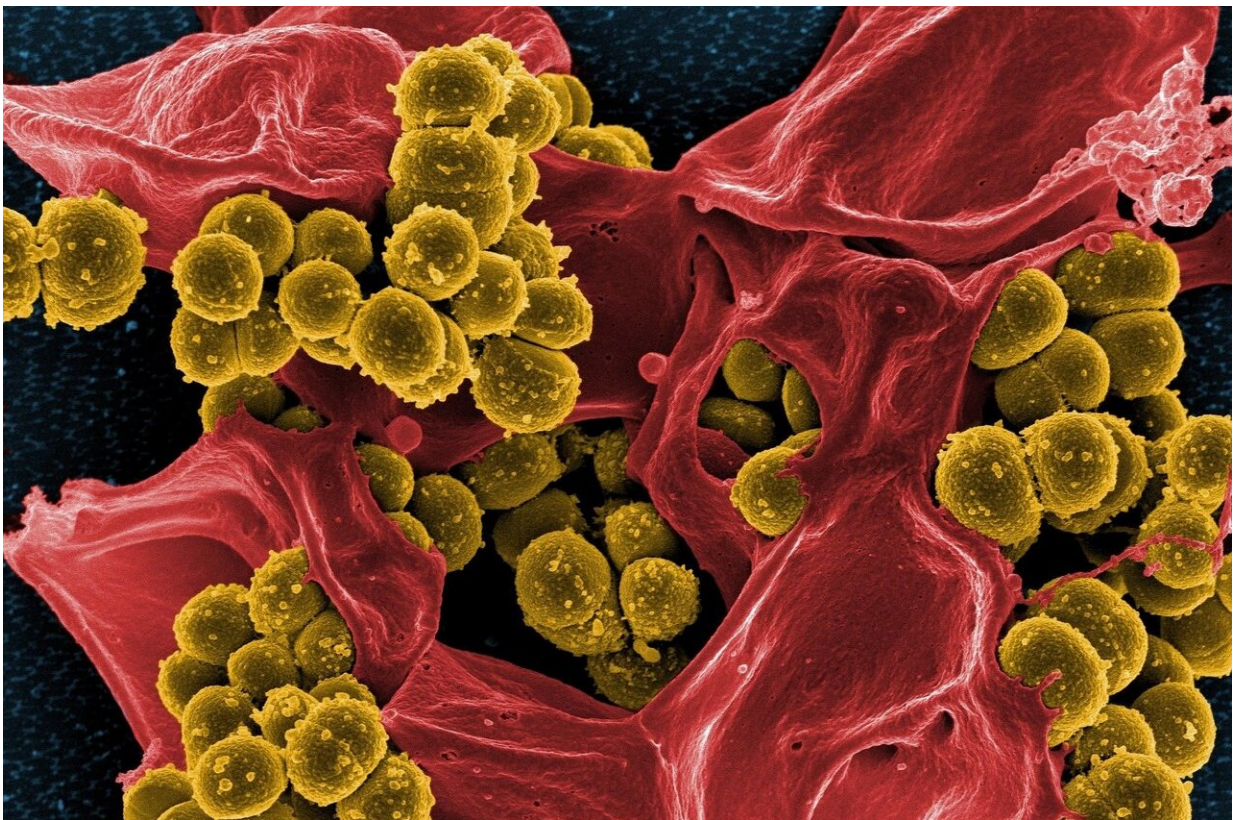


1.2 million people died in 2019 from antibiotic-resistant bacterial infections, more deaths than HIV/AIDS or malaria

January 20 2022



Credit: CC0 Public Domain

More than 1.2 million people—and potentially millions more—died in 2019 as a direct result of antibiotic-resistant bacterial infections,

according to the most comprehensive estimate to date of the global impact of antimicrobial resistance (AMR).

The analysis of 204 countries and territories, published in *The Lancet*, reveals that AMR is now a leading cause of [death](#) worldwide, higher than HIV/AIDS or malaria. It shows that many hundreds of thousands of deaths now occur due to common, previously treatable infections—such as lower respiratory and bloodstream infections—because the bacteria that cause them have become resistant to treatment.

The report highlights an urgent need to scale up action to combat AMR, and outlines immediate actions for policymakers that will help save lives and protect [health systems](#). These include optimizing the use of existing antibiotics, taking greater action to monitor and control infections, and providing more funding to develop new antibiotics and treatments.

Study co-author Professor Chris Murray, of the Institute for Health Metrics and Evaluation at the University of Washington, U.S., said: "These new data reveal the true scale of antimicrobial [resistance](#) worldwide, and are a clear signal that we must act now to combat the threat. Previous estimates had predicted 10 million annual deaths from antimicrobial resistance by 2050, but we now know for certain that we are already far closer to that figure than we thought. We need to leverage this data to course-correct action and drive innovation if we want to stay ahead in the race against antimicrobial resistance."

Estimates of the health impacts of AMR have been published for several countries and regions, and for a small number of pathogen-drug combinations in a wider range of locations. However, until now no estimates have covered all locations and a broad range of pathogens and drug combinations.

