

Psychiatric disease associated with increased risk of death from cardiovascular disease and diabetes

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Among patients with chronic, non-communicable diseases, the risk of death is more than doubled if they also have a psychiatric comorbidity, according to a new study publishing January 27th in *PLOS Medicine* by Seena Fazel of the University of Oxford, UK, and colleagues.

Non-communicable diseases such as diabetes and [heart disease](#) are a global public health challenge accounting for an estimated 40 million excess deaths annually. In the new study, researchers used national registers in Sweden to investigate more than 1 million patients born between 1932 and 1995 who had diagnoses of chronic lung disease, [cardiovascular disease](#), and diabetes. More than a quarter (25-32%) of people in the analysis had a co-occurring lifetime diagnosis of any psychiatric disorder.

Within 5 years of diagnosis, 7% (range 7.4%-10.8%; P

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