

Salmonella outbreak linked to salami sticks rises to 31 cases in 10 states

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(HealthDay)—Ten new illnesses in a salmonella outbreak linked to

recalled salami sticks bring the total number to 31, the U.S. Centers for Disease Control and Prevention says.

Two more states have reported cases, increasing the number of affected states to 10. There have been six hospitalizations, but no deaths, the CDC said in a [statement](#).

The outbreak has been linked to Citterio brand Premium Italian-Style Salame Sticks that were sold nationwide and have "best by" date through Jan. 23, 2022.

The products were sold at [grocery stores](#) such as Trader Joe's and Wegmans, and affected states now include California, Illinois, Kansas, Maryland, Michigan, Minnesota, New Jersey, New York, Pennsylvania and Virginia.

Consumers who have the recalled salami sticks should throw them away or return them to the store, and use hot soapy water or a dishwasher to clean items and containers that may have touched the products, the CDC recommended.

The agency advised people to call their healthcare provider if they have any of these severe salmonella symptoms: diarrhea and a fever higher than 102°F; diarrhea for more than three days that is not improving; [bloody diarrhea](#); so much vomiting that you cannot keep liquids down; signs of dehydration, such as not peeing much, dry mouth and throat, feeling dizzy when standing up.

Most people infected with salmonella develop diarrhea, fever, and [stomach cramps](#) six hours to six days after being exposed to the bacteria. Children younger than 5, adults 65 years and older, and people with weakened immune systems are more likely to have [severe illness](#).

Each year, salmonella causes about 1.35 million illnesses, 26,500 hospitalizations, and 420 deaths in the United States, the CDC estimates. Earlier this month, the CDC warned consumers about another [salmonella outbreak](#), with fresh onions identified as the source of infections across 37 states.

More information: Visit the U.S. Centers for Disease Control and Prevention for more on [salmonella](#).

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