spot, somber mood as S Africa faces variant (2021, November 29) retrieved 4 September 2024 from <u>https://medicalxpress.com/news/2021-11-omicron-hot-somber-mood-africa.html</u>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.