

Pharmacologists identify potential cure for tropical parasitic disease found in soil

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Micrograph of a Strongyloides stercoralis parasite larva that expresses fluorescent markers showing the worm's cytoskeleton (red) and sensory neurons in the head and tail (green). Credit: Ariel Juno from the laboratory of James Lok, University of Pennsylvania



Combining two agents to block a parasitic worm's life cycle boosted survival from a potentially deadly tropical disease to 85% in animal models, far better than either treatment alone, according to a proof-ofconcept study led by UT Southwestern Medical Center pharmacologists.

The *Strongyloides* infestation—brought by tiny worms known as nematodes that can enter through your feet—can cause strongyloidiasis, a chronic infection found in some 600 million worldwide. While mostly found in tropical and subtropical regions, the parasite has recently been identified in Texas, Alabama, and the Appalachian Mountains region in the eastern and northeastern U.S. and caused reported deaths in 36 of 50 states over the years. Mortality from complications with hyperinfection is up to 87% of reported cases, according to a <u>2020 modeling study</u>.

"Parasitic nematodes that infect humans, animals, and plants are an enormous health and economic burden on society. We think the pathway we discovered could serve as a universal target for all parasitic nematode species," said Howard Hughes Medical Center Investigator David Mangelsdorf, Ph.D., Chair of Pharmacology at UT Southwestern. "This strategy could potentially offer a cure for the millions of people around the world who have strongyloidiasis—the disease caused by *Strongyloides stercoralis* – and points to a new way to fight many other parasitic nematode diseases."

Researchers studying gerbils initially found that administering dafachronic acid in drinking water for two weeks reduced fecal *S. stercoralis* larval output by 90%. In animals that became hyperinfected, which dramatically increases mortality, treatment with ivermectin or dafachronic acid alone increased survival to about 25% and 70%, respectively. But when combined, survival climbed to about 85% and *S. stercoralis* infection ended, representing a potential cure, said co-author Steven A. Kliewer, Ph.D., Professor of Molecular Biology and Pharmacology at UT Southwestern.



The two run the joint Mangelsdorf/Kliewer lab at UT Southwestern studying <u>signal transduction pathways</u> that offer new therapeutic potential for treating diseases such as diabetes, obesity, cancer, and parasitism. The Mangelsdorf/Kliewer lab discovered the existence of a nuclear receptor pathway in <u>parasitic nematodes</u> and has shown that pharmacophores that target this pathway may represent a new class of anthelmintic agents.

In this <u>study published online in *eLife*</u>, researchers targeted *Strongyloides stercoralis*, which can lead to a severe and potentially deadly hyperinfection syndrome for people who are immunocompromised, such as those taking glucocorticoids, a common steroid used to treat other medical conditions.

"Glucocorticoids were one of the first treatments used for severe COVID-19. WHO raised the concern that using steroids in countries where *S. stercoralis* is prevalent could set off a fatal hyperinfection in patients with chronic, subclinical strongyloidiasis. That possibility has elevated the urgency for finding new ways to treat the disease," said Dr. Mangelsdorf, one of 25 members of the <u>National Academy of Sciences</u> <u>at UT Southwestern</u>.

Drs. Mangelsdorf, Kliewer and colleagues looked for vulnerabilities in the larval stage of *S. stercoralis*' <u>life cycle</u>. By purifying extracts of *S. stercoralis*, the team discovered that the parasite synthesizes the hormone dafachronic acid, which acts by binding to a receptor called DAF-12. Further research identified the enzymatic pathway that *S. stercoralis* uses to generate the hormone and showed that the DAF-12 receptor acts as an on-off switch controlling larval development based on the availability of dafachronic acid. Importantly, when the hormone is present at the wrong time, the parasite is unable to develop into the infectious form and dies.

Pure dafachronic acid in its present form may be unsuitable for treating



humans because of its short half-life in the body, said Dr. Kliewer, also a member of the National Academy of Sciences. However, if chemistry techniques can be used to alter its structure, it could lead to a useful drug. Because all parasitic nematodes have a similar stage in their life cycles, he added, targeting this hormone and other points along the dafachronic acid pathway could eventually be used to treat diseases caused by other parasitic worms.

Provided by UT Southwestern Medical Center

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