

## Using a bacteriophage to successfully treat a patient infected with a drug-resistant bacteria

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Relevant genomic and proreomic characteristics of phage M1. Genome representation of phage M1 and comparison, using a BLASTn analysis, with Slopekvirus type species KP15 (a). Each white or colored arrow represents a



predicted open reading frame. In orange, genes encoding packaging and lysisassociated proteins are displayed, in yellow structural proteins and in blue DNAand metabolism-associated proteins (adapted from EasyFig 2.2.2). The single missense mutation found in the preadapted phage M1 isolate used for therapy is indicated (gp269). AlphaFold2 model of the hinge connector of the distal tail fiber (b). The mutation of a Threonine to an Arginine is indicated (position 94). Alpha helices are indicated in red and beta sheets in yellow. Green stretches exhibit no specific structures. The model quality scores are presented to the right of the model. IDDT local distance difference test. Credit: DOI: 10.1038/s41467-021-27656-z

A team of doctors and researchers working at Erasmus Hospital in Belgium has successfully treated an adult woman infected with a drugresistant bacteria using a combination of bacteriophage therapy and antibiotics. In their paper published in the journal *Nature Communications*, the group describes the reasons for the use of the treatment and the ways it might be used in other cases.

Bacteriophages are viruses that infect and kill bacteria. Research involving their use in <u>human patients</u> has been ongoing for several decades, but they are still not used to treat patients. In this new effort, the researchers were presented with a unique opportunity not only to treat a patient in need of help, but to learn more about the possible use of viruses to treat patients infected with bacteria that have become resistant to conventional antibiotics.

In this case, the patient had been severely injured by a terrorist's bomb—she suffered multiple injuries, including damage to her leg. Doctors treating her had to remove some of the bone, which led to a <u>bacterial infection</u>. Unfortunately for the patient, the bacteria was Klebsiella pneumoniae, which is known to be resistant to antibiotics, and it also creates films that make it difficult for antibiotics to reach infected



areas. Over the course of several years, the researchers tried multiple ways to rid the patient of the infection, to no avail. Her medical team, finding no other options, chose to pursue <u>bacteriophage</u> therapy. To that end, they asked for assistance from a team at the Eliava Institute in Tbilisi that has been studying bacteriophage therapy for many years.

To use a bacteriophage, a virus must be found that attacks the exact strain of <u>bacteria</u> behind an infection. The researchers conducted an exhaustive search and test regimen until finally coming across a virus they found in a sample of sewer water. The virus was cultured and then mixed into a liquid solution that was applied directly to the infected site on the patient's leg. They also administered a host of antibacterial agents. The patient finally began recovering from her infection, and over a period of three years, she recovered to the point that she was not only free of the bacterial <u>infection</u>, but able to walk again.

The researchers suggest that bacteriophage therapy is a viable treatment for bacterial infections, though they note that before it can be considered as an alternative therapy for infected patients, a better means of finding bacteriophages must be found.

**More information:** Anaïs Eskenazi et al, Combination of pre-adapted bacteriophage therapy and antibiotics for treatment of fracture-related infection due to pandrug-resistant Klebsiella pneumoniae, *Nature Communications* (2022). DOI: 10.1038/s41467-021-27656-z

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