The new Global Research on Antimicrobial Resistance (GRAM) report

estimates deaths linked to 23 pathogens and 88 pathogen-drug combinations in 204 countries and territories in 2019. Statistical modeling was used to produce estimates of the impact of AMR in all locations—including those with no data—using 471 million individual records obtained from systematic literature reviews, hospital systems, surveillance systems, and other [data sources](#).

Disease burden was estimated in two ways: deaths caused directly by AMR (i.e. deaths that would not have occurred had the infections been drug-susceptible and therefore more treatable), and deaths associated with AMR (i.e. where a drug-resistant [infection](#) was implicated in deaths, but resistance itself may or may not have been the direct cause). Deaths caused by and associated with AMR were calculated for 204 countries and territories and reported for 21 global regions and seven super-regions.

The analysis shows AMR was directly responsible for an estimated 1.27 million deaths worldwide, and associated with an estimated 4.95 million deaths, in 2019. HIV/AIDS and malaria have been estimated to have caused 860,000 and 640,000 deaths, respectively, in 2019.

Drug-resistance in lower respiratory infections—such as pneumonia—had the greatest impact on AMR disease burden, causing more than 400,000 deaths and associated with more than 1.5 million deaths. Drug resistance in bloodstream infections—which can lead to the life-threatening condition sepsis—caused around 370,000 deaths and was associated with nearly 1.5 million deaths. Drug resistance in intra-abdominal infections—commonly caused by appendicitis—led directly to around 210,000 deaths and was associated with around 800,000.

While AMR poses a threat to people of all ages, young children were found to be at particularly high risk, with around one in five deaths attributable to AMR occurring in children aged under five years.

Deaths caused directly by AMR were estimated to be highest in Sub-Saharan Africa and South Asia, at 24 deaths per 100,000 population and 22 deaths per 100,000 population, respectively. AMR was associated with 99 deaths per 100,000 in Sub-Saharan Africa and 77 deaths per 100,000 in South Asia. In high-income countries, AMR led directly to 13 deaths per 100,000 and was associated with 56 deaths per 100,000. (For regional data, see Table 3 in the paper).

Of the 23 pathogens studied, drug resistance in six alone (*E. coli*, *S. aureus*, *K. pneumoniae*, *S. pneumoniae*, *A. baumannii*, and *P. aeruginosa*) led directly to 929,000 deaths and was associated with 3.57 million. One pathogen-drug combination—methicillin-resistant *S. aureus*, or MRSA—directly caused more than 100,000 deaths in 2019, while six more each caused between 50,000 and 100,000 deaths.

Across all pathogens, resistance to two classes of antibiotics often considered the first line defense against severe infections—fluoroquinolones and beta-lactam antibiotics—accounted for more than an estimated 70% of deaths caused by AMR.

The health impact of pathogens varied widely based on location, with deaths attributable to AMR in Sub-Saharan Africa most often caused by *S. pneumonia* (16% of deaths) or *K. pneumonia* (20%), while around half of deaths attributable to AMR in high-income countries were caused by *S. aureus* (26%) or *E. coli* (23%).

"With resistance varying so substantially by country and region, improving the collection of data worldwide is essential to help us better track levels of resistance and equip clinicians and policymakers with the information they need to address the most pressing challenges posed by antimicrobial resistance. We identified serious data gaps in many low-income countries, emphasizing a particular need to increase laboratory capacity and data collection in these locations," said study co-author Prof

Christiane Dolecek, GRAM scientific lead based in Oxford University's Center for Tropical Medicine and Global Health and the Mahidol Oxford Tropical Medicine Research Unit (MORU).

The authors acknowledge some limitations to their study. Limited availability of data for some parts of the world, particularly many LMICs, may limit the accuracy of estimates in these locations as this required strong methodological assumptions to be made in the analysis. Combining and standardizing data from a wide variety of sources also led to some potential sources of bias, including misclassification of community- or hospital-acquired infections, and inconsistency in the distinction between drug resistant and susceptible infections. There is also the potential for selection bias in passive surveillance systems, and hospital microbial data from LMICs may skew towards more urban populations or more severe disease.

Writing in a linked Comment, Dr. Ramanan Laxminarayan, Center for Disease Dynamics, Economics & Policy (U.S.), who was not involved in the study, said: "From being an unrecognized and hidden problem, a clearer picture of the burden of AMR is finally emerging. Even the lower end of 911,000 deaths estimated by Murray and colleagues is higher than the number of deaths from HIV, which attracts close to US\$50 billion each year. However, global spending on addressing AMR is probably much lower than that. This needs to change. Spending needs to be directed to preventing infections in the first place, making sure existing antibiotics are used appropriately and judiciously, and to bringing new antibiotics to market. Health and political leaders at local, national, and international levels need to take seriously the importance of addressing AMR and the challenge of poor access to affordable, effective antibiotics."

More information: Christopher JL Murray et al, Global burden of bacterial antimicrobial resistance in 2019: a systematic analysis, *The*

Lancet (2022). [DOI: 10.1016/S0140-6736\(21\)02724-0](https://doi.org/10.1016/S0140-6736(21)02724-0)

Provided by Lancet

Citation: 1.2 million people died in 2019 from antibiotic-resistant bacterial infections, more deaths than HIV/AIDS or malaria (2022, January 20) retrieved 9 May 2024 from <https://medicalxpress.com/news/2022-01-million-people-died-antibiotic-resistant-bacterial.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.