

New drug combinations found for resistant cancers

February 24 2022



Killer T cells surround a cancer cell. Credit: NIH

Sanger researchers have created the world's largest novel resource using systematic drug testing and genetics analyses to show new potential drug combinations for breast, colon, and pancreatic cancer.

New analysis has highlighted multiple [drug combinations](#) that could be [effective therapies](#) for some types of hard-to-treat cancers.

The research, from the Wellcome Sanger Institute and collaborators, tested combinations of [cancer](#) drugs that are already used to treat patients. Scientists then created the world's largest resource that shows possible effective combinations for further study.

The paper, published today (23 February 2022) in *Nature*, also linked biomarkers that could be used to identify patients that would benefit from the newly highlighted combinations to ensure that they are used in the most effective way.

This freely available resource starts to define how combinations of cancer drugs in specific molecular backgrounds work together, with the aims of avoiding resistance, minimizing toxic side effects, and finding new treatments for some of the hardest to treat cancers.

The researchers hope that other scientists can use this resource to aid the future clinical development of combination therapies. This study expands the Cancer Dependency Map, which aims to systematically identify vulnerabilities in [cancer cells](#) to drive forward development of new treatments.¹

Combinations of drugs are used to treat a variety of different diseases, including HIV and some types of cancer. There are hundreds of thousands of possible [drug](#) combinations and we don't know which ones will be effective. Testing all of these in patients is neither ethical nor practical until there is more evidence identifying either their effectiveness, or the patient groups that would benefit the most. In addition to this, our ability to predict effective drug combinations in different tissue types and molecular backgrounds of cancer is limited.

In this new publication, from the Wellcome Sanger Institute and collaborators, researchers focused on analyzing already clinically relevant drugs.² By using systematic testing of drug combinations combined with analysis of genetic information and multi-omics techniques³ on [cell lines](#), researchers have created a new resource to predict effective treatment combinations. They can also use the molecular information to identify biomarkers that could pinpoint patient groups that would benefit from the treatment combinations.

To demonstrate that their analysis is effective in a real world application, the researchers verified a drug combination in mice using colon cancer cells with a specific double mutation. This combined a drug already used for colon cancer with another one that is in clinical development. The [combination](#) halted tumor growth in mice, showing the benefit of combining drugs that are in clinical development with existing chemotherapies.

Many drugs are safe but do not show clinical efficacy on their own. This analysis can help show how these drugs could be combined to have a greater efficacy and which group of patients would potentially benefit, accelerating the development of new therapies.

"Being able to identify specific effective combinations of drugs that work together against cancer cells can catalyze the development of new therapies. This helps to ensure that those living with cancer, especially hard to treat or resistant cancers, have new treatment options when they need them," says Dr. Patricia Jaaks, co-first author and previously Staff Scientist at the Wellcome Sanger Institute.

"This open resource uses in-depth genetic analysis to help understand which drugs work best together and to identify patients who could benefit the most. In addition to the combinations that we discovered, this research uses the largest number of cells lines to date in this type of

study, enabling future studies to uncover more possible combinations," says Dr. Elizabeth Coker, co-first author and former postdoctoral fellow at the Wellcome Sanger Institute, now based at Healx.

"Resistance to cancer treatments is a huge problem that costs lives, and therefore having other effective therapies available for when the cancer does not respond is vital. This freely available resource has the ability to empower precision oncology and starts to write the rule book for combining different drugs to overcome resistance, limit toxicity of pre-existing drugs, and expand the range of options for patients with breast, colon or [pancreatic cancer](#). We hope that this will be used by scientists all over the world to investigate previously unexplored combinations of drugs, leading to new options for those who need it," says Dr. Mathew Garnett, senior author and group leader at the Wellcome Sanger Institute.

More information: Jesse S. Boehm et al, Cancer research needs a better map, *Nature* (2021). [DOI: 10.1038/d41586-021-00182-0](https://doi.org/10.1038/d41586-021-00182-0)

Patricia Jaaks et al, Effective drug combinations in breast, colon and pancreatic cancer cells, *Nature* (2022). DOI: 10.1038/s41586-022-04437-2 , www.nature.com/articles/s41586-022-04437-2

Provided by Wellcome Trust Sanger Institute

Citation: New drug combinations found for resistant cancers (2022, February 24) retrieved 25 April 2024 from <https://medicalxpress.com/news/2022-02-drug-combinations-resistant-cancers.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.