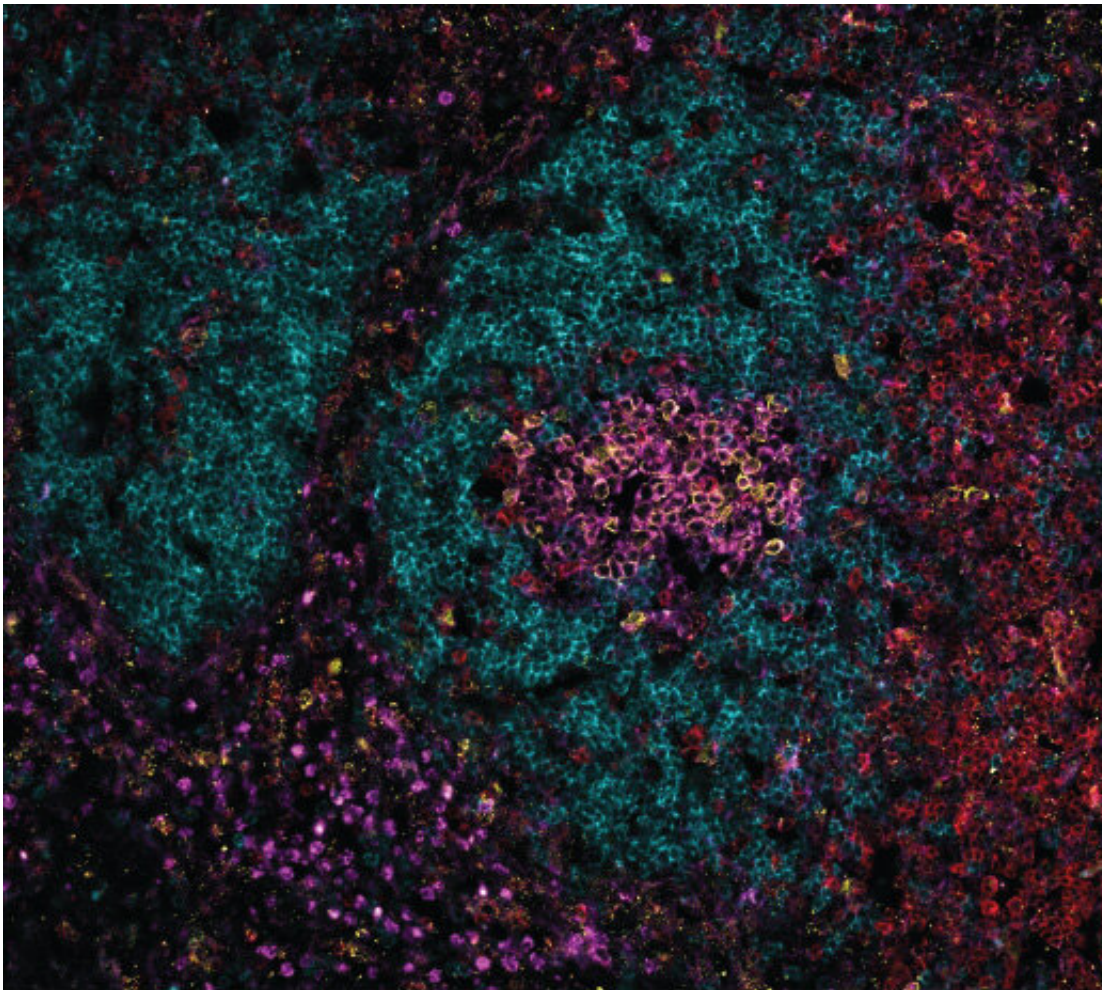


# Potential therapeutic pathway to clear chronic viral infections

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A recent study in mice has uncovered the role of a protein, called BMI-1, in chronic viral infections. Credit: Monash University

Chronic infectious diseases have a devastating effect on global health. When someone is suffering from a chronic viral infection such as HIV or hepatitis C, their B cells get altered resulting in low-quality antibodies that are not strong enough to help the body clear the infection.

A recent study in mice, conducted by the Monash Biomedicine Discovery Institute (BDI), has uncovered that during [chronic viral infection](#), a protein called BMI-1 gets turned on too early in [B cells](#) and messes up the delicate balance of gene expression, resulting in antibodies that are unsuccessful in their endeavor to clear the virus from the body.

However, when this protein is targeted, the nature of the B cell can be changed to produce a higher quality antibody that accelerates clearance of a virus and may provide a new therapeutic pathway to help improve and regulate the body's antibody response to achieve better outcomes.

The findings have now been published in *Nature Immunology*.

B cells, a type of white blood cell, respond to infection and can eventually turn into plasma cells. It is the plasma cells that make and secrete antibodies. During an infection, some of the B cells that become activated can quickly become plasma cells and start to produce antibodies in the first few days of the body's [immune response](#). While these antibodies are helpful, they are typically lower in quality and do not clear the infection. However, they do give the [immune system](#) some time to allow other B cells to undergo a "training period" to become high-quality memory B cells and plasma cells for immunity.

The memory B cells will act as sentinels for a long time, on guard for the next time the body gets infected with the same pathogen. If reinfected, they can quickly turn into plasma cells and make high-quality antibodies without having to undergo the training again, which helps your body clear the infection quicker and are the reason why vaccines work.

When a patient can't clear the infection, the immune response reacts by altering the balance in favor of producing antibodies faster, without the adequate training it needs to neutralize the virus and form protective memory B cells and [plasma cells](#).

Lead researcher Associate Professor Kim Good-Jacobson said being able to modulate abnormal antibody responses to accelerate viral clearance and reduce disease in chronic [infection](#) has significant benefits to patients and the burden of disease.

"We haven't been able to produce effective vaccines for several chronic viral infections that can cause long-term health problems for millions of people. We wanted to figure out how antibody responses get disrupted, so we could start to identify targets to regulate the antibody response for better outcomes," said Associate Professor Good-Jacobson.

"Memory immune cells and high-quality [antibodies](#) are powerhouses underpinning immune protection provided by successful vaccines, so working on ways to deliver drugs directly to B cells to improve the antibody response without affecting how well other immune cells work is crucial."

**More information:** Andrea Di Pietro et al, Targeting BMI-1 in B cells restores effective humoral immune responses and controls chronic viral infection, *Nature Immunology* (2021). [DOI: 10.1038/s41590-021-01077-y](#)

Provided by Monash University

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