

Risk for psoriasis reduced after tonsillectomy

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(HealthDay)—The risk for psoriasis is reduced among individuals who undergo tonsillectomy, according to a study published in the December issue of the *Journal of the American Academy of Dermatology*.

Ming-Li Chen, M.D., from Chung Shan Medical University in Taichung, Taiwan, and colleagues used [data](#) from the Taiwan National Health Insurance Research Database to examine the subsequent risk for psoriasis in patients who underwent tonsillectomy. A total of 2,021 patients who underwent tonsillectomy were matched with 8,084 tonsillectomy-free individuals by [demographic data](#), comorbidities, medical confounders, and the index date.

The study population was mainly male (65 percent) and young (mostly

